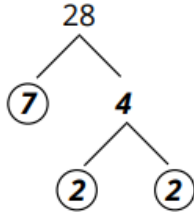




St Johns Park Public School - Year 5, Term 3, Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p><u>FITNESS:</u></p> <ul style="list-style-type: none"> 15 sit-ups 15 push-ups 15 squats 1 minute of jogging <p>Repeat these steps 3 times</p>	<p><u>FITNESS:</u></p> <ul style="list-style-type: none"> 15 sit-ups 15 push-ups 15 squats 1 minute of jogging <p>Repeat these steps 3 times</p>	<p><u>FITNESS:</u></p> <ul style="list-style-type: none"> 15 sit-ups 15 push-ups 15 squats 1 minute of jogging <p>Repeat these steps 3 times</p>	<p><u>FITNESS:</u></p> <ul style="list-style-type: none"> 15 sit-ups 15 push-ups 15 squats 1 minute of jogging <p>Repeat these steps 3 times</p>	<p><u>FITNESS:</u></p> <ul style="list-style-type: none"> 15 sit-ups 15 push-ups 15 squats 1 minute of jogging <p>Repeat these steps 3 times</p>
	<p><u>ENGLISH:</u></p> <p><u>Reading & Viewing</u></p> <p>View the following video: Healthy Eating: An introduction for children aged 5-11 - YouTube</p> <p><u>Speaking and Listening</u></p> <p>Voice record and post your responses to the prompts below:</p> <ul style="list-style-type: none"> Think of a time where you've been hungry, how did it make you feel? What would happen if we only ever ate chocolate? 	<p><u>ENGLISH:</u></p> <p><u>Reading & Viewing</u></p> <p>Read the Australian Dietary Guidelines handout provided.</p> <p>Underline any vocabulary you do not know. Reread sentences to predict the meaning of the words and then check predictions using a dictionary.</p> <p>Answer the Australian Dietary Guidelines Comprehension Questions.</p>	<p><u>ENGLISH:</u></p> <p><u>Reading & Viewing</u></p> <p>All author's have a purpose and audience in mind when composing a text. The three purposes are to entertain, inform or entertain. Sometimes the author can have more than one purpose in their text. For example, they can entertain their readers and viewers as well as inform them.</p> <p>Looking back at the Australian Dietary Guidelines handout provided, think about the author's intended purpose and audience.</p>	<p><u>ENGLISH:</u></p> <p><u>Reading & Viewing</u></p> <p>View: Stay Cool Be Kind and Every Day in Every Way (https://iview.abc.net.au/show/mindfulness-tool-kit/series/1/video/CK1742V009S00 and https://iview.abc.net.au/video/CK1742V009S00).</p> <p>Answer the following:</p> <ol style="list-style-type: none"> What was the purpose of both videos? What are two kind things you did today at home? What are you grateful for this week? 	<p><u>ENGLISH:</u></p> <p><u>Reading & Viewing</u></p> <p>View the Healthy Eating text (Why Do We Need Food? How Can We Make the Right Food Choices? What Should We Be Eating? 'The Eat well Plate')</p> <p>Summarise four key ideas from the text.</p> <p>Answer the question - How do you know if this text was fiction or nonfiction? What is your evidence?</p>

<ul style="list-style-type: none"> • What would happen if we only ever ate carrots? • Why do you think we need a balanced diet? <p><u>Writing & Representing</u></p> <p>Write to primary school students to explain the importance of having a balanced diet. Be sure to select appropriate language and structural features to support reader understanding.</p> <p><u>Spelling</u></p> <p>Write your spelling words using the Look, Cover, Write and Check method.</p>	<p><u>Writing and Representing</u></p> <p>Using dot points, create a keyword summary of the article using the headings below:</p> <ul style="list-style-type: none"> • What are the Australian Dietary Guidelines? • Why do we need Dietary Guidelines? • How do I make healthy choices? • Do the Australian Dietary Guidelines recommend that I only eat certain foods? <p><u>Speaking and Listening</u></p> <p>Teach 3 things that you have learnt from the article to someone at home.</p> <p><u>Spelling</u></p> <p>Choose 5 words from the spelling list and look up their definitions. Rewrite these definitions in your book <u>using your own words</u>.</p> <p>Then, write a detailed sentence for each of those words.</p>	<p>Then annotate the text by highlighting evidence that shows the author’s purpose and make notes to explain and justify your choices - this can be completed directly on the sheet.</p> <p>Follow the link and scroll down to ‘Annotating Text (reading & viewing, writing)’ for further guidance: https://www.education.vic.gov.au/school/teachers/teachingresources/discipline/english/literacy/Pages/paragraph_and_text_level.aspx</p> <p><u>Writing</u></p> <p>Use your annotated text to help you complete the Author and Purpose quadrant analysis table.</p> <p><u>Speaking and Listening</u></p> <p>Voice record and post your responses to the questions:</p> <ul style="list-style-type: none"> • What is the intended purpose and audience of this text? • What evidence from the text can you provide to support your response? 	<p><u>Speaking and Listening</u></p> <ol style="list-style-type: none"> 1. Say something kind to someone at home. 2. Ask someone what they are grateful for this week. What was their response? <p><u>Writing and Representing</u></p> <p>Use the comic strip template to create a short story that revolves around the theme of kindness or gratitude.</p> <p><u>Spelling</u></p> <p>Choose 5 words from the spelling list and look up their definitions. Rewrite these definitions in your book <u>using your own words</u>.</p> <p>Then, write a detailed sentence for each of those words.</p>	<p><u>Writing and Representing</u></p> <p>Using the information you have learnt this week on healthy eating, create a one day balanced meal plan using the worksheet provided.</p> <p><u>Spelling</u></p> <p>Write a short story that uses all 10 words you have chosen to define this week in spelling.</p> <p>You may alter the parts of speech or inflections if needed (e.g. from ‘run’ to ‘ran’ to ‘running’).</p> <p><u>Speaking and Listening</u></p> <p>Critical thinking prompt:</p> <p>How did you feel when you initially heard about further COVID restrictions being put in place? Do you feel that it was necessary?</p> <p>Record and post your response as a voice memo.</p>	
Break	Break	Break	Break	Break	Break

