






Stage 1 - Year 1 – Learning From Home (Week 5)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>
	Follow Scooby Doo: https://youtu.be/4hdR8Mlib3M 	Follow Spiderman: https://youtu.be/3Z05939ZMbE 	Follow Panda: https://youtu.be/gVN5Lg-q5zA 	Follow Frog: https://youtu.be/8zGzJdPB-1A 	Follow Batman: https://youtu.be/BYnBVF3DZw 
	OR	OR	OR	OR	OR
	Try to do each of these activities for <u>20 seconds without stopping</u> . Take a <u>10 second break</u> , then <u>repeat this twice more</u> .	Try to do each of these activities for <u>20 seconds without stopping</u> . Take a <u>10 second break</u> , then <u>repeat this twice more</u> .	Try to do each of these activities for <u>20 seconds without stopping</u> . Take a <u>10 second break</u> , then <u>repeat this twice more</u> .	Try to do each of these activities for <u>20 seconds without stopping</u> . Take a <u>10 second break</u> , then <u>repeat this twice more</u> .	Try to do each of these activities for <u>20 seconds without stopping</u> . Take a <u>10 second break</u> , then <u>repeat this twice more</u> .
	Activity 1: Arm circles Circle both arms out to your side - start small like tennis balls, get bigger like basketballs, then even bigger like bike wheels. Circle forwards for 10 seconds then backwards for 10 seconds.	Activity 1: Arm circles Circle both arms out to your side - start small like tennis balls, get bigger like basketballs, then even bigger like bike wheels. Circle forwards for 10 seconds then backwards for 10 seconds.	Activity 1: Arm circles Circle both arms out to your side - start small like tennis balls, get bigger like basketballs, then even bigger like bike wheels. Circle forwards for 10 seconds then backwards for 10 seconds.	Activity 1: Arm circles Circle both arms out to your side - start small like tennis balls, get bigger like basketballs, then even bigger like bike wheels. Circle forwards for 10 seconds then backwards for 10 seconds.	Activity 1: Arm circles Circle both arms out to your side - start small like tennis balls, get bigger like basketballs, then even bigger like bike wheels. Circle forwards for 10 seconds then backwards for 10 seconds.
	Activity 2: Crab Walk Start sitting on your bottom, legs bent, with your hands flat on the floor behind your	Activity 2: Crab Walk Start sitting on your bottom, legs bent, with your hands flat on the floor behind your bottom. Point your fingers towards your heels and lift your stomach up to the ceiling. With strong arms,	Activity 2: Crab Walk Start sitting on your bottom, legs bent, with your hands flat on the floor behind your bottom. Point your fingers towards your heels and lift your stomach up to the	Activity 2: Crab Walk Start sitting on your bottom, legs bent, with your hands flat on the floor behind your bottom. Point your fingers towards your heels and lift your stomach up to the	Activity 2: Crab Walk Start sitting on your bottom, legs bent, with your hands flat on the floor behind your bottom. Point your fingers towards your heels and lift your stomach up to the

bottom. Point your fingers towards your heels and lift your stomach up to the ceiling. With strong arms, move side to side in your crab position.

Activity 3: Plank Star Jump

Start in a plank position. Make sure your hands are beneath your shoulders and your legs are straight. Keep your hands stuck to the ground and jump your legs apart then back together again. Repeat this.

English

Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins.

Spelling: Watch the spelling instructional video

- <https://bit.ly/3iZnofB>

move side to side in your crab position.

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English

Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins.

Spelling: Pick an activity from your spelling grid and complete your look, say, cover, write, check in a workbook or on a piece of paper.

Speaking: Practise delivering your speech. You may find you need to edit it and make some changes to make it better.

ceiling. With strong arms, move side to side in your crab position.

Activity 3: Plank Star Jump

Start in a plank position. Make sure your hands are beneath your shoulders and your legs are straight. Keep your hands stuck to the ground and jump your legs apart then back together again. Repeat this.

English

Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins.

Grammar: Complete the provided worksheet by using the correct action verb.

ceiling. With strong arms, move side to side in your crab position.

