








Stage 1 (Year 2) – Learning From Home – Week 7 – Wellbeing Week

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>Fitness Follow fitness activity: https://youtu.be/I9sciRMnE1c</p>  <p>OR</p> <p>Try to do each of these activities for <u>20 seconds</u> <u>without stopping</u>. Take a <u>10 second break</u>, then <u>repeat this twice more</u>.</p> <p>Activity 1: Hip Circles/Toes Touch and Reach With your hands on your hips, circle your hips like you have a big hula hoop around your waist. Circle in one direction for 10 seconds, and back the other way for 10 seconds. Then, with straight legs, try to reach down and touch your toes, then reach up to the sky. Repeat.</p> <p>Activity 2: Sit and Reach Sit on your bottom with your legs touching and straight out in front of you. Start with your arms above your head, reaching for the roof. Next, touch your shoulders, knees, then toes. Repeat this.</p>	<p>Fitness Fitness activity: https://youtu.be/23Eya6X3rs</p>  <p>OR</p> <p>Try to do each of these activities for <u>20 seconds</u> <u>without stopping</u>. Take a <u>10 second break</u>, then <u>repeat this twice more</u>.</p> <p>Activity 1: Hip Circles/Toes Touch and Reach With your hands on your hips, circle your hips like you have a big hula hoop around your waist. Circle in one direction for 10 seconds, and back the other way for 10 seconds. Then, with straight legs, try to reach down and touch your toes, then reach up to the sky. Repeat.</p> <p>Activity 2: Sit and Reach Sit on your bottom with your legs touching and straight out in front of you. Start with your arms above your head, reaching for the roof. Next, touch your shoulders, knees, then toes. Repeat this.</p>	<p>Fitness Fitness activity: https://youtu.be/-awsIZBtwOs</p>  <p>OR</p> <p>Try to do each of these activities for <u>20 seconds</u> <u>without stopping</u>. Take a <u>10 second break</u>, then <u>repeat this twice more</u>.</p> <p>Activity 1: Hip Circles/Toes Touch and Reach With your hands on your hips, circle your hips like you have a big hula hoop around your waist. Circle in one direction for 10 seconds, and back the other way for 10 seconds. Then, with straight legs, try to reach down and touch your toes, then reach up to the sky. Repeat.</p> <p>Activity 2: Sit and Reach Sit on your bottom with your legs touching and straight out in front of you. Start with your arms above your head, reaching for the roof. Next, touch your shoulders, knees, then toes. Repeat this.</p>	<p>Fitness Fitness activity: https://youtu.be/xZV1J8VLcsQ</p>  <p>OR</p> <p>Try to do each of these activities for <u>20 seconds</u> <u>without stopping</u>. Take a <u>10 second break</u>, then <u>repeat this twice more</u>.</p> <p>Activity 1: Hip Circles/Toes Touch and Reach With your hands on your hips, circle your hips like you have a big hula hoop around your waist. Circle in one direction for 10 seconds, and back the other way for 10 seconds. Then, with straight legs, try to reach down and touch your toes, then reach up to the sky. Repeat.</p> <p>Activity 2: Sit and Reach Sit on your bottom with your legs touching and straight out in front of you. Start with your arms above your head, reaching for the roof. Next, touch your shoulders, knees, then toes. Repeat this.</p>	<p>Fitness Fitness activity: https://youtu.be/ZypH3TwWDew</p>  <p>OR</p> <p>Try to do each of these activities for <u>20 seconds</u> <u>without stopping</u>. Take a <u>10 second break</u>, then <u>repeat this twice more</u>.</p> <p>Activity 1: Hip Circles/Toes Touch and Reach With your hands on your hips, circle your hips like you have a big hula hoop around your waist. Circle in one direction for 10 seconds, and back the other way for 10 seconds. Then, with straight legs, try to reach down and touch your toes, then reach up to the sky. Repeat.</p> <p>Activity 2: Sit and Reach Sit on your bottom with your legs touching and straight out in front of you. Start with your arms above your head, reaching for the roof. Next, touch your shoulders, knees,</p>

Activity 3: Tree Swings

Stand with your legs apart and straight, and bend forward at the hips. Let your arms hang down towards your toes and gently swing your body side to side.