<p>Middle</p>	<p align="center"><u>MATHEMATICS</u></p> <p>Complete - Maths Mentals</p> <p>Log in to <i>Mangahigh</i> and complete the assigned activity.</p> <p><u>Factors</u> <u>Prime and Composite</u> <u>Numbers</u></p> <p>Answer the questions from the worksheet on Factors and Prime & Composite Numbers in your workbook.</p> <p>This YouTube video may help refresh your memory on prime and composite numbers: Prime and Composite Numbers Mathematics Grade 4 Periwinkle - YouTube</p>	<p align="center"><u>MATHEMATICS</u></p> <p>Complete - Maths Mentals</p> <p><u>Problem Solving</u></p> <p>Take a look at the items at Pandora's Party Place.</p> <p>Answer the 8 problem solving questions. Make sure you look at the items carefully and check your working out.</p> <p><u>Crosswords</u></p> <p>Try your luck with some crosswords using the following link: Crosswords Puzzles Online - Play Free Daily Crosswords The New Daily</p>	<p align="center"><u>MATHEMATICS</u></p> <p>Complete - Maths Mentals</p> <p>Log in to <i>Mangahigh</i> and complete the assigned activity.</p> <p><u>Multiplication Revision</u></p> <p>Answer the following in your workbook. Convert into a formal algorithm first.</p> <p>a. 452×6 b. 704×3 c. 193×9 d. 738×24 e. 273×45 f. 837×83</p> <p><u>Sudoku</u></p> <p>Complete Sudoku puzzles using the website below http://sudoku.com</p>	<p align="center"><u>MATHEMATICS</u></p> <p>Complete - Maths Mentals</p> <p><u>Addition Revision</u></p> <p>Answer the following in your workbook. Convert into a formal algorithm first.</p> <p>a. $83729 + 38294$ b. $90842 + 64729$ c. $85036 + 62709$ d. $30991 + 30827$</p> <p><u>Prime and Composite</u> <u>Numbers</u></p> <p>Complete the Prime and Composite numbers (A) worksheet. Here is an example of a factor tree to help:</p> <div style="text-align: center;">  </div>	<p align="center"><u>MATHEMATICS</u></p> <p>Log in to <i>Mangahigh</i> and complete the assigned activity.</p> <p><u>Angles</u></p> <p>Find and identify as many of the following types of angles in everyday objects in your home. You can take a photo of the object, or draw them into your workbook and label the object.</p> <p>a. Acute angle b. Right angle c. Obtuse angle d. Straight angle</p> <p>E.g. the corner of your TV may make a perfect right angle. Or look at the arms on the clock, what angle can you see?</p> <p>Which angles were more commonly found in your home? Why do you think that?</p>
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	<p align="center"><u>HSIE – GEOGRAPHY</u></p> <p><u>Factors that shape places.</u></p> <p>Brainstorm the different things you know about Australia (A-Z chart)</p> <p>Write it in your books.</p> <p>Australian Passport: Why do we need a passport? Who has one?</p> <p>Watch: https://www.youtube.com/watch?v=s7fP77L36co</p> <p>Create your own passport using the Passport template</p>	<p align="center"><u>SPORT</u></p> <p>Keeping active through physical activity and sport has many benefits for the body.</p> <p>Go outside and play a sport of your choice for at least 30 minutes.</p>	<p align="center"><u>DANCE</u></p> <p><u>30 Minutes of Your Favorite Dance Along Videos! Featuring: Thank U Next, Sunflower, & 7 Rings - YouTube</u></p> <p>Watch. Either record yourself or write a small summary of your experience</p> <p><u>Footsteps Link</u> https://vimeo.com/575220278/302fa5c560</p>	<p align="center"><u>SCIENCE</u></p> <p><u>Task 2</u> Watch the video ‘Solar System - The Dr. Binocs Show’ https://www.youtube.com/watch?v=w36yxLgwUOc</p> <p>Answer the following questions in full sentences.</p> <ol style="list-style-type: none"> 1. What is our galaxy called? 2. What is a solar system? 3. How many planets are found in our solar system? 4. Name the planets in order from closest to furthest from the sun. 5. What are the names of the five dwarf planets in our solar system? 	<p align="center"><u>PERSONAL DEVELOPMENT/HEALTH</u></p> <p>Why is it important to be healthy?</p> <p>Watch the following link on the 11 Human Body Systems. Please take notes as you watch the video.</p> <p>https://www.youtube.com/watch?v=gEUu-A2wfSE</p> <p>Research three systems that you feel are most important to humans. Record this research in dot points.</p>
Break	Break	Break	Break	Break	Break
Afternoon	<p align="center"><u>VISUAL ARTS</u></p> <p>Learn to fold Vietnamese Hat Origami/Paper cutting. Watch the website below with a step-by-step tutorial. https://www.youtube.com/watch?v=3JxdJHtRmUA If you don’t have coloured paper, you can use white paper, texta, coloured pencils to decorate the hat. Be creative! Upload your hat to Seesaw.</p>	<p align="center"><u>SCIENCE</u></p> <p><u>Inquiry focus: What is our solar system and what features does it have?</u></p> <p><u>Task 1</u> Refer to the worksheet about the solar system.</p>	<p align="center"><u>HSIE – GEOGRAPHY</u></p> <p><u>Factors that shape places.</u> To travel to different countries, we require a visa. Watch the YouTube clip and create a visa for your next trip after the pandemic is over. What country would you like to travel to? https://www.youtube.com/watch?v=ZfIVH8RLY-Y</p> <p>Use prior knowledge and write a paragraph about why you think ‘Australia is a good place to live.’ On the world map colour the countries that you have visited.</p>	<p align="center"><u>DRAMA</u></p> <p>Telephone Fun Drama See attached Sheet. Complete both activities, record and present some of your scenarios on Seesaw. Have fun!</p>	<p align="center"><u>SPORT</u></p> <p>Keeping active through physical activity and sport has many benefits for the body.</p> <p>Go outside and play a sport of your choice for at least 30 minutes.</p>

Week 3 Spelling Words

1. average
2. definite
3. vehicle
4. excellence
5. criticise
6. guarantee
7. conscious
8. yacht
9. thorough
10. despicable
11. cohesive
12. occupy
13. foreign
14. intrude
15. exceed
16. tentative
17. chronological
18. hypodermic
19. dismissive
20. beneficiary

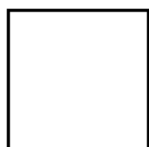
Monday

1. $12 - 10 =$ _____
2. $91 + 49 =$ _____
3. $36 \div 4 =$ _____
4. $4 \times 3 =$ _____
5. $45 \div 9 =$ _____
6. Round 20147 to the nearest ten. _____
7. Round 60367 to the nearest hundred. _____
8. Complete this counting pattern:
84, 94, 104, 114, _____, _____, _____
9. Complete this counting pattern:
47, 59, 71, 83, _____, _____, _____
10. What is the difference between 68 and 22?

