Stage 1 (Year 1) – Learning From Home – Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<u>Fitness</u> Follow The Body Coach: <u>https://youtu.be/mhHY8m</u> <u>OQ5eo</u>	<u>Fitness</u> Follow The Body Coach: <u>https://youtu.be/TUp2_VA</u> <u>HIrl</u>	<u>Fitness</u> Follow The Body Coach: <u>https://youtu.be/EDC-pICT</u> <u>Bbc</u>	<u>Fitness</u> Follow The Body Coach: <u>https://youtu.be/pLuM18p9</u> <u>zbM</u>	<u>Fitness</u> Follow The Body Coach: <u>https://youtu.be/16FIVgWU</u> <u>kIY</u>
		回將回 松林以 回湖松			
	OR	OR	OR	OR	OR
	Jumping: See how far you can jump, starting and landing on two feet. Use an object to mark how far		Wall warm up: Find a wall. How many arm pushes can you do in a minute?	Rolling: Collect some empty plastic bottles to use as skittles and practise rolling a ball to knock them	Name workout: Using the <i>Alphabet Exercise and Movement</i> poster, complete the exercise
	you have jumped and then see if you can improve. You could have a competition against someone at home to see	Jumping jacks: How many different ways can you jump? Can you jump on the spot (small jumps/big jumps), side to	Throwing: Practise some accurate underarm throwing. You could throw to someone at home or against a wall.	over. Have a competition with someone at home to see who can knock the most down. Practise the activity and see if you can	activities associated with the letters in your name. <u>English</u>
	who can jump the furthest. Remember to bend your knees when you take off	side, star jumps), side to side, star jumps, bunny jumps, backwards, forwards, with eyes open	Use a hoop or a bucket to practise aiming for a target.	improve on your score. Remember to look	Reading: Record 1 minute of yourself reading a book of your choice for 10-15mins



and when you land. Use	and eyes closed!	Remember to look	carefully at the target you	
your arms to help you to		carefully at your target and	are aiming for and think	Spelling:
jump further.		think about how hard you	about how hard you need	Pick an activity from your
	English	need to throw.	to roll the ball.	spelling grid and complete
Balancing: Find an object		En alla h		your look, say, cover, write,
at home (e.g. a small soft	Reading: Record 1 minute	<u>English</u>	Catching: Toss bean bag	check in a workbook or on
toy) and practise balancing	of yourself reading a book		(or a sock rolled into a ball)	a piece of paper
it on different parts of your	of your choice for	Reading: Record 1 minute	straight up and then:	- Free - Febru
body.	10-15mins	of yourself reading a book	Clap 1 time before it	Optional: Ask someone to
		of your choice for	hits the floor.	test you.
Can you balance it on your	Spelling:	10-15mins	 Clap 1 time and then try 	
head, bent knee, shoulder,	Pick an activity from your		to catch it.	Writing:
arm or foot?	spelling grid and complete	Grammar: Compound	 Clap as many times as 	Watch the following read
	your look, say, cover, write,	sentences	you can before it hits	aloud about 'Kangaroos'.
Can you sit or kneel down	check in a workbook or on	Complete the 'Compound	the floor.	Plan and compose a
and stand back up again	a piece of paper	sentences' worksheet by	 Clap as many times as 	descriptive piece of writing
with the object still	a piece of paper	turning simple sentences	you can and then try to	
balanced?	Handwriting	into compound sentences.	catch it.	about kangaroos using
Dalanced :	Handwriting:	Use the FANBOYS poster	 Toss with right hand 	expanded noun groups
	Complete the handwriting	to help you.	only (repeat tasks	and compound sentences.
English	worksheet.		above)	
English	Letter focus: Gg	Comprehension:	 Toss with left hand only 	
		Read the text: Cooking	(repeat tasks above)	
Reading: Record 1 minute	Speaking: Write a one	with Gran.	• Toss and turn 360	
	minute speech titled	Questions sheet: Respond	degrees before the	
of yourself reading a book	Something fun that I like	to the questions in full	bean bag hits the floor.	
of your choice for 10-15mins	to do at home'.	sentences.	Start with the beanbag	
TU-TSMINS	You could talk about any		on top of your foot. Flip	
	one of the following topics	Spelling:	it into the air and try to	
Spelling: Watch the	or you can choose your	Pick an activity from your	catch it.	
spelling instructional video	own:	spelling grid and complete		
-	★ your favourite game	your look, say, cover, write,	English	
https://youtu.be/TEJJlohW	★ gardening	check in a workbook or on		https://bit.ly/3ivo4cv
<u>eUA</u>	★ art	a piece of paper	Reading: Record 1 minute	
Complete the spelling	★ cooking		of yourself reading a book	
sheet by breaking your	★ being active	Handwriting:	of your choice for	
spelling words into their	A good speech includes	nanowning.		