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Start in a plank position. Make sure your hands are beneath your shoulders and your legs are straight. Keep your hands stuck to the ground and jump your legs apart then back together again. Repeat this.

English

Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins.

Spelling: Pick an activity from your spelling grid and complete your look, say, cover, write, check in a workbook or on a piece of paper.

Speaking: Keep practising your speech. You could say your speech in front of an adult and ask them for

ceiling. With strong arms, move side to side in your crab position.

Activity 3: Plank Star Jump

Start in a plank position. Make sure your hands are beneath your shoulders and your legs are straight. Keep your hands stuck to the ground and jump your legs apart then back together again. Repeat this.

English

Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins.

Spelling: Pick an activity from your spelling grid and complete your look, say, cover, write, check in a workbook or on a piece of paper.

Optional: Ask someone to test you.

Editing: Edit the



Complete the spelling sheet by breaking your spelling words into their sounds and identifying any tricky parts that you need to remember.

Speaking: Write a 30-60 second speech titled '*The Person I Admire The Most*'. You need to select **one** person who you look up to and would like to be like - that's what 'admire' means. You can NOT choose someone who you have already written a speech about. Write and practise your speech each day then record and upload it to Seesaw on **Friday**. You could choose:

- ★ a parent
- ★ an aunty or uncle
- ★ your brother or sister
- ★ a grandparent
- ★ a teacher or role model

You need to give at least **two** reasons why you admire your chosen person such as:

- What special

You could make and write your speech out on palm cards to make your speech more professional.

Handwriting: Read: The importance of good sitting. Read the instructions everyday.

Complete the handwriting worksheet.
Letter focus: Kk

Spelling:
Pick an activity from your spelling grid and complete your look, say, cover, write, check in a workbook or on a piece of paper.

Comprehension:
Read the text '*The New Puppy*'. In your workbooks, respond to the questions using full sentences

Speaking: Record your speech on a device and watch it back yourself. It is good to look back at what others see when you are doing your speech. Are you loud enough? Are you making enough eye contact? Does your speech make sense? Keep practising.

some feedback or you can practise in front of a mirror.

OPTIONAL: Draw or paint a portrait (picture) of your chosen person to present with your speech.




worksheet.

Writing: Refer to the provided worksheet. Compose a procedural writing on 'How to Make Fairy Bread'

Speaking: Record your presentation of your speech and upload it to Seesaw.

	characteristics does this person have? ➤ Why do you want to be like them? ➤ What things do you like to do with this person? ➤ How does this person make you feel?				
Break	Break	Break	Break	Break	Break