11. Divide 72 by 9. _____
12. What is the price after taking 50% off \$13?

13. What is $\frac{1}{8}$ of 80? _____
14. What is $\frac{1}{8}$ of 16? _____
15. Write these decimals in descending order:
0.20, 0.22, 0.54, 0.78 _____
16. Write these decimals in ascending order: 0.16, 0.10, 0.80, 0.12 _____
17. What is 6:19 am in 24-hour time? _____
18. If a square has a perimeter of 340cm, what is the length of a side? _____

19. Draw a line of symmetry on this square:



20. Which star has the lowest chance of being selected? Black or white? _____

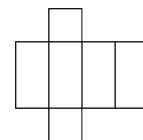


Tuesday

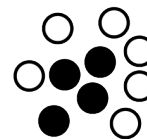
1. $51 + 81 =$ _____
2. $28 - 23 =$ _____
3. $5 \times 9 =$ _____
4. $48 \div 12 =$ _____
5. $8 \times 9 =$ _____
6. Round 2748 to the nearest thousand. _____
7. Write the smallest number you can using: 4, 9, 5, 1, 3, 3. _____
8. Complete this counting pattern:
49, 61, 73, 85, _____, _____, _____
9. Complete this counting pattern:
72, 84, 96, 108, _____, _____, _____
10. What is the sum of 99, 59 and 48? _____
11. Divide 132 by 11. _____
12. What is the price after taking 50% off \$44?

13. What is $\frac{1}{2}$ of 142? _____
14. What is $\frac{1}{3}$ of 9? _____
15. Write these decimals in descending order:
0.14, 0.89, 0.99, 0.34 _____
16. Write these decimals in ascending order: 0.59, 0.48, 0.52, 0.59 _____
17. How many minutes from 10 am to 4 pm? _____
18. The length of a square's sides are 1cm. What is its area? _____

19. What is the name of the 3D object this net forms?



20. Which circle has the highest chance of being selected? Black or white? _____



Wednesday

- $13 - 11 = \underline{\quad}$
- $81 + 45 = \underline{\quad}$
- $55 \div 5 = \underline{\quad}$
- $2 \times 8 = \underline{\quad}$
- $0 \times 3 = \underline{\quad}$
- Round 8417 to the nearest thousand. $\underline{\quad}$
- Write 37051 in words:
 $\underline{\hspace{2cm}}$
- Complete this counting pattern:
16, 21, 26, 31, $\underline{\quad}$, $\underline{\quad}$, $\underline{\quad}$
- Complete this counting pattern:
33, 37, 41, 45, $\underline{\quad}$, $\underline{\quad}$, $\underline{\quad}$
- What is the sum of 98, 98 and 96? $\underline{\quad}$
- What is the average of 9, 9 and 3? $\underline{\quad}$
- $\$2.00 + 5 \text{ cents} + \$1.00 = \underline{\quad}$
- What is $\frac{1}{3}$ of 21? $\underline{\quad}$
- What is $\frac{1}{3}$ of 27? $\underline{\quad}$
- Write these decimals in descending order:
0.29, 0.76, 0.14, 0.68 $\underline{\hspace{2cm}}$
- Write these decimals in ascending order: 0.59, 0.13, 0.57, 0.73 $\underline{\hspace{2cm}}$
- 8 hours = $\underline{\quad}$ minutes
- The length of a rectangle's sides are 52cm and 15cm. What is its perimeter? $\underline{\quad}$
- How many edges does a square-based pyramid have?



- Which star has the highest chance of being selected? Black or white? $\underline{\quad}$



Thursday

- $54 - 29 = \underline{\quad}$
- $94 + 22 = \underline{\quad}$
- $0 \times 9 = \underline{\quad}$
- $40 \div 5 = \underline{\quad}$
- $6 \times 2 = \underline{\quad}$
- Round 67022 to the nearest hundred. $\underline{\quad}$
- Write the numeral for fourteen thousand, one hundred and fifty-two: $\underline{\quad}$
- Complete this counting pattern:
27, 29, 31, 33, $\underline{\quad}$, $\underline{\quad}$, $\underline{\quad}$
- Complete this counting pattern:
99, 102, 105, 108, $\underline{\quad}$, $\underline{\quad}$, $\underline{\quad}$
- What is the sum of 15 and 85? $\underline{\quad}$
- What is the product of 4 and 11? $\underline{\quad}$
- $\$2.00 + \$1.00 + 10 \text{ cents} = \underline{\quad}$
- What is $\frac{1}{4}$ of 20? $\underline{\quad}$
- What is $\frac{1}{11}$ of 33? $\underline{\quad}$
- Write these decimals in ascending order: 0.75, 0.85, 0.37, 0.17 $\underline{\hspace{2cm}}$
- Write these decimals in descending order:
0.27, 0.33, 0.83, 0.40 $\underline{\hspace{2cm}}$
- If it was 2:51 in the morning, would you write am or pm? $\underline{\quad}$
- The length of a rectangle's sides are 4cm and 3cm. What is its area? $\underline{\quad}$
- How many edges does a cone have?



- Which star has the highest chance of being selected? Black or white? $\underline{\quad}$



Factors

Factors are whole numbers that can be multiplied with another number to make a new number. For example: the factors of 16 are: 1, 2, 4, 8 and 16.