	sounds and identifying any	lots of details such as:	Complete the handwriting	10-15mins	
	tricky parts that you need	who do you do your	worksheet.		
	to remember.	activity with, or who	Letter focus: Hh	Spelling:	
		helps you?		Pick an activity from your	
		> what equipment do you		spelling grid and complete	
		need such as a		your look, say, cover, write,	
	Handwriting:	skipping rope or paper		check in a workbook or on	
	Read: The importance of	and paints?		a piece of paper	
	good sitting.	 if you're gardening, 			
	Read the instructions	what are you growing		Handwriting:	
	everyday.	and how do you look		Complete the handwriting	
	Complete the bandumiting	after your plants?		worksheet.	
	Complete the handwriting	if you're cooking, what		Letter focus: li	
	worksheet.	do you like to cook and			
	Letter focus: Ff	how do you make it?			
Drack	Break	Break	Drock	Break	Break
Break			Break		
	Mathematics	<u>Mathematics</u>	Mathematics	Mathematics	<u>Mathematics</u>
Middle	Maths mentals:	Maths mentals:	Maths mentals:	Maths mentals:	Maths mentals:
	Complete the Maths	Complete the Maths	Complete the Maths	Complete the Maths	Complete the Maths
	mentals for Monday	Mentals for Tuesday	Mentals for Wednesday	Mentals for Thursday.	Mentals for Friday.
	Number:	Number:	Number:	Balancing Numbers 1:	Balancing Numbers 2:
				View video Balancing	View video Balancing
	Worksheet - Mystery	Worksheet - Word	Worksheet - Equal	View video <u>Balancing</u> numbers 1 – part 1	View video <u>Balancing</u> numbers 2 - part 1
	Worksheet - Mystery Picture		Worksheet - Equal Sharing	View video <u>Balancing</u> numbers 1 – part 1	View video <u>Balancing</u> numbers 2 - part 1
		Worksheet - Word Problems - Multiplication	Worksheet - Equal Sharing	numbers 1 – part 1	numbers 2 - part 1
	Picture	Problems - Multiplication	Sharing	numbers 1 – part 1 https://sites.google.com/ed	numbers 2 - part 1 https://sites.google.com/ed
	Picture There is a picture you	Problems - Multiplication Practise skip counting	Sharing Sharing:	<u>numbers 1 – part 1</u> <u>https://sites.google.com/ed</u> <u>ucation.nsw.gov.au/get-ma</u>	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma
	Picture There is a picture you need to discover by	Problems - Multiplication Practise skip counting using body percussion. For	Sharing Sharing: Find an even number of	<u>numbers 1 – part 1</u> <u>https://sites.google.com/ed</u> <u>ucation.nsw.gov.au/get-ma</u> <u>thematical-stage-1/targete</u>	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete
	Picture There is a picture you need to discover by working out each	Problems - Multiplication Practise skip counting using body percussion. For example, to count by	Sharing Sharing: Find an even number of objects (eg: toys, pencils,	numbers 1 – part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num
	Picture There is a picture you need to discover by working out each subtraction. Once you	Problems - Multiplication Practise skip counting using body percussion. For example, to count by threes pat your knees, clap	Sharing Sharing: Find an even number of objects (eg: toys, pencils, books, etc)	<u>numbers 1 – part 1</u> <u>https://sites.google.com/ed</u> <u>ucation.nsw.gov.au/get-ma</u> <u>thematical-stage-1/targete</u>	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete
	Picture There is a picture you need to discover by working out each subtraction. Once you have the answer for each	Problems - Multiplication Practise skip counting using body percussion. For example, to count by threes pat your knees, clap your hands, then click your	Sharing Sharing: Find an even number of objects (eg: toys, pencils, books, etc) Share these objects with	numbers 1 – part 1 <u>https://sites.google.com/ed</u> <u>ucation.nsw.gov.au/get-ma</u> <u>thematical-stage-1/targete</u> <u>d-teaching/balancing-num</u> <u>bers-1</u>	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num bers-2
	Picture There is a picture you need to discover by working out each subtraction. Once you have the answer for each subtraction you can cut out	Problems - Multiplication Practise skip counting using body percussion. For example, to count by threes pat your knees, clap your hands, then click your fingers. Whisper as you	Sharing Sharing: Find an even number of objects (eg: toys, pencils, books, etc) Share these objects with someone in your house,	numbers 1 – part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num bers-1 • What do you notice?	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num bers-2 • Estimate the number of
	Picture There is a picture you need to discover by working out each subtraction. Once you have the answer for each	Problems - Multiplication Practise skip counting using body percussion. For example, to count by threes pat your knees, clap your hands, then click your	Sharing Sharing: Find an even number of objects (eg: toys, pencils, books, etc) Share these objects with	numbers 1 – part 1 <u>https://sites.google.com/ed</u> <u>ucation.nsw.gov.au/get-ma</u> <u>thematical-stage-1/targete</u> <u>d-teaching/balancing-num</u> <u>bers-1</u>	numbers 2 - part 1 https://sites.google.com/ed ucation.nsw.gov.au/get-ma thematical-stage-1/targete d-teaching/balancing-num bers-2