	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
Middle	<p>Maths Mentals: Complete the Maths mentals for Monday.</p> <p>Number: Watch the Youtube video about counting by 10s off the decade.</p> <p>https://www.youtube.com/watch?v=Ue2ESel11tk</p> <p>Worksheet: Ten Less, Ten More.</p> <p>Revise skip counting by 10s to 100. Then you can count by 10s but this time do it off the decade which means, we count by tens from a number other than a multiple of ten, for example 7, 17, 27, 37, etc. The hundred chart that you completed in week 3 is a perfect tool for you to use to skip counting by tens off the decade because as you move down a column on the hundred chart, each number is ten more than the number above.</p> <p>Mangahigh: Login to www.mangahigh.com Stage 1- Number and Algebra - Multiplication and Division - PRODIGI</p>	<p>Maths Mentals: Complete the Maths mentals for Tuesday.</p> <p>Number: Watch the following videos about counting by 2s Skip counting by twos</p> <p>https://www.youtube.com/watch?v=bpr1RXYzHC0</p> <p>Skip Counting by 2 song/ Multiples of 2:</p> <p>https://www.youtube.com/watch?v=FkAzZogCJ4E</p> <p>Worksheet: Rockin' skip counts. Counts by 2s</p> <p>Just like you did last week, Tuesday. Practise skip counting using body percussion. For example, to count by twos pat your knees, clap your hands, then click your fingers. Whisper as you count, stating aloud the number said on the 'click'.</p> <p>Mangahigh: Login to www.mangahigh.com</p> <p>Stage 1 - Number and Algebra - Multiplication and</p>	<p>Maths Mentals: Complete the Maths mentals for Wednesday.</p> <p>Number: Groups of: Watch the following video about grouping equally.</p> <p>https://www.youtube.com/watch?v=w-Zu57RY6ms</p> <p>In your workbook copy the following sentences and draw the groups.</p> <p>Draw 2 groups of 5.</p> <p>Draw 4 groups of 2.</p> <p>Draw 6 groups of 3.</p> <p>Draw 5 groups of 4.</p> <p>Draw 3 groups of 1.</p> <p>Mangahigh: Login to www.mangahigh.com Stage 1 - Number and Algebra - Multiplication and Division - PRODIGI Count forwards and backwards in multiples of 2. Apply this knowledge to solve problems.</p>	<p>Maths Mentals: Complete the Maths mentals for Thursday.</p> <p>Measuring in "My Feet"</p> <p><i>The King wants to give his wife a birthday present, but it's hard to find a gift for someone who has everything. He finally decides to give the Queen a bed and measures for it using his own large feet. The apprentice carpenter replicates the measurements he is given on a piece of paper using his own tiny feet.</i></p> <ul style="list-style-type: none"> • Why is this a recipe for trouble? <ol style="list-style-type: none"> 1. Trace your foot on a piece of paper. 2. Cut out your foot. 3. Measure the length of your bed using your cut out foot. <p>Upload your results on Seesaw.</p> <p>Mangahigh: Login to www.mangahigh.com Complete the assigned activity: 'Use non-standard units to describe length'.</p>	<p>Maths Mentals: Complete the Maths mentals for Friday.</p> <p>Cotton Ball Olympics Provide everyone in your family with a cotton ball. The Olympics can be held inside or outside. Family members stand behind a line and throw the cotton ball overhand as far as they can. Measure the distance from the line to where the cotton ball has landed using toothpicks and record it. Everyone takes a turn. Who, in your family, won the gold medal?</p> <p>Upload your results on Seesaw.</p> <p>Mangahigh: Login to www.mangahigh.com Complete the assigned activity: 'Know the months of the year'.</p>

	Count forwards in multiple of 10s	Division - PRODIGI Solve one - step problems involving multiplication by calculating the answer using concrete objects, pictorial representations, and arrays.			
Break	Break	Break	Break		
Afternoon	Science and Technology Underwater Environments Watch the video about The Great Barrier Reef by Scishow Kids ▶ Check Out the Great...  Complete the Cloze Passage about some of the animals in the Great Barrier Reef. In your workbook - Pick one creature that lives in the ocean or near the	PDHPE Read the book 'Sick Simon' by Dan Krall.  https://bit.ly/3zHCrkH Answer the following questions on a piece of paper: - What poor hygiene decisions did Simon make throughout the story? - What should Simon do once he realises that he	Creative Arts Footsteps: Follow the instructor and dance to: Disco & Student Choreography https://vimeo.com/575219232/b0e193ffea Record yourself and upload it on Seesaw. Reflection: Complete the reflection in your workbooks (Disco Student worksheet).	Geography Watch Me on the Map https://www.youtube.com/watch?v=v_gUK8U9dE0  Draw and label a map of your room (personal place). Worksheet: Places can be personal, local, state or national. Write the names in the correct places.	Challenge Yourself Science Challenge: Research why animals that live in the ocean have their particular body parts. For example: Why do cuttlefish change the colour of their skin and camouflage in the coral reef?

Great Barrier Reef. Draw a detailed diagram labelling their body parts. E.g. Fish have gills.

is sick?
- How do our germs affect other people?
Answers must be written in full sentences.

Year 1 Spelling Words - Week 5

- Complete one activity every day from Tuesday to Friday
- Complete your Look, Say, Cover, Write, Check every day in your workbook

Spelling Words - The digraph *ir* making the sound 'ir' as in stir

1. like	7. smirk	13. swirl	19. entertain
2. it	8. firmly	14. skirt	20. illustrator
3. you	9. chirpy	15. thirsty	
4. bird	10. author	16. thirteen	
5. girl	11. purpose	17. thirty	
6. firm	12. inform	18. persuade	

Spelling Activities - Select one activity to complete per day. These can be done in any order.