In your workbook, answer true or false:

- a. 3 is a factor of 6
- b. 7 is a factor of 15
- c. 5 is a factor of 20
- d. 4 is a factor of 13
- e. 10 is a factor of 50
- f. 6 is a factor of 18

Write all the factors for the following numbers in your workbook:

- a. 20
- b. 12
- c. 18
- d. 25
- e. 49
- f. 64

Prime and Composite Numbers

Prime numbers are numbers that have only themselves and 1 as factors. For example: 2, 3, 5 and 7 are prime numbers but 4, 8 and 9 are not.

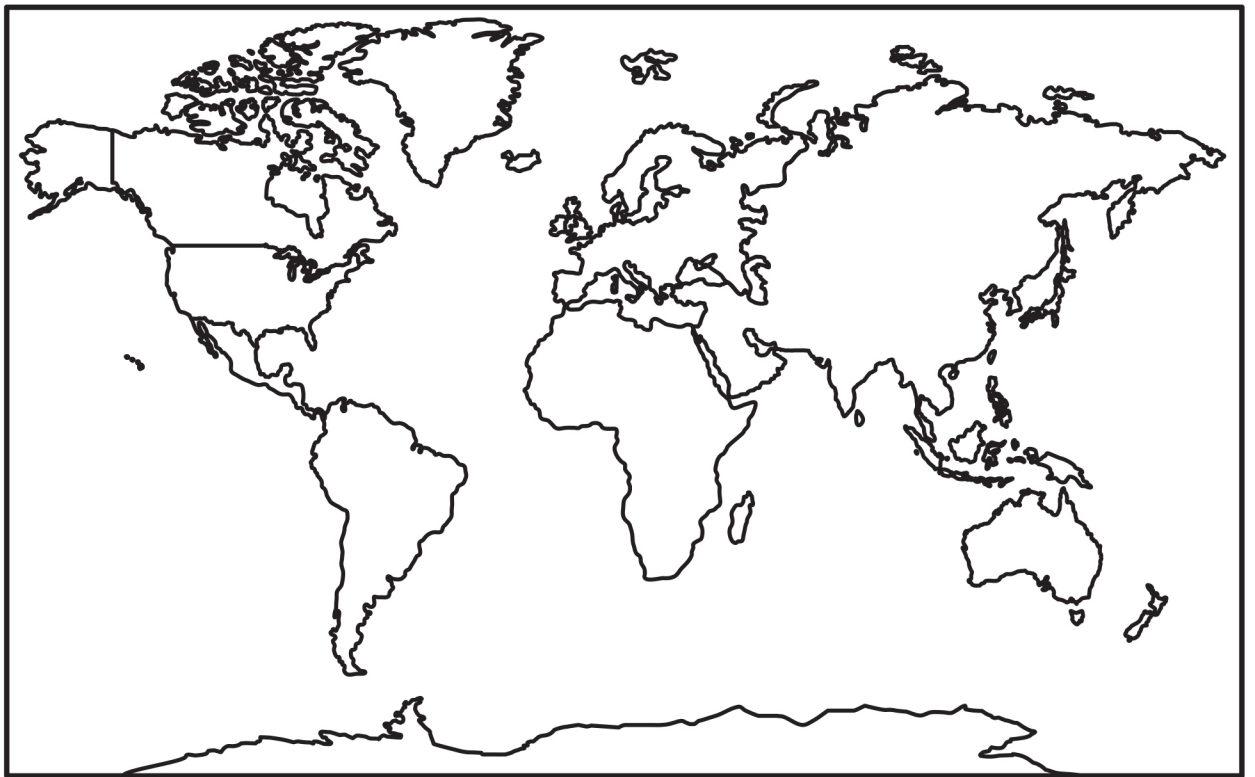
Composite numbers are numbers with more than two factors, e.g. 24 has factors of 1, 2, 3, 4, 6, 8, 12 and 24.

Write in your workbook the factors of these numbers, then write whether they are prime or composite.

- a. 8
- b. 7
- c. 9
- d. 11
- e. 18
- f. 16
- g. 23
- h. 17

Consider the following statements and explain in your workbook why you agree or disagree with these statements.

- a. All odd numbers are prime numbers.
- b. There are more composite numbers than prime numbers.



PERSONAL INFORMATION



NAME: _____

DATE OF BIRTH: _____

BIRTHPLACE: _____

NATIONALITY: _____

DATE OF ISSUE: _____

SIGNATURE:

PASSPORT



WORLD TRAVELER

About the Australian Dietary Guidelines

The Australian Dietary Guidelines give advice on eating for health and wellbeing. They're called dietary guidelines because it's your usual diet that influences your health. Based on the latest scientific evidence, they describe the best approach to eating for a long and healthy life.

What are the Australian Dietary Guidelines?

The *Australian Dietary Guidelines* have information about the types and amounts of foods, food groups and dietary patterns that aim to:

- promote health and wellbeing;
- reduce the risk of diet-related conditions, such as high cholesterol, high blood pressure and obesity; and
- reduce the risk of chronic diseases such as type 2 diabetes, cardiovascular disease and some types of cancers.

The *Australian Dietary Guidelines* are for use by health professionals, policy makers, educators, food manufacturers, food retailers and researchers, so they can find ways to help Australians eat healthy diets.

The *Australian Dietary Guidelines* apply to all healthy Australians, as well as those with common health conditions such as being overweight. They do not apply to people who need special dietary advice for a medical condition, or to the frail elderly.

What is the Australian Guide to Healthy Eating?

The *Australian Guide to Healthy Eating* is a food selection guide which visually represents the proportion of the five food groups recommended for consumption each day.

Why do we need Dietary Guidelines?

A healthy diet improves quality of life and wellbeing, and protects against chronic diseases. For infants and children, good nutrition is essential for normal growth.

Unfortunately, diet-related chronic diseases are currently a major cause of death and disability among Australians.

To ensure that Australians can make healthy food choices, we need dietary advice that is based on the best scientific evidence on food and health. The *Australian Dietary Guidelines* and the *Australian Guide to Healthy Eating* have been developed using the latest evidence and expert opinion. These guidelines will therefore help in the prevention of diet-related chronic diseases, and will improve the health and wellbeing of the Australian community.

How do I make healthy food choices?

There are many things that affect food choices, for example, personal preferences, cultural backgrounds or philosophical choices such as vegetarian dietary patterns. NHMRC has taken this into consideration in developing practical and realistic advice. Keeping the *Australian Dietary Guidelines* in mind will help your choice of healthy foods.