the grid to discover the 'mystery picture' Mangahigh: Login to <u>www.mangahigh.com</u> Complete the assigned activity: Stage 1- Number and Algebra - Addition and Subtraction - PRODIGI <i>"Read, write and interpret mathematical statements involving subtraction (-)</i> and (=) signs"	number said on the 'click'. Read the multiplication word problem, finish the picture and write the number sentence (eg: 4 x 2 = 8) and write the answer. Mangahigh: Login to <u>www.mangahigh.com</u> Complete the assigned activity: Stage 1- Number and Algebra - Multiplication and Division - PRODIGI "Count forward and backwards in multiples of 2 - Apply this knowledge to solve problems"	same amount. Try to answer the following questions: Can you explain how the objects were shared? How did you check that you had the same amount? Complete the worksheet where you need to cut the carrots and share them equally. Mangahigh: Login to <u>www.mangahigh.com</u> Complete the assigned activity: Stage 1 - Number and Algebra - Multiplication and Division - PRODIGI <i>"Solve one-step problems</i> <i>involving division by</i> <i>calculating the answer</i> <i>using concrete objects,</i> <i>pictorial representations,</i> <i>and arrays"</i>	 View video <u>Balancing</u> <u>numbers 1 – part 2</u> How many more bears are needed to make the scale balance? (How many bears are equivalent in mass to The Hulk?) What's an estimate that's way too high? What's an estimate that's way too low? What's an estimate that you think is reasonable? View video <u>Balancing</u> <u>numbers 1 – part 3</u> Create a drawing to represent the problem: How many bears are equivalent in mass to The Hulk? Upload your responses on Seesaw. Mangahigh: Login to <u>www.mangahigh.com</u> Complete the assigned activity: 'Describe similarities and differences between 2D shapes'. 	 mass of The Hulk. What's an estimate that is way too high? What's an estimate that is way too low? What's an estimate that you think is reasonable? View video Balancing numbers 2 - part 2 What would you do to solve this problem? Share your thinking with a fellow mathematician or write down your ideas. Revise your estimate: how many paddle pop sticks are needed to balance the mass of The Hulk? View video Balancing numbers 2 - part 3 What do you think will happen to the balance scale? Draw a picture to communicate your thinking. View video Balancing numbers 2 - part 4
---	---	---	---	---

Break	Break	Break	Break	Break	 What can we say about the mass of The Hulk, the collection of bears and the collection of paddle pop sticks? Upload your responses on Seesaw. Mangahigh: Login to www.mangahigh.com Complete the assigned activity: 'Sort shapes by defining and non-defining attributes'.
Afternoon	Break Science and Technology	PDHPE	Creative Arts	Break Geography	Break Catch up session for all
	Watch the video - Busy Bees by Scishow kids Busy Bees <u>https://bit.ly/3wXgBb9</u> Watch the video Like	Read the book 'Germs, germs, germs!' by Bobbi Katz. Read the book 'Grow Strong' by Cheri J. Meiners	Footsteps: Follow the instructor and dance along to Who Let the Dogs Out. Remember to record yourself and upload it on Seesaw! <u>https://vimeo.com/57522</u> 0104/9bc3189fbf Reflection: Complete the reflection - Who Let the Dogs Out	Names of places: Use a device to access Google Earth: https://earth.google.com/ web/ O (Parents may have to assist in downloading	incomplete tasks

fruit? Thank a bee! by		worksheet.	Google Earth if using	
Scishow kids			IPads/phones)	
Like Fruit? Thank a …			Instructions for using	
			Google Earth:	
https://bit.lv/3xWEPDH			https://youtu.be/i39a4Cv	
			<u>S81M</u>	
	https://bit.ly/3izQPVe			
	. ,			
	Answer the following			
Complete the worksheet -	questions on a piece of			
All about Bees	paper:			
	- What can we do to get			
In your workbook write	rid of germs?		Find the following places	
down 5 things that you	 Why is it important to get rid of germs? 		and think about its features (what can you	
have learnt about bees	- Write down 2 new things		see?):	
and answer the questions in full sentences.	you have learnt about		• Your house	
in fuil sentences.	germs.		Our school	
1. Why are bees	90		Bonnyrigg Plaza	
important insects in	Answers must be written in		St Johns Park High	
nature?	full sentences.		School	
2. What can we do to			Westfield Liverpool	
protect bees and				
Using recycled materials			Worksheet: After	
from your house or			investigating, continue to	
backyard, make your own			use Google Earth to find and list a few more places	
bee.			that you know of and draw	
You must only use what			or write about its features	
you have at home.			(family's houses, parent's	

| NSW Department of Education

For example,	workplace, parks, food places, etc)	

<u>Year I Spelling Words - Week 4</u>

Complete one activity every day from Tuesday to Friday

• Complete your Look, Say, Cover, Write, Check every day in your workbook

Spelling Words	: - The digraph /wh/	making the sound i	wh' as in wheel		
I. see	7. wheel	13. whisper	19. dance		
2. said	8. whine	14. whimper	20. compose		
3. my	9. whether	15. whatever	1		
4. what	10. body	16. instrument			
5. when	II. time	17. level			
6. where	12. space	18. movement			
Spelling /	Activities - Select one	e activity to complete	per day.		
	These can be do		1 5		
<u>Typing</u>	Word Meanings	Sounds and Colours	Sentences		
Type out your words. Print them out if possible and display them around your home.	Write out your words in a list. In your own words, describe what the word means.	Write your words out using coloured pencils or markers. Change colours for every sound. e.g. ch o p	Write sentences using at least 5 spelling words. Can you include more than one spelling word in a sentence.		
Word Search	<u>Make a Word</u>	Find a Vowel	Fancy Writing		
Try and find your spelling words in your reading books.	Using newspaper or magazines, cut out letters to make your spelling words.	Write your spelling words using blue for consonants and red for vowels (a, e, i, o, u). pens.			
<u>Find the Sp</u>	elling Pattern	<u>Pictures</u>	Dictionary Definitions		
coloured pencil, highlight the same in your words. Can y	i list. Using a highlighter or spelling pattern that is the ou think of any other words ttern? Write them down.	Draw a picture for your spelling words	Use a dictionary to find the meaning of you spelling words. If you do not have a physical dictionary, ask your family members or try searching online with adult assistance.		