<input type="checkbox"/> <u>Typing</u> Type out your words. Print them out if possible and display them around your home.	<input type="checkbox"/> <u>Word Meanings</u> Write out your words in a list. In your own words, describe what the word means.	<input type="checkbox"/> <u>Sounds and Colours</u> Write your words out using coloured pencils or markers. Change colours for every sound. e.g. <i>ch o p</i>	<input type="checkbox"/> <u>Sentences</u> Write sentences using at least 5 spelling words. Can you include more than one spelling word in a sentence.
<input type="checkbox"/> <u>Word Search</u> Try and find your spelling words in your reading books.	<input type="checkbox"/> <u>Make a Word</u> Using newspaper or magazines, cut out letters to make your spelling words.	<input type="checkbox"/> <u>Find a Vowel</u> Write your spelling words using blue for consonants and red for vowels (a, e, i, o, u).	<input type="checkbox"/> <u>Fancy Writing</u> Write your words out in fancy writing or using special coloured pencils or pens.
<input type="checkbox"/> <u>Find the Spelling Pattern</u> Write out your words in a list. Using a highlighter or coloured pencil, highlight the spelling pattern that is the same in your words. Can you think of any other words with the same spelling pattern? Write them down.		<input type="checkbox"/> <u>Pictures</u> Draw a picture for your spelling words	<input type="checkbox"/> <u>Dictionary Definitions</u> Use a dictionary to find the meaning of your spelling words. If you do not have a physical dictionary, ask your family members or try searching online with adult assistance.

Monday – Maths Mentals and Mathematics

Monday

Circle the largest number in each row:

129 114 130 141

150 128 161 201

Count forwards by 10:

10 _____

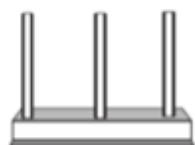
30 _____

Solve these sums:

$8 + 9 = \underline{\quad}$ $13 + 5 = \underline{\quad}$

$12 + 7 = \underline{\quad}$ $22 + 6 = \underline{\quad}$

Show 51 on the abacus:



Tens	Ones

$47 = 40 + 7$ so

$26 = \underline{\quad} + \underline{\quad}$

$51 = \underline{\quad} + \underline{\quad}$

What time is on the clock?
____: ____



Name: _____

Ten Less Ten More

Write the number that is ten less
and ten more than each number.

	23	
--	----	--

	16	
--	----	--

	40	
--	----	--

	39	
--	----	--

	72	
--	----	--

	78	
--	----	--

	55	
--	----	--

	60	
--	----	--

	26	
--	----	--

	19	
--	----	--

	48	
--	----	--

	61	
--	----	--

Animals of the Great Barrier Reef

Use the words in the boxes below to complete the sentences about animals found in the Great Barrier Reef.