There are many ways for you to have a diet that promotes health and the *Australian Dietary Guidelines* provide many options in their recommendations. The advice focuses on dietary patterns that promote health and wellbeing rather than recommending that you eat – or completely avoid – specific foods.

Many of the health problems due to poor diet in Australia stem from excessive intake of foods that are high in energy, saturated fat, added sugars and/or added salt but relatively low in nutrients. These include fried and fatty take-away foods, baked products like pastries, cakes and biscuits, savoury snacks like chips, and sugar-sweetened drinks. If these foods are consumed regularly they can increase the risk of excessive weight gain and other diet-related conditions and diseases.

Many diet-related health problems in Australia are also associated with inadequate intake of nutrient-dense foods, including vegetables, legumes/beans, fruit and wholegrain cereals. A wide variety of these nutritious foods should be consumed every day to promote health and wellbeing and help protect against chronic disease.

Do the Australian Dietary Guidelines recommend that I only eat certain foods?

No. The *Australian Dietary Guidelines*, *Australian Guide to Healthy Eating* and consumer resources assist by helping you to choose foods for a healthy diet. They also provide advice on how many serves of these food groups you need to consume everyday depending upon your age, gender, body size and physical activity levels.

Evidence suggests Australians need to eat more:

- vegetables and legumes/beans
- fruits
- wholegrain cereals
- reduced fat milk, yoghurt, cheese
- fish, seafood, poultry, eggs, legumes/beans (including soy), and nuts and seeds.
- red meat (young females only)

Evidence suggests Australians need to eat less:

- starchy vegetables
- refined cereals
- high and medium fat dairy foods
- red meats (adult males only)
- food and drinks high in saturated fat, added sugar, added salt, or alcohol

Australian Dietary Guidelines Comprehension Questions

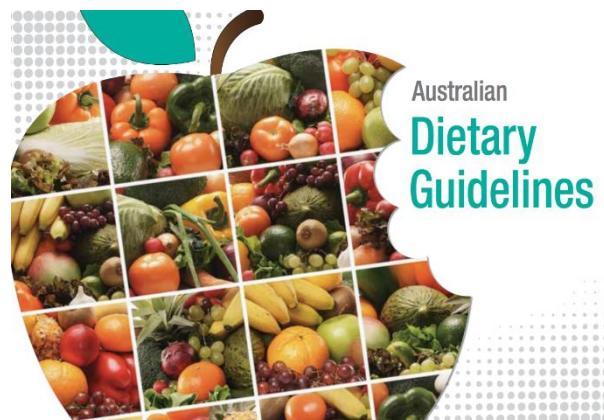
1. What was used to create the Australian Dietary Guidelines?

2. Who uses the Australian Dietary Guidelines?

3. What are some decisions a person can make to have healthy food choices?

4. What does the evidence suggest for Australians?

5. How can the Australian Dietary Guidelines be used by a person?



PANDORA'S PARTY PALACE

Snacks

\$5.95

Potato Chips
10 packets per pack



\$3.25

Sultanas
6 boxes per pack



\$5.50

Popcorn
10 packets per pack



Lunch Items

\$4.00

Chicken Nuggets
20 pieces per box



\$8.00

Mini Pizzas
6 pizzas per box



\$20.00

Sushi
20 rolls per pack



25% OFF

Sweet Treats

\$3.50

Chocolate Cupcakes
10 per box



\$5.99

Yoghurt Iceblocks
10 per box



\$2.18

Lollipops
Pack of 12



Drinks

\$2.75

Water
6 x 250 mL bottles



\$10.75

Lemonade
10 x 375 mL bottles



\$5.50

Juice
6 x 250 mL boxes



FOOD

PANDORA'S PARTY PALACE

Decorations

\$1.89

Party Hats
5 hats
per pack



\$2.80

Balloons
20 per pack



\$2.10

Streamers
2 rolls per pack



\$2.40

Bunting
1 x 3 m pack



\$1.68

Party Poppers
10 per pack



\$3.20

Party Blowers
10 per pack



Serving Supplies

\$2.50

Paper Plates
20 plates per pack



\$3.00

Paper Cups
25 cups
per pack



\$1.10

Straws
Box of 50



\$2.80

Plastic Tablecloth
1 per pack



\$1.50

Serviettes
100 per pack



\$4.50

Wet Hand Wipes
100 wipes
per tub



10% OFF

Decorations and Serving Supplies

PANDORA'S PARTY PALACE

Lucy is buying some sweet treats for a party. She needs at least 80 sweet treats, but she doesn't want more than 100.

What combinations of sweet treats could Lucy buy for the party?

List some possibilities.

Calculate the total cost of the sweet treats for Lucy's party.



PANDORA'S PARTY PALACE

Taylor's class was having an end-of-year party. Taylor was asked to bring the drinks. His budget for the drinks was \$40.

What combinations of drinks could Taylor buy for the class party?

List some possibilities.

Check that the drinks don't cost more than \$40.



PANDORA'S PARTY PALACE

Mario is planning a pizza party for his birthday. He needs 36 mini pizzas to feed his friends.

How many boxes of mini pizzas does Mario need to buy?

Calculate the total cost of the mini pizzas for Mario's birthday party.



PANDORA'S PARTY PALACE

Amy's friends came over to her place for a movie night. Amy bought 5 packs of popcorn to share with her friends.

How many snack-size popcorn packets did Amy have at her movie night?

Calculate the total cost of 5 packs of popcorn.



PANDORA'S PARTY PALACE

Mrs Small bought some party decorations for a surprise party for her class.

Mrs Small bought:

- 6 packs of streamers
- 4 packs of bunting
- 3 packs of party blowers.

How much did Mrs Small spend on decorations for the party?



PANDORA'S PARTY PALACE

Sam decided to buy sushi rolls and chicken nuggets for his birthday party. He wanted each guest to have 6 pieces of sushi and 6 chicken nuggets.

If Sam invited 12 guests, how many boxes of chicken nuggets and packs of sushi did he need to buy?

Calculate the total cost for Sam's party food.



PANDORA'S PARTY PALACE

Daniel and his family were going on a picnic with his cousins. Daniel's family was asked to bring the paper plates, cups and serviettes.