Spelling - Week 4 Learning Intention: We are learning to understand words and phonemes

I can identify words.

l can analyse words.

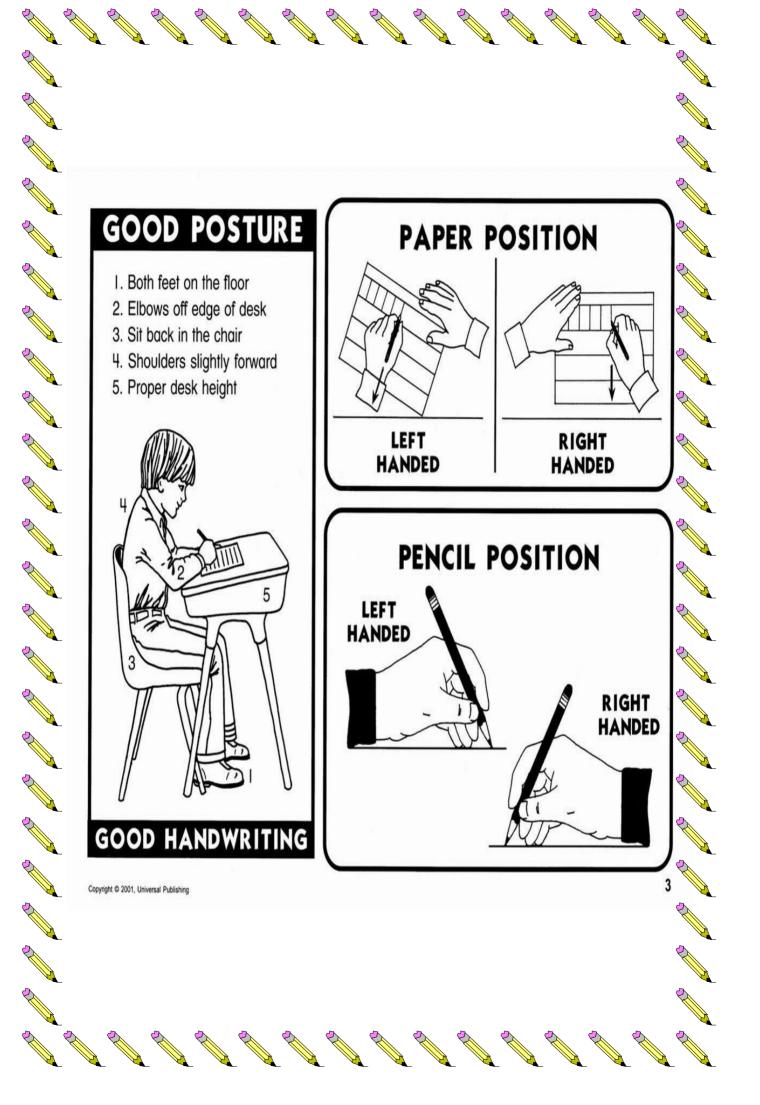
I can identify phonemes.

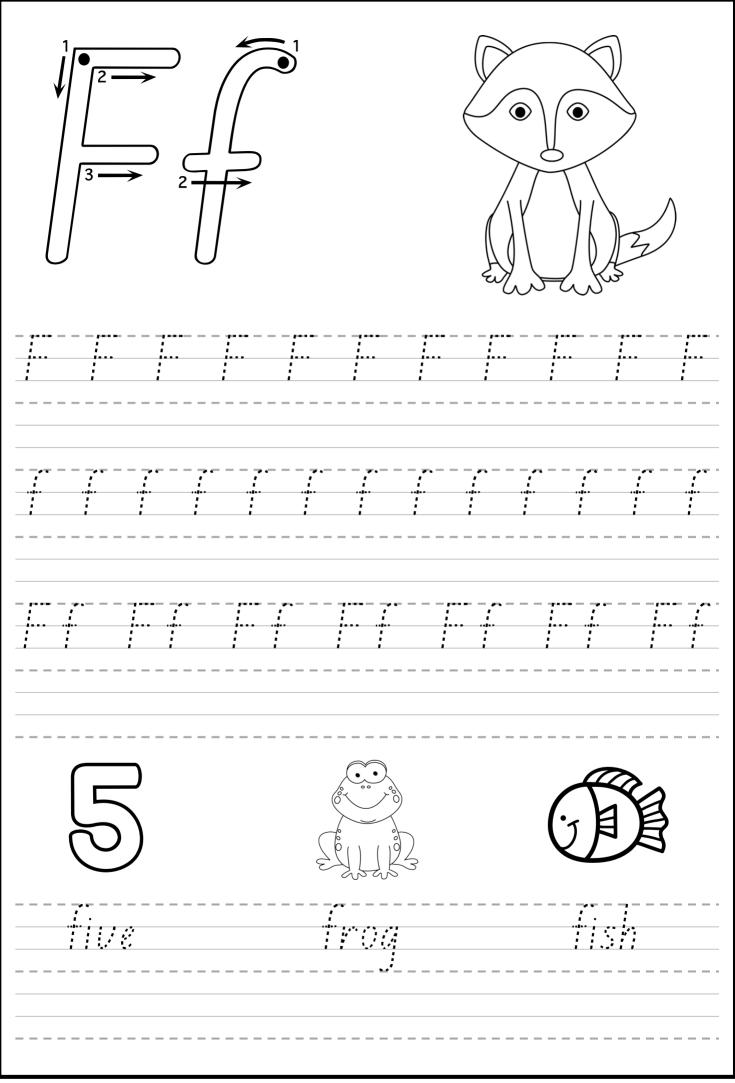
Success Criteria:

