Stage 1 (Year 1) – Learning From Home (Week 3)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>
	Follow video on striking (2): https://vimeo.com/4218862 13	Follow video on striking (3): https://vimeo.com/4345496 34	Follow video on foot skills and passing: https://vimeo.com/4488071 42	Follow video on bouncing and dribbling: https://vimeo.com/4422580 01	Follow video on skipping: https://vimeo.com/4163 47791
	OR	OR	OR	OR	OR
	Try to do each of these activities for 20 seconds without stopping. Take a 10 second break, then repeat this twice more.	Try to do each of these activities for 20 seconds without stopping. Take a 10 second break, then repeat this twice more.	Try to do each of these activities for 20 seconds without stopping. Take a 10 second break, then repeat this twice more.	Try to do each of these activities for 20 seconds without stopping. Take a 10 second break, then repeat this twice more.	Try to do each of these activities for 20 seconds without stopping. Take a 10 second break, then repeat this twice more.
	Activity One: Crab Kicks	Activity One: Crab Kicks	Activity One: Crab Kicks	Activity One: Crab Kicks	
	What: Sit on your bottom with your legs bent. Place your hands flat behind your bottom, pointing your fingers towards your heels,	What: Sit on your bottom with your legs bent. Place your hands flat behind your bottom, pointing your fingers towards your heels,	What: Sit on your bottom with your legs bent. Place your hands flat behind your bottom, pointing your	What: Sit on your bottom with your legs bent. Place your hands flat behind your bottom, pointing your fingers towards your heels,	Activity One: Crab Kicks What: Sit on your bottom with your legs bent. Place your hands

and push to lift your bottom off the ground. Kick one leg up in the air then place it down. Repeat with the other leg.



Modified: Keep your bottom on the ground, lift your knee to your chest, place it down, then lift your other knee to your chest and repeat.

Activity Two: Superman

What: Lay on your stomach with your arms and legs out straight. Lift your arms and legs off the ground like you are flying high in the sky like SUPERMAN!



Modified: Lift your arms off

and push to lift your bottom off the ground. Kick one leg up in the air then place it down. Repeat with the other leg.



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Activity Two: Superman

What: Lay on your stomach with your arms and legs out straight. Lift your arms and legs off the ground like you are flying high in the sky like the ground only.

Activity Three: Frog Jumps

What: Get down on the ground like you are about to do a push up. Bring both knees in to your elbows by jumping in to a squat position, keeping your hands on the ground. Get back into a push up position and repeat.



Modified: Bring one knee to the elbow, bring the other knee to the elbow then bring both feet back to push up position one at a time.

English

Record 1 minute of yourself reading a book of your choice for 10-15mins.

the ground only.

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Spelling:

SUPERMAN!



Modified: Lift your arms off the ground only.

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Spelling:

Watch the spelling instructional video - https://youtu.be/r9RaYn7