English

Reading: Your class teacher will assign activities either on the PM readers or Reading Eggs.

Spelling: Read through the spelling list which focuses on the digraph “nd”. Write the heading ‘Monday Spelling’ in your workbook and practise writing your spelling words. You may also choose to type it and post on Seesaw.

Choose 2 activities from the spelling grid to complete. You may share a photo of your activity on Seesaw.

Writing: Plan & Compose
Hunwick’s Egg by Meme Fox. This task will be done on Zoom with Year 2 teachers. Students who do not connect to Zoom can follow the steps below.

LI- I am learning how to write a descriptive setting.

SC- I can use my five senses to write a descriptive setting for the story about Hunwick’s Egg

Watch this video 2X

Activity 3: Tree Swings

Stand with your legs apart and straight, and bend forward at the hips. Let your arms hang down towards your toes and gently swing your body side to side.

English

Reading: PM readers or Reading Eggs assigned activity.

Spelling: Choose 2 activities from the spelling grid to complete. You may share a photo of your activity on Seesaw.

Speaking: See Monday

Writing: Hunwick’s Egg
Revise and edit your sentences.

Comprehension:
Read and listen to the story “*Hunwicks Egg*” again.

*Answers must be in FULL sentences.

Q1. How was Hunwick being a good friend?

Q2. Why were Hunwick’s neighbours worried?

Q3. What clues throughout the story tell you that the ‘egg’ was actually not an ‘egg’?

Q4. Why did Hunwick take the egg back to it’s home?

Use your own background knowledge and clues in the book to help you answer this.

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Stand with your legs apart and straight, and bend forward at the hips. Let your arms hang down towards your toes and gently swing your body side to side.

English

Reading: PM readers or Reading Eggs assigned activity.

Spelling: Choose 2 activities from the spelling grid to complete. You may share a photo of your activity on Seesaw.

Writing: Hunwick’s Egg
Publish by recording your response and upload to Seesaw. No written response for the setting to be uploaded.

Speaking: See Monday

Grammar: You will be participating in a Zoom with your teacher and taking part in a Kahoot.

www.kahoot.it

Activity 3: Tree Swings

Stand with your legs apart and straight, and bend forward at the hips. Let your arms hang down towards your toes and gently swing your body side to side.

English

Reading: PM readers or Reading Eggs assigned activity.

Spelling: Choose 2 activities from the spelling grid to complete. You may share a photo of your activity on Seesaw.

Speaking: See Monday

Handwriting: Watch the following video.

<https://youtu.be/7JacBZxCUyk>



You will need a tray and either some salt/sugar/flour/rice. Fill a thin layer of either salt/sugar/flour/rice in the tray. Practice writing the following using your finger and take a photo when you think you have the most perfect looking work and upload onto Seesaw.

1. Letters “nd”.
2. One of the spelling words from this week that you

then toes. Repeat this.

Activity 3: Tree Swings

Stand with your legs apart and straight, and bend forward at the hips. Let your arms hang down towards your toes and gently swing your body side to side.

English

Reading: PM readers or Reading Eggs assigned activity.

Spelling: Participate in the Kahoot with your class teacher.

www.kahoot.it

Speaking: See Monday

Hunwick's Egg (4 minutes)
<https://youtu.be/Tj1nWOu3xWw>
 Setting: Hunwick lives in a desert. View the video about deserts. What is a desert?
<https://youtu.be/ht1JqhmtCEQ>
 Use the information from the video to give a detailed description of where Hunwick lives. Use your 5 senses to help you. What do you see, hear, smell, taste and feel? Use interesting words and adjectives.
Task- Write 2-4 sentences about the setting in the story. (Hunwick's habitat)
Speaking: You will be participating in a Zoom with your teacher and responding to questions on the setting from the story Hunwick's Egg.
SC: I can use my five senses to respond to questions about the setting of the story Hunwick's Egg.




You will be watching the story Hunwick's Egg and will be discussing the setting of the story. You will also be shown a video about deserts to give you more information, which will help you describe the setting of the story.