If there were 55 people were going to the picnic, how many packs of paper plates, cups and serviettes did Daniel's family have to buy?

How much did Daniel's family spend on serving supplies?



PANDORA'S PARTY PALACE

As a special treat, Mr Wright wants to buy his class lollipops.

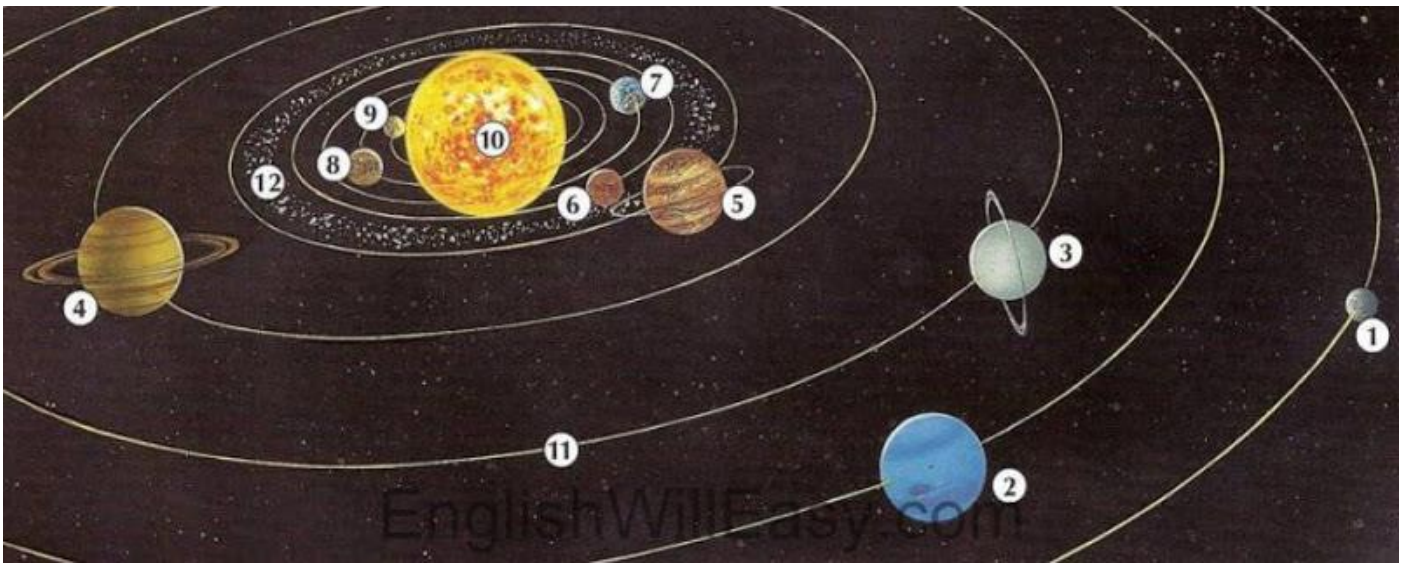
If there are 32 children in the class, calculate for Mr Wright:

- the total number of packs of lollipops
- the total cost of the lollipops.



Task 1: The Solar System

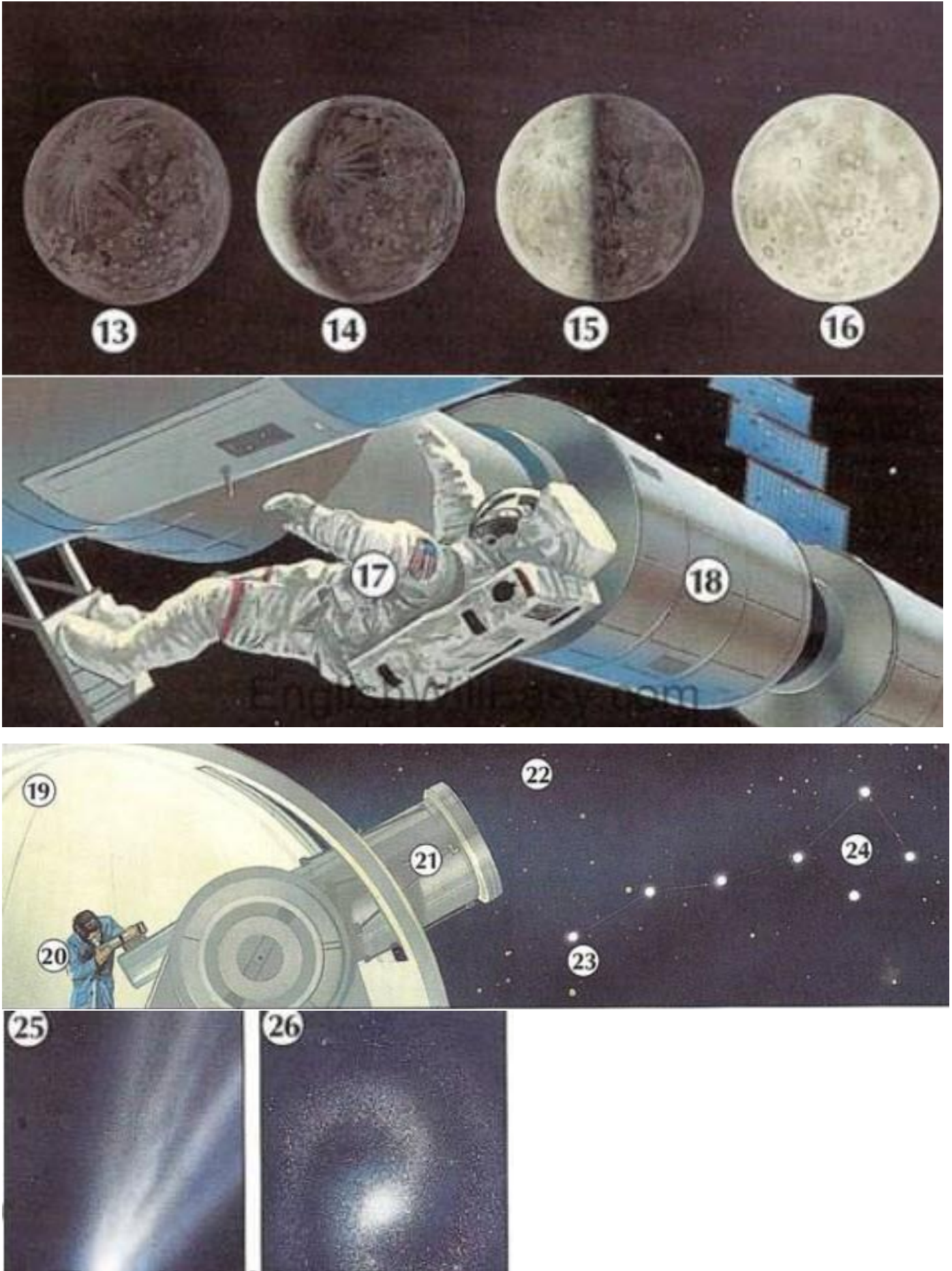
Predict the names of each celestial body (or space object) in the solar system, as represented by each number in the image. Use your prior knowledge to write as much information as you can about each space object. Draw a table in your book to record information.