Write, say, sound, count, write.
1. Write the word
2. Say the word
3. Sound it out

- 4. Count the sounds
- 5. Write the letters, then write the tricky

	l can app	ly my knowledg	e to wr	to write words.				part again				
Write t Say the		How many sounds ?	Wrił	Write the letters: broken up into graphs, digraphs, trigraphs etc.				Tricky part ?				
wl	'ny	2	wh	у								у





8 X ;

[©] Lightbulb Moments Learning

Мо	nday		Tuesday								
	e biggest r							rs from s	smallest to	o bigge:	st:
27	35	5	42	39	22		15	18	13		20
Circle the	e smallest	number:			S						В
21	12	2	19	15	65		33	78	53	3	72
Fill in the	missing n	umbers									
	11			14	S						В
	16		18		How	many? 1 A					
Write the	sum belo	w:				18					
203 203		203 203									
803		803 D3			Tens Ones Write the expanded form:						
+		=	_		+=						
What nur	mber is be	fore?			Fill in the missing numbers:						
	50		2	8	19 22						
	19		32	2	24 28					}	
	nber is af		_		Com	plete th	ese sum	s:			
12 _		6	3	_	5 + 3 = 2 + 4 =					_	
39_		2	8	_	8 +	- 2 =			2 + 9	= _	
How many?						time is	on the a	clock:			
HH HH HH HH						11 12	1	、 、			
		11 11	11			j	-				
##					8	¥	4)			
						7 6	y		_ : _		

Wednesday	Thursday
Write today's date:	If today is Thursday, tomorrow will be
Solve these addition problems: $3 + 9 = _$ $9 + 2 = _$	Write tomorrow's date:
J + + = + + + 2 =	
7 + 5 = 8 + 6 =	Fill in the missing addend on these sums:
Count on from theses numbers:	5 + = 12 8 + = 14
	9 + = 15 2 + = 9
27	
Order these numbers from biggest to smallest:	How many does the tally show?
19 39 27 38 41	HH HH HH HH III
BSS	HH HH HH
55 41 58 53 60	Count back from these numbers:
BSS	30
Shade half of each shape. Write half as a fraction.	50
	JZ
	How many?
	Tens Ones Write the expanded form
	+=