Your responses will be marked using the speaking criteria attached to this learning pack.


Grammar: You will be

think is the hardest to write.

- Write a sentence using another spelling word from this week. This short sentence can not go more than 4 words.
- BONUS:** The answer for the following riddle.
Riddle: I'm tall when I'm young, and I'm short when I'm old, what am I?

	participating in a Zoom with your teacher and taking part in a Kahoot. www.kahoot.it				
Break	Break	Break	Break	Break	Break
Middle	<p>Mathematics</p> <p>Number: Choose 2 activities from the 'Equal Groups' - math menu and upload onto Seesaw.</p> <p>Mangahigh: Login to www.mangahigh.com and complete assigned activity - 'Addition VII - Jetstream Riders'</p>	<p>Mathematics</p> <p>Number: Choose 2 activities from the 'Equal Groups' - math menu and upload onto Seesaw. Note: Please pick different activities everyday.</p> <p>Mangahigh: Login to www.mangahigh.com and complete assigned activity - 'Subtraction VII - Jetstream Riders'</p>	<p>Mathematics</p> <p>Number: Choose 2 activities from the 'Equal Groups' - math menu and upload onto Seesaw. Note: Pick pick different activities everyday.</p> <p>Mangahigh: Login to www.mangahigh.com and complete assigned activity - 'Division by 2 - Jetstream Riders'</p>	<p>Mathematics</p> <p>Measurement and Geometry: Topic: <u>Area</u></p> <p>Watch video to revise and learn about area: https://vimeo.com/584673233 or scan QR code:</p>  <p></p> <p>Activity: Choose 4 surfaces to find the area of, make sure they are completely flat. Once you have chosen your surfaces, go to Seesaw activities and click on "Week 7 - Area 1 lesson template", and write the names in column 1.</p> <p>Look at how much space the first surface takes up. Estimate the area of this space in your chosen unit. Picture covering the surface with the (playing cards/post-it notes/paper) and write this estimate in the second column on the next</p>	<p>Mathematics</p> <p>Measurement and Geometry: Topic: <u>Area 2</u></p> <p>Activity: 'Hidden Squares'</p>  <p>Go to SeeSaw activities and click on "Week 7 - Area 2 lesson template".</p> <p>Look at the grid on the next page. There are coloured shapes on the grid. Each shape has straight sides that fit within the lines of the grid.</p> <p>You are going to use your understanding of repeated units in rows and columns to help you work out the area of each shape.</p> <p>You will need to count the number of grid units, hidden by the shape, to work out the area.</p> <p>Before you start, estimate the area of each shape using the small squares as measuring units.</p> <p>Write your estimate on each</p>

				<p>page next to the name of the first surface.</p> <p>Cover the surface side-by-side so that they are touching but not overlapping or leaving gaps. Once you have finished, count the number of units used. Think of strategies that you can use when counting. For example, you could use repeated addition or even skip counting such as in 2's or 5's to help you count more quickly and easily.</p> <p>Mangahigh: Login to www.mangahigh.com and complete assigned activity - "Understand, use, and relate the 5 and 10 times tables"</p>	<p>shape. Next, find the area of each shape. A good strategy is to draw in the missing grid lines to help you. Then count the number of grid units, this is the area.</p> <p>Once you have finished, write the area of each shape on the "Week 7 Area 2 lesson" template.</p> <p>Mangahigh: Login to www.mangahigh.com and complete assigned game - "5 times table Jetstream Riders"</p>
Break	Break	Break	Break	Break	Break
Afternoon	<p>Science & Technology How do animals move?</p>  <p>https://youtu.be/WDoPu7WCrvo</p>  <p>Complete the activity on Seesaw "How animals move"</p> <p>Record a video of yourself moving like different types of animals and post your video on Seesaw. You could pretend to be a fish, turtle,</p>	<p>PDHPE</p> <p>View the following poster about preventing the spread of germs.</p> <p>https://bit.ly/2XiE5LS</p>  <p>Create your own poster to inform others how to prevent the spread of germs.</p> <p>Ensure that your poster is/has:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Title <input type="checkbox"/> Pictures/icons 	<p>Creative Arts</p> <p>Warm-up: Footsteps: Follow the instructor and dance to: https://bit.ly/3yEL5An</p>  <p>Dance: Watch the Macarena https://bit.ly/2VyZLCu</p> 	<p>Geography Investigating Australian Places</p> <p>Students use GoogleEarth https://earth.google.com/web/ to find where the states, suburbs and popular landmarks are in Australia.</p> <p>Use the streetview to explore what natural and man-made features are present in that place.</p> <p>Think about how people might travel to that place and discuss what problems could arise.</p>	<p>Catch up session for all incomplete tasks</p>