Number	What is the object?	What do you know about the object?
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Extension (Optional)

Predict the names of the images numbered 13-26.



Audience and purpose quadrant analysis

Text: Australian Dietary Guidelines

<p>Purpose</p> <p>Does it inform, persuade or entertain? What type of text is this?</p>	<p>Audience</p> <p>Who is this written for?</p>
<p>Vocabulary</p> <p>Vocabulary evidence for purpose and audience</p>	<p>Subject matter</p> <p>What is the text about?</p>

☆ ☆ ☆ ☆ **VISAS** ☆ ☆ ☆ ☆

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☆ ☆ ☆ ☆ **VISAS** ☆ ☆ ☆ ☆

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WORLD
OUTLINE MAP



Kindness /Gratitude Comic Strip Template

Sample Comic Strip (for reference):



Title: _____

Name _____

Date _____

Prime and Composite Numbers (A)

- ① On the hundreds grid, circle all of the composite numbers and put a cross through all of the prime numbers.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

- ② Complete the factor tree, and then circle the prime factors for each number.



DRAMA *at home*

with Out of the Box

TELEPHONE FUN DRAMA

YOU WILL NEED:

A telephone or a prop that can be converted into a telephone. Even a banana will do!



This exercise can be done as a one-sided conversation, or you can join up with a drama pal online and do both sides of the conversation.

EXERCISE ONE

Let us see how many characters you can be when you answer that phone!

The phone is ringing...and, go!

For example: "Hello, Guiseppi's Pizza Paradise, how can I help you?"

EXERCISE TWO

This time, you will be the caller. Try the following:

- Phone your friend to gossip.
- Phone the neighbour to complain about their dog barking all night.
- Phone the police to report a strange activity in your neighbourhood.
- Phone to reply to a job advertisement.
- Phone to invite someone to go to the movies with you.

Create your own scenarios. Use your imagination!

HAVE FUN!

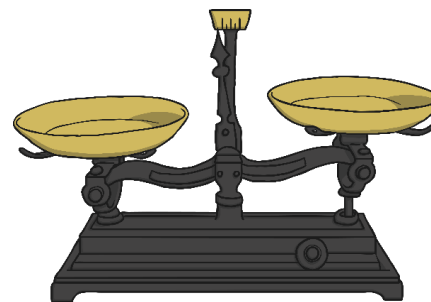
www.outoftheboxdrama.co.za

Why Do We Need Food?

Food keeps us healthy and help us grow.

Food gives us energy to be able to do things during the day.

Without proper nutrition, your body can't survive.



When you eat a balanced diet, your body obtains the fuel and nutrients it needs to function properly.

For example:

- Your body needs minerals to make hormones, build bones and regulate your heartbeat.
- Water is needed to flush out toxins, transport nutrients to cells and perform other vital bodily processes.

How Can We Make the Right Food Choices?

Food labelling

Nutrition labels can help you choose between products as they let you know whether the food is high in salt, fat or added sugars.

Colour-coded nutritional information tells you if the food has high, medium or low amounts of fat, saturated fat, sugars and salt.



Sugar 0.9g	Fat 20.9g	Sat Fat 10.8g
1%	29%	54%

LOW MEDIUM HIGH

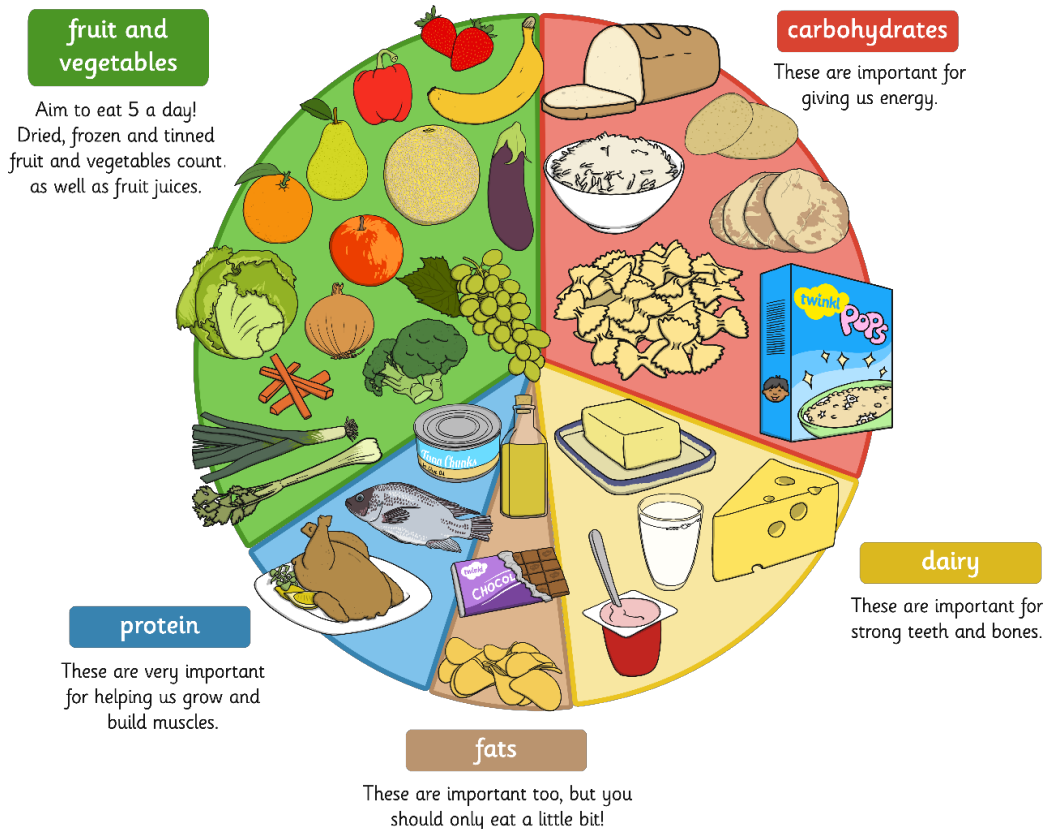
Green is a low amount, amber is a medium amount and red is a high amount. If you buy a food that has all or mostly green on the label, it's a healthier choice.