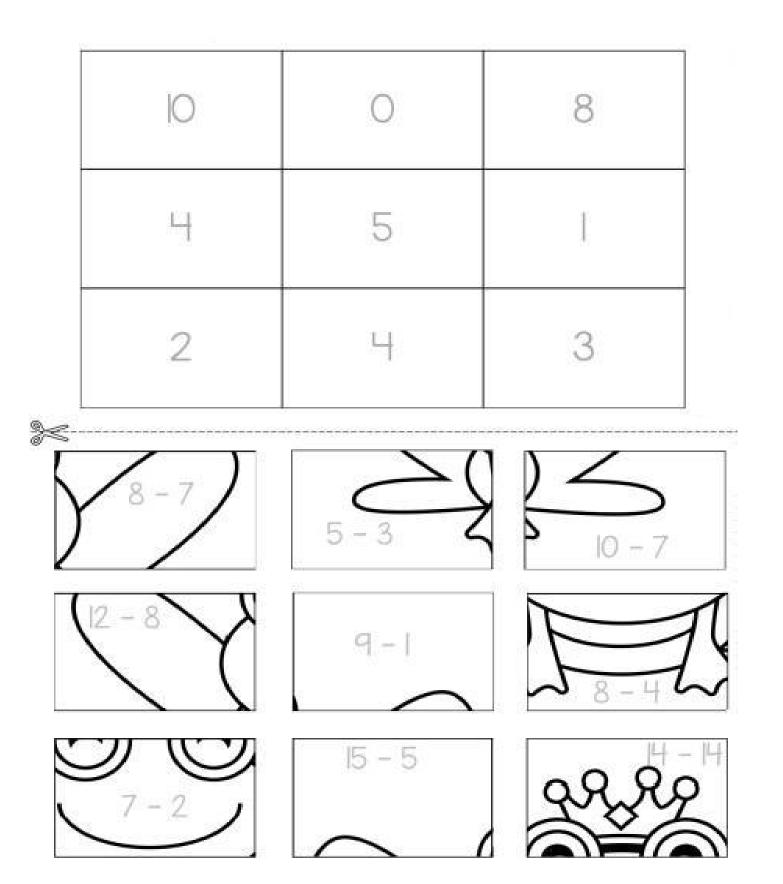
1

Г

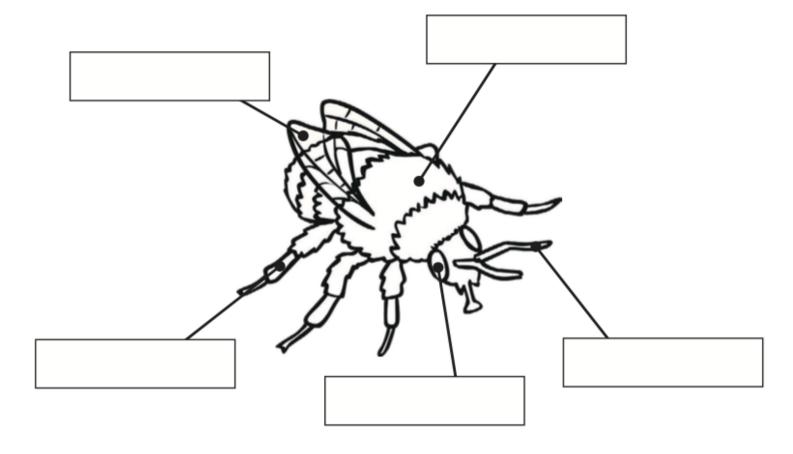
Friday		
Circle the biggest n 92 91	umber: 89	19
Circle the smallest r	number: 64	76
Count forwards: 68		
81		
Write the addition su		
+ Show 32 on the		
		Dnes
63 = 60 +	3 so	
49 = +		
78 = +	11 12	1
What time is on the clock?	(¹⁰)	2 3
:	8 +	3

Monday - Mystery Picture

- Cute the page along the dotted line. Cut out the puzzle pieces.
- Work out each subtraction.
- Match the answer and place it on the grid.
- Glue in place.



All about Bees



Bees collect the pollen in flowers using these. They also use them to stand.

These help the bees to smell but also help them measure how fast they are flying!

These help the bee to fly.

This is the main body of the bee.

These help the bee know if danger is coming from any direction.

antenna	
thorax	
legs	
wings	
	٦

eyes

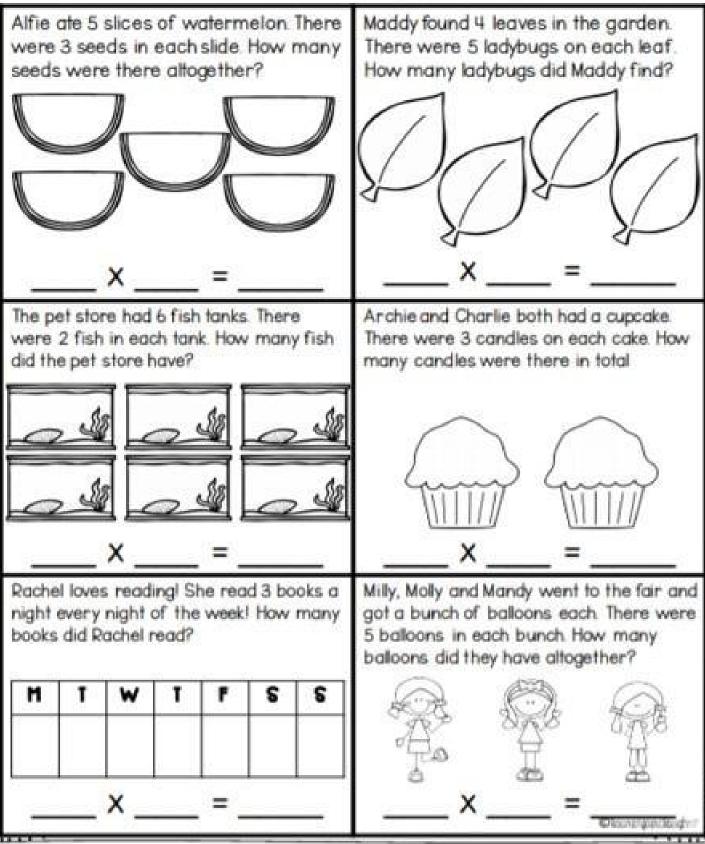
2 2 <u>(4</u> | ;

···· 40413 ; : i . Geografia

<u>Tuesday</u>

Word Problems – Multiplication

Read these word problems, finish the pictures and write the number sentence.





The English language has 7 co-ordinating conjunctions, which are easy to remember if you use the acronym: FANBOYS.

For	Explains reason or purpose (just like "because") e.g. I always save my pocket money, for I love to buy new things.
And	Used for addition e.g. My dog Floyd sleeps on the bed, and my cat Buster naps in the bathtub.
Nor	Presents an alternative negative idea to an already mentioned negative idea e.g. To be honest, neither the shops nor the chocolates interest me the most. I really just like the clothes.
But	Used to show contrast e.g. The shops are fantastic any day, but it's better when the sales are on!
Or	Presents a choice or alternative e.g. You can come buy groceries with me, or you can stay home until I get back.
Yet	Presents a contrasting idea, that logically follows the preceding idea (similar to "but") e.g. I seem to save my money for weeks, yet I never seem to have enough.
So	Used to indicate a consequence or result e.g. Running out of money has become a real problem for me, so I've decided to start doing some extra jobs!

Compound Sentences

A note to parents: A conjunction is a word that joins together words, phrases, or parts of sentences. The three most-used conjunctions are *and*, *or*, and *but*. Other conjunctions include for, nor, yet, so.