	<p>elephant, sloth, or any other animal of your choosing. Pick at least five animals. Ask your family to guess what animal you are.</p>	<p><input type="checkbox"/> Coloured</p>	<p>Practice the dance. Film your best performance and upload on Seesaw.</p> <p>Optional: ZOOM Creative Arts Activity with Class teacher</p> <p>Listen & Draw: Living Things</p> <p>Materials required:</p> <ul style="list-style-type: none"> • Colour pencils • Listen & Draw worksheet 	<p> Complete the activity on Seesaw “Investigating Australia using GoogleEarth”</p>	
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Spelling Words

- | | | |
|-----------|------------|----------------|
| 1. across | 6. kind | 11. thousand |
| 2. should | 7. remind | 12. recommend |
| 3. made | 8. depends | 13. understand |
| 4. end | 9. pretend | 14. comprehend |
| 5. sand | 10. second | 15. background |

Extension Words

- | | |
|--------------|--------------|
| 1. happiness | 4. wellbeing |
| 2. grateful | 5. positive |
| 3. mindful | |

Activity Grid



Spelling Flower

Find a flower or tree and have a go at drawing it. Write each spelling word on the petals or leaves.

Recycled Words

Go outside, find natural resources such as twigs, rocks, leaves or flowers that has fallen to the ground. Make your spelling words out of these resources.

Air Write

Write your spelling words in the air with your finger. Ask someone to read your words as you write. You could also ask someone to air write while you read their words.

Letter Jump

Create letter flashcards and lay them on the ground. Jump to each letter to spell the word.



Jumping Jacks

Spell the words aloud as you starjump - one jump for each letter.

Funny Voices

Spell each word aloud in a funny voice. For example, a robot voice or a squeaky voice.

Word Jumble

Using your letter flashcards from the "Letter Jump" activity, jumble the letters of your words up and ask someone to unjumble them. Check their answers. Swap roles.

Typing

Practise your typing skills by typing all your spelling words on a computer.



Student's name _____

Date _____

Speaking Criteria	B	S	H	O	No attempt
retells key details or points from a text viewed or heard					
uses appropriate or mainly appropriate word order					
organises key ideas in logical sequence					
elaborates on ideas using a short sequence of sentences					
speaks audibly and clearly to a familiar audience					
uses adjectives to describe					
experiments with vocabulary drawn from a variety of sources					

(Taken from the Learning Progressions)

Monday - Wednesday

Pick 2 different activities to complete each day and upload onto Seesaw.

EQUAL GROUPS

Name: _____ *Math Menu*

WRITE ABOUT IT How can you tell if a number is even or odd? Use examples.	Make a word web to show everything you know about: EQUAL GROUPS WORD WEB	TRUE OR FALSE? Tell whether the statement is true or false. Then explain how you know. Fifteen is an even number.
TEACH THE CLASS Make a video or plan a presentation to show how to determine if a 3-digit number is odd or even.	student CHOICE Come up with your own way to demonstrate your understanding of equal groups.	MAKE A LIST Make a list of different ways you can use repeated addition to make 24.
DESIGN A POSTER Design a poster to show how arrays can be used to show repeated addition. Label the columns and rows.	Draw an array that shows: $3 + 3 + 3 + 3$ DRAW A PICTURE	WORD PROBLEM Write a word problem for a classmate to solve that uses repeated addition.

Optional Task with Class Teacher on Zoom.

Listen and Draw

A

B

C

D

E

F