What Should We Be Eating?

'The Eat well Plate'

To be healthy, nutritious food is needed to provide energy for the body. A variety of food is needed in the diet because different foods contain different substances that are needed to keep you healthy.

An average meal should be made up of one-third carbohydrates and one-third fruit and vegetables, with the remaining one-third split between dairy, protein and a little bit of fat.



Healthy Eating Worksheet

1. Use the 'Australian Guide to Healthy Eating' to help you plan a day of healthy eating using the table.

Meal	Foods	Category (Tally)
Breakfast		Grain Foods: Vegetables: Lean Meats: Dairy: Fruit: Sometimes/Small Amounts:
Lunch		Grain Foods: Vegetables: Lean Meats: Dairy: Fruit: Sometimes/Small Amounts:
Dinner		Grain Foods: Vegetables: Lean Meats: Dairy: Fruit: Sometimes/Small Amounts:
Snacks		Grain Foods: Vegetables: Lean Meats: Dairy: Fruit: Sometimes/Small Amounts:

Total Number Of Servings Per Category:

Grain Foods:

Vegetables:

Lean Meats:

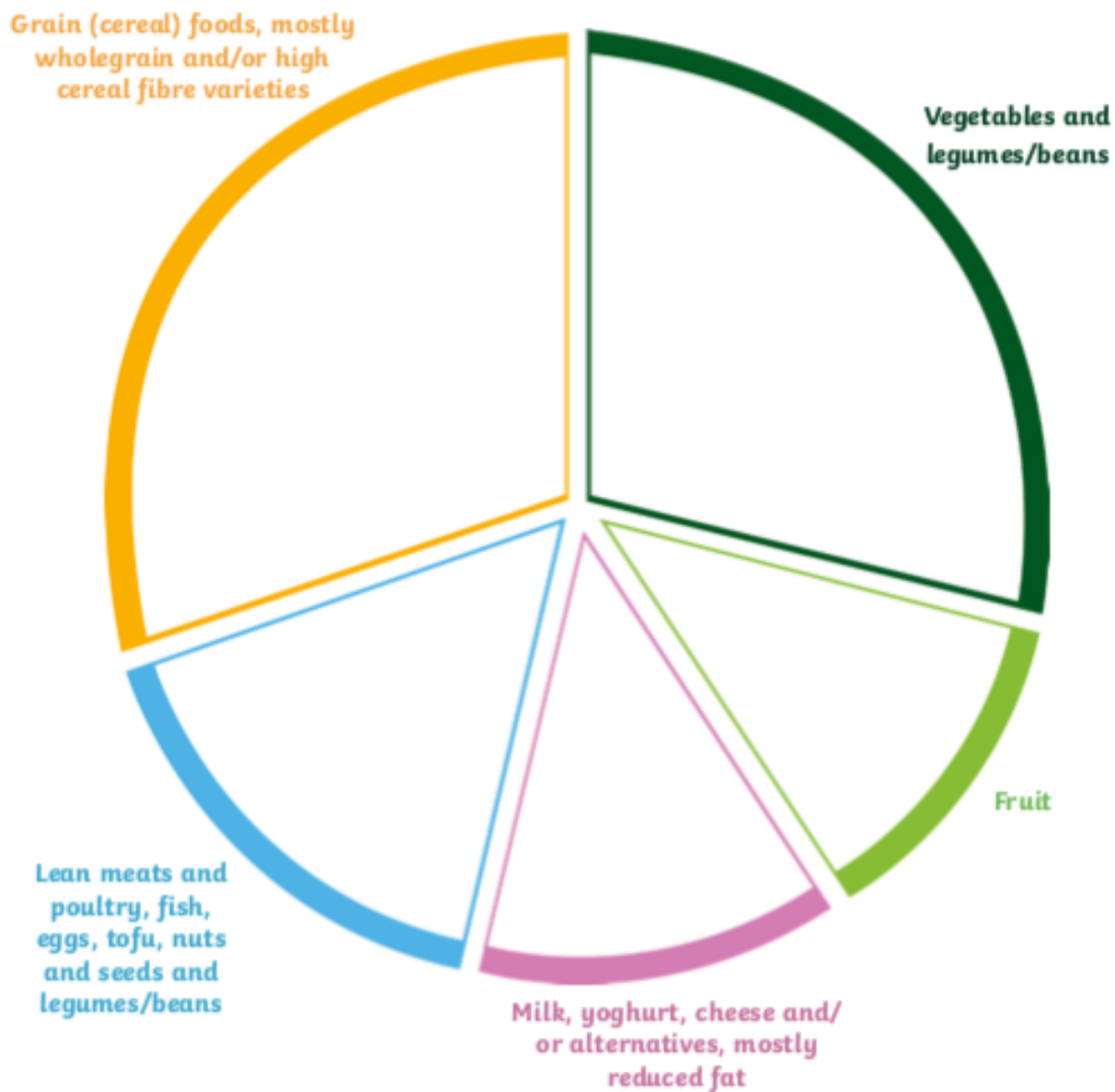
Dairy:

Fruit:

Sometimes/Small Amounts:

2. Do you think that the meal plan you have created is balanced and healthy? Why or why not?

3. Complete the healthy eating pie chart below by drawing and labelling the foods from your meal plan.



Use small amounts

Only sometimes and in small amounts

4. Compare your pie chart to the one from the 'Australian Guide To Healthy Eating'. List the similarities and differences between the two charts.