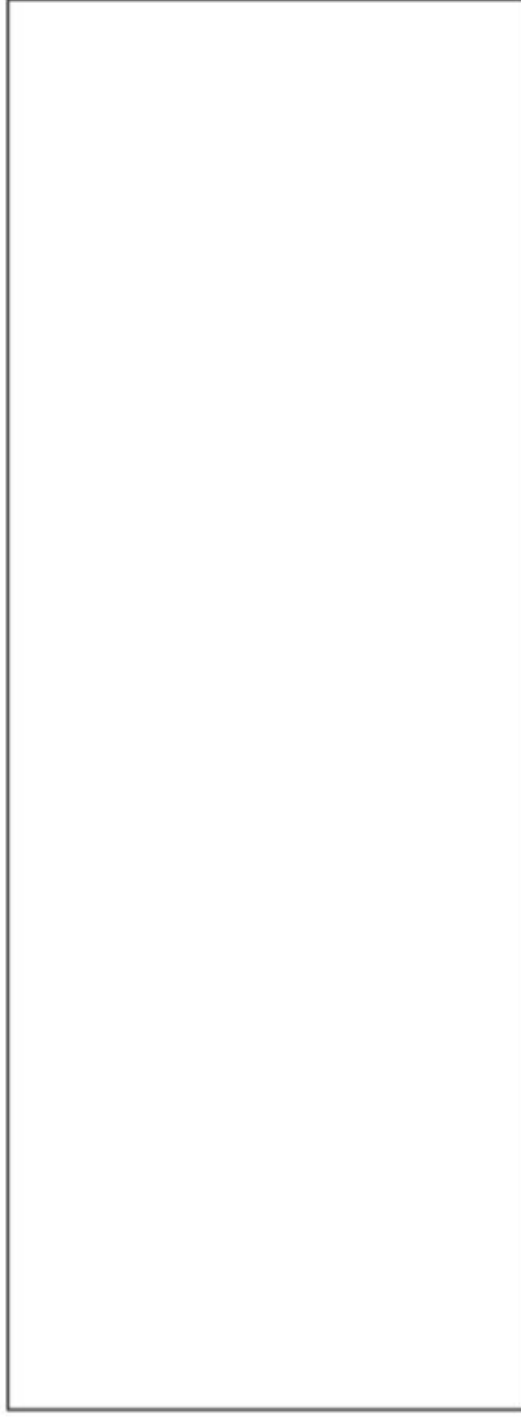


Word Bank

coral	herbivore	groups	snakes	fish
swim	whales	endangered	humpback	dolphins

1. Dolphins and w love warm water.
2. 30 species of d and whales live in the Great Barrier Reef.
3. Some whales s there just to give birth.
4. The largest animal of the Great Barrier Reef is the h whale.
5. The bottlenose dolphin likes to travel in g.
6. The flatback turtle is e.
7. Sea s are venomous.
8. The dugong is a he.
9. Starfish eat the c.
10. Manta rays are large f found in the Great Barrier Reef.

Using the sentences above, draw a scenic underwater picture of the Great Barrier Reef.



Tuesday – Maths Mentals and Mathematics

Name _____

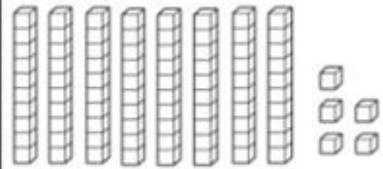
Tuesday

Order these numbers from smallest to biggest:

132 101 110 114

S					B
---	--	--	--	--	---

How many?



Tens	Ones	Write the expanded form
		_____ + _____ = _____

Fill in the missing addends:

$8 + \underline{\quad} = 11$ $22 + \underline{\quad} = 29$

$17 + \underline{\quad} = 21$ $2 + \underline{\quad} = 11$

Draw 17 in the ten frames:

Write the sum: _____ + _____ = 17

Fill in the missing numbers:

73				77
	79			



ROCKIN' Skip Counts

Count by 2's

1. Count by 2's. Color in the skip counts.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

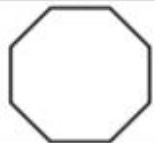
2. List two patterns you notice when counting by 2's.

3. When skip counting by 2's, what does every number END with? _____

4. Complete the multiplication facts below.

$2 \times 1 = \underline{\quad}$	$2 \times 7 = \underline{\quad}$
$2 \times 2 = \underline{\quad}$	$2 \times 8 = \underline{\quad}$
$2 \times 3 = \underline{\quad}$	$2 \times 9 = \underline{\quad}$
$2 \times 4 = \underline{\quad}$	$2 \times 10 = \underline{\quad}$
$2 \times 5 = \underline{\quad}$	$2 \times 11 = \underline{\quad}$
$2 \times 6 = \underline{\quad}$	$2 \times 12 = \underline{\quad}$

5. Ricky has seven pairs of shoes in his closet. His mom brings in 2 more pairs. How many shoes are in Ricky's closet now? _____



sides	corners

Grammar – Action Verbs

Action verbs are the **doing** words in a sentence that describe what the subject is doing.