Conjunctions can join words together, like in this sentence:

I'd like five peanut butter *and* jelly sandwiches, please (and joins two nouns)

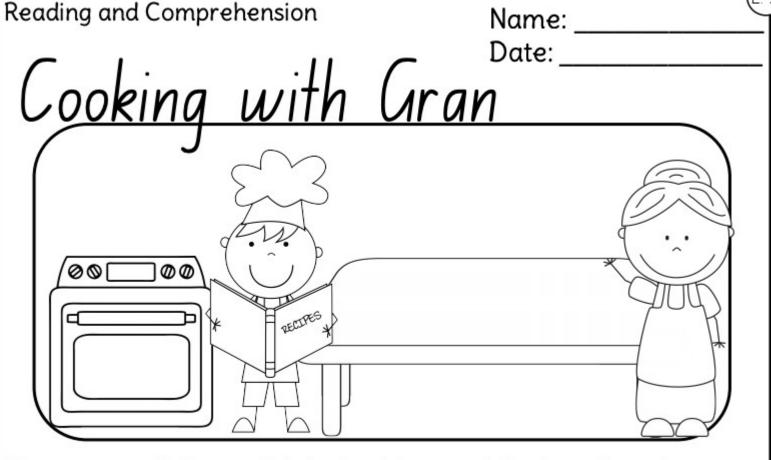
You may sit in the hall or on the veranda. (or joins two phrases).

A **<u>compound sentence</u>** joins two simple sentences together. For example:

I shall be going to town, **but** I will not be spending money. (**but** joins two sentences)

Activity: Use a conjunction to turn these simple sentences into **compound sentences**. Use the **FANBOYS** poster to help you!

My teacher is friendly	
The excursion to the zoo was fun	
I was feeling tired	
I was late for school	
Caitlyn is good at dancing	



"See you soon" Zac called to his Mum and Dad as they drove away. "Let's do some cooking!" Zac said to Gran as they walked inside.

They got out Gran's recipe book and looked through until they saw a delicious looking chocolate cake. "This one!" Zac said excitedly.

They put flour, milk, butter, eggs, sugar and cocoa into a bowl. Zac used a wooden spoon to mix it all together.

When it was all mixed together Gran put the cake in the oven while Zac licked the mixture from a spoon. It was sticky, sweet and delicious!

When the cake finished baking, Gran set it on the bench to cool. Zac and Gran iced the cake and decorated it with fresh, red strawberries.

Finally it was time to taste the cake. Zac's mouth watered as he watched Gran cut him a slice. "Yum!" he cried taking a bite. It was the best cake ever!

1. Who were the 2 characters in this story?

2. What did Zac and Gran do together?

3. What kind of cake did they bake?

4. What ingredients were in the cake?

5. What adjectives describe the cake mix?

6. Write 4 verbs you can find in the story.

7. Did Zac and Gran ice the cake right away? How do you know?

8. Did Zac like the cake? How do you know?

9. Why was Zac's mouth watering?

10. If you were baking a cake, what would you use to decorate it?

In the picture, draw the cake that Zac and Gran made!

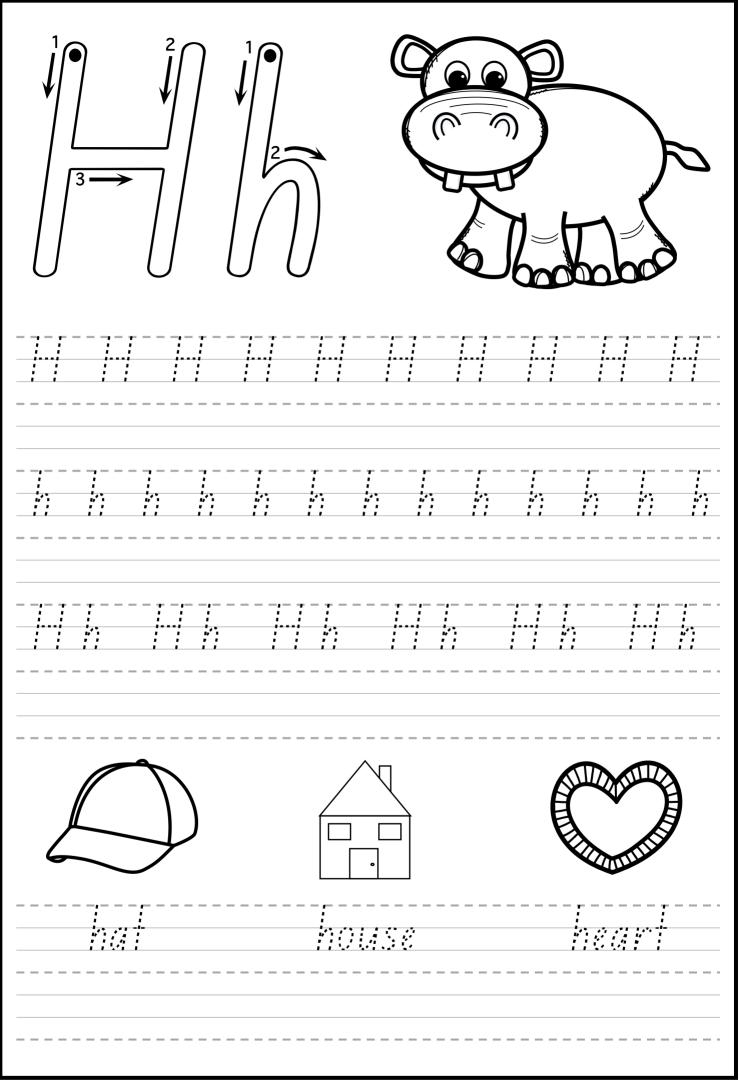
Student answers comprehension questions based on