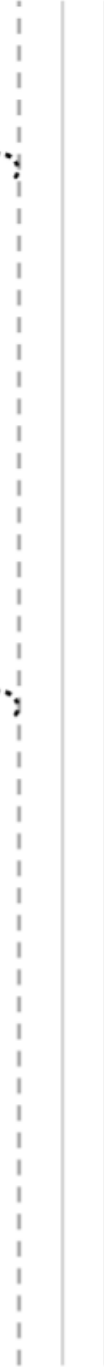
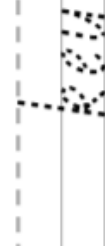
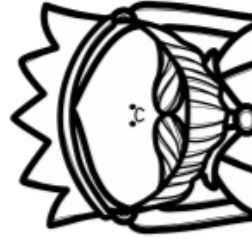
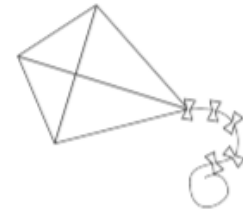
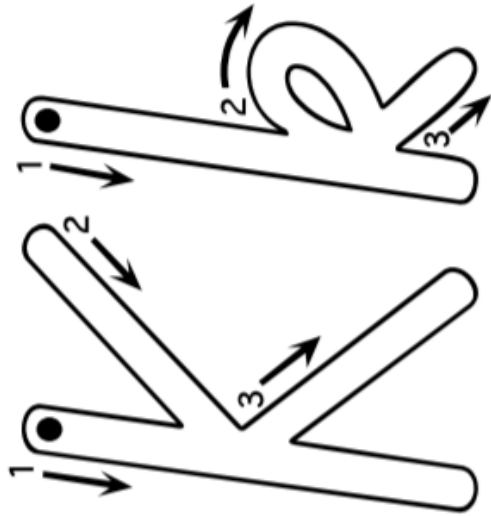
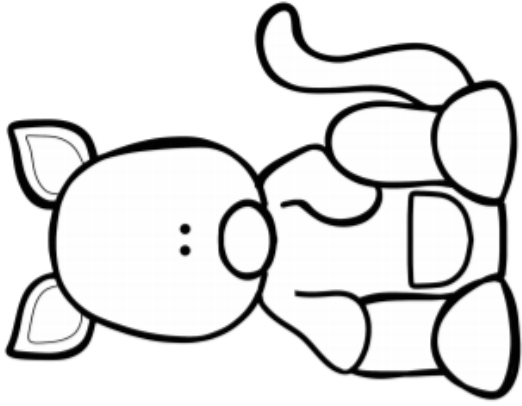
1. Choose the correct verb for each sentence and then re-write these sentences into your workbook.
 1. The dog _____ the cat up a tree.
 2. The bird _____ away.
 3. Kuba _____ a chocolate ice cream.
 4. I _____ a movie.
 5. Jenny _____ a book.
 6. The fish was _____.

Verbs – Recipe

2. Choose the correct action verb for each sentence and then re-write these sentences into your workbook.
 1. _____ and enjoy – your omelette is ready!
 2. _____ your pan until it's nice and hot.
 3. _____ some eggs in a bowl and whisk.
 4. _____ together thoroughly.
 5. _____ some cheese and add to the egg mixture.
 6. _____ for a final two minutes until completely cooked.
 7. _____ your egg mixture and cook for three minutes.

Mix	Grill	Heat	Grate
Crack	Serve	Add	

Wednesday - Handwriting



A baby kangaroo kicked

a kite because the zoo

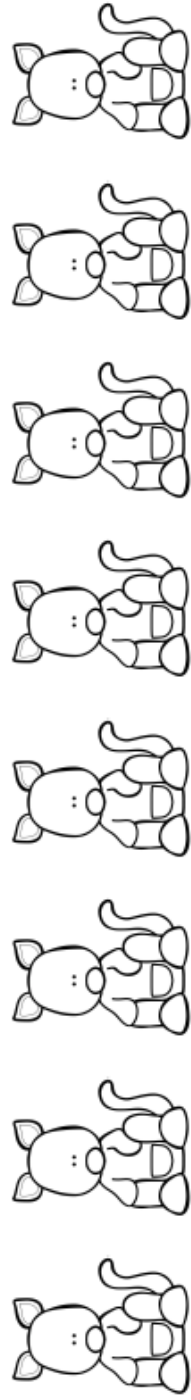
keeper blew a kiss to the

litter. "Keep calm Kangaroo!

You know I love you too."

She laughed and blew

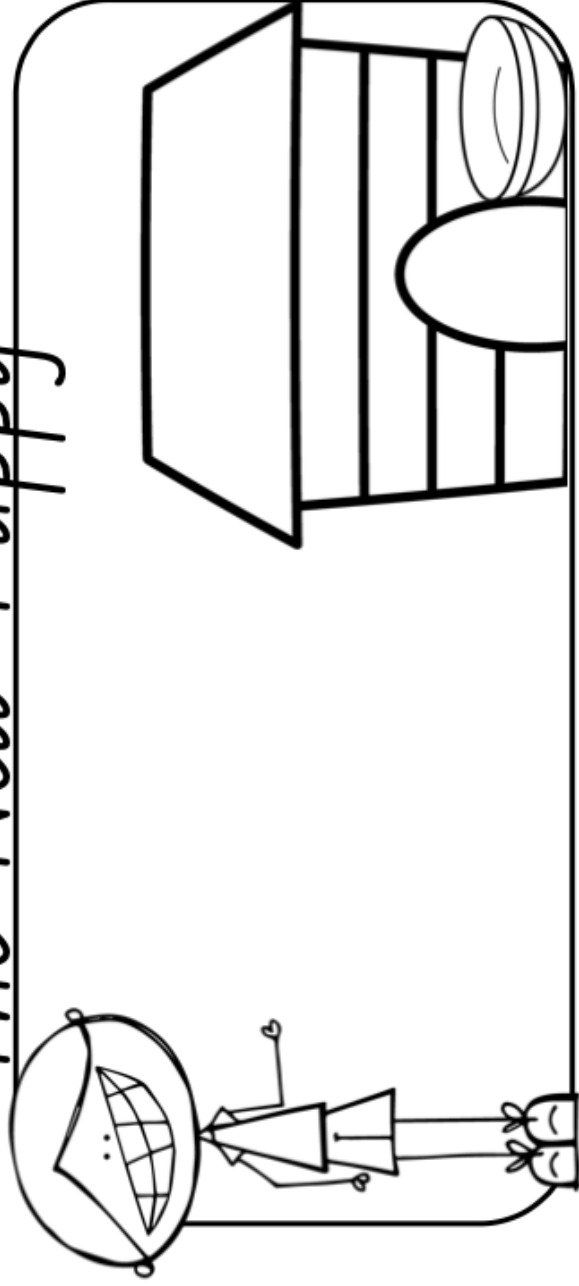
Kangaroo a kiss too.



Name: _____

Date: _____

The New Puppy



Today Charlie was getting a new puppy! He was so excited.

There were 5 puppies for sale and Charlie spotted his right away.

She had black fur and a big white patch around her eye. She had 3 white socks on her feet and a white tip on her tail.

Charlie's puppy ran to him and jumped up to lick his face. She was wagging her tail.

On the way home they went to a shop. Charlie got some toys for the pup and Mum and Dad got everything else they needed to look after her.

Charlie couldn't wait to teach her tricks. They were going to be best friends!

LI
1. How was Charlie feeling. Why was he feeling this way?

2. Was Charlie's puppy a boy or a girl?

3. Write 4 things you think they bought for the puppy:

4. What did Charlie's puppy look like?

5. What clues tell you that Charlie's puppy was happy?

6. What tricks do you think Charlie will teach his puppy?

7. What do you think Charlie might name his puppy?

8. Write 3 things Charlie will have to do to take care of his puppy:

Draw a picture of Charlie's puppy in the picture. Add her name to the kennel.

Student answers comprehension questions based on

Directly stated information within the text - (Literal) Q 1, 2, 4

Inferring - Q: 3, 5, 7

Connecting - Q: 6, 10

LANGUAGE AND GRAMMAR

The New Puppy

1. Colour the verbs from the story below!

ran	went	puppy	dreamed
teach	away	spotted	lick
home	wagging	shop	socks

2. Find 3 nouns in the story:

Person	Place	Thing

3. Find 2 proper nouns in the story:

4. Write as many adjectives you can think of to describe a puppy:



4. Write as many verbs you can think of that a puppy can do:

Wednesday

What number is before?

___ 102 ___ 133

___ 154 ___ 129

What number is after?