O Directly stated information within the text - (Literal) Q 1, 2, 3, 4

O Connecting - Q:10

O Language and Grammar - Q: 5, 6

O Inferring - Q: 7, 8, 9

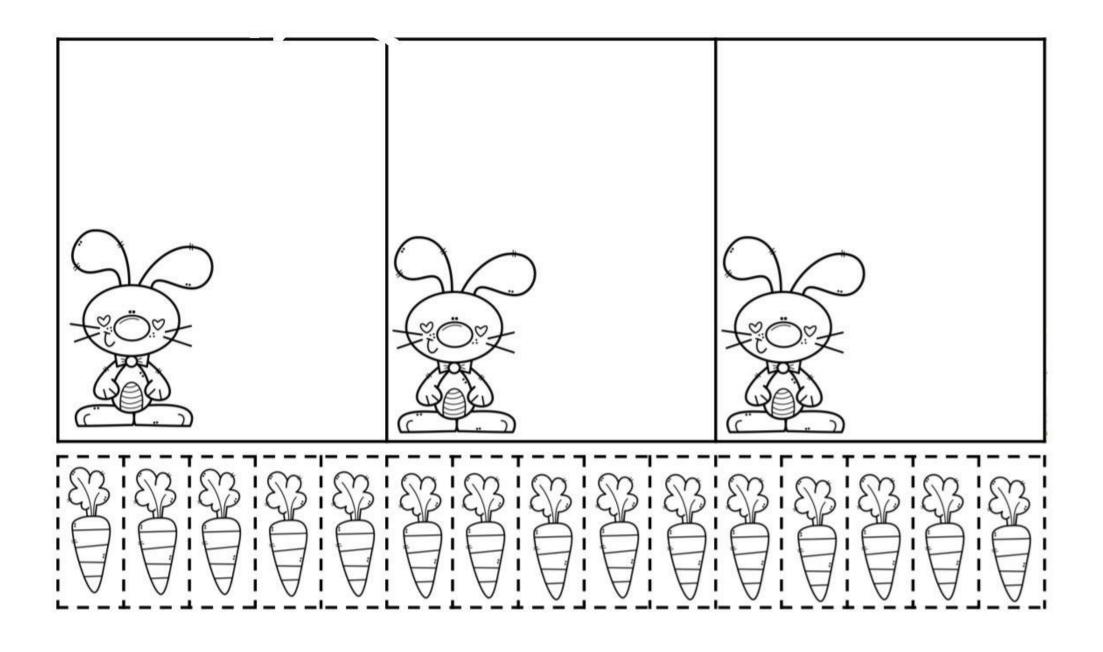


[©] Lightbulb Moments Learning

144 ľ 1.1. 11.01100 1

Wednesday - Equal Sharing

Cut out the carrots and share them equally among the rabbits.



Nho let the dogs out?

I liked todays dance	
I tried harder than last week	
I learnt some new words	
l listened well	

My Footsteps teachers name is.....

I like him/her because.....

$2 \rightarrow 2 \circ 1 \circ$			
	600	000	

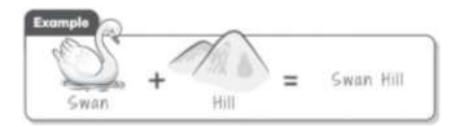
© Lightbulb Moments Learning

11 11 41 : : S. ----

Think of a place that you know very well. List its features.

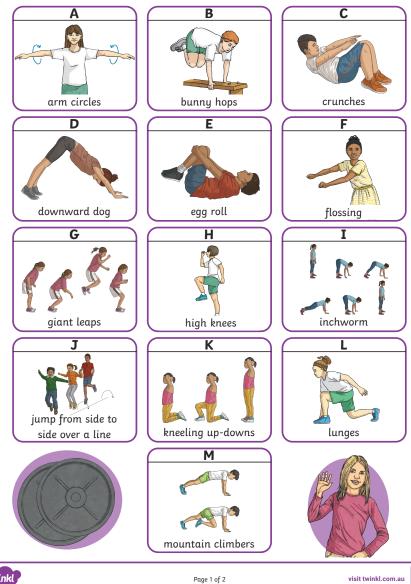
Natural features	Plants	Special features
		·

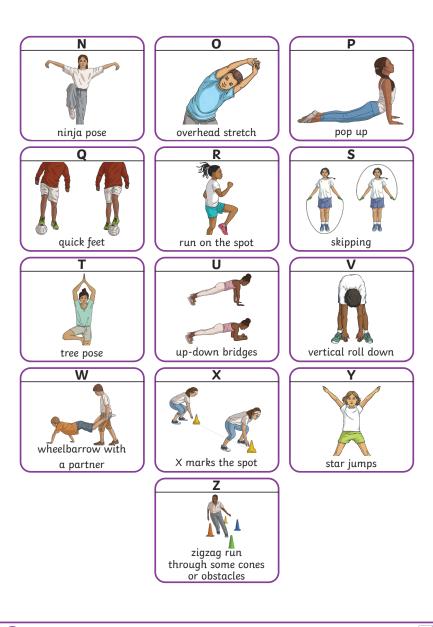
Use these words to write a descriptive long name for your place.



Alphabet Exercise and Movement

Get moving and have some fun spelling out your name. Complete the exercise or movement associated with each letter.









twinkl



Friday — Kangaroos — Physical Description (Year 1)











- o Capital letters
- Adjectives
- Compound Sentences CHALLENGE:
- Expanded Noun Groups