100 ___ 109 ___

119 ___ 129 ___

Fill in the missing numbers in these word problems.

$7 + \underline{\quad} = 11$ $5 + \underline{\quad} = 9$

$16 - \underline{\quad} = 11$ $18 - \underline{\quad} = 13$

Double these numbers.

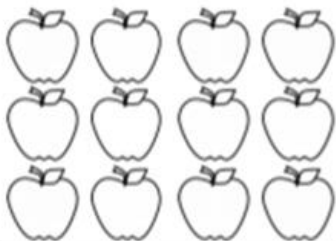
$9 + 9 = \underline{\quad}$ $8 + 8 = \underline{\quad}$

$7 + 7 = \underline{\quad}$ $10 + 10 = \underline{\quad}$

Fill in the missing numbers










	20	30		
60		80		100

Shade one half of the group of apples.



Wednesday – Maths Mentals and Creative Arts

Disco

I liked this dance			
I found it easy to make up the disco moves			
I feel proud of my work today			

What does choreography mean?

.....

I liked making up my own moves because

.....

Thursday

What time is shown on the clock?



____: ____

What will the time be one hour later?

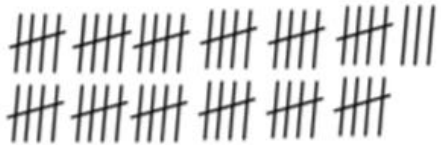
Complete the "friends of 10" sums

$$5 + _ = 10 \quad 4 + _ = 10$$

$$6 + _ = 10 \quad 2 + _ = 10$$

$$0 + _ = 10 \quad 9 + _ = 10$$

How many does the tally show?



Count backwards by 10:

70 _____

50 _____

Write the expanded form for these numbers.

$$88 = _ + _$$

$$60 = _ + _$$

$$12 = _ + _$$

Thursday – Maths Mentals and Geography

Places can be personal, local, state or national.

Write the names in the correct places.

bedroom

New South Wales

Australia

family kitchen

school

Western Australia

New Zealand

back yard

shops

Victoria

United States of America

park

India

Disneyland

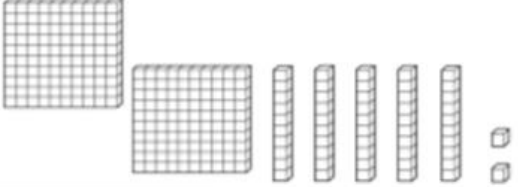
Personal	Local	State	National
bathroom	library	Queensland	China

Friday

Today is Tuesday, so tomorrow will be

Which month is before November?

How many?



hundreds	tens	ones

Write the expanded form

_____ + _____ + _____ = _____

Circle the ODD numbers:

1	0	4	3	7
5	9	6	2	
8	11	15	13	

Write the number sentence to match the word problem:

Kristy had 3 flowers. She picked 7 more. How many flowers were in her bunch?

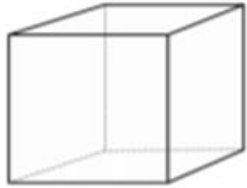
_____ + _____ = _____

Name: _____

Edges: _____

Corners: _____

Faces: _____



5 Rob the Robot

rob the robot lieks the
colour green. He has long
slinky blu arms. he has a
red button on his head



Find 2 spelling mistakes.
Add 2 capital letters and 1 full stop.



6 Map of the World

jane was looking at a
map of teh world. she
culd see all the water and
land



Find 2 spelling mistakes.
Add 2 capital letters and 1 full stop.



Friday – Maths Mentals and Editing

Friday: Writing – Procedural Writing

Procedural writing is used to explain how something is done, in a series of sequenced steps, which are organised by goal, material and method/steps. Common features of procedural writing include: action verbs (put, stir, place, peel, etc.) linking words to do with time (then, next, etc.) and detailed factual descriptions. Tense is timeless in procedural writing.

Task: In your workbook, write a procedural piece on how to make fairy bread. Cut and sequence in order the pictures below.

Write the following headings: Goal, Materials and Steps. If possible, do the task at home before you write it. Don't forget to use action verbs at the beginning of each step!

Goal:

Materials:

Steps:

1 2 3 4 5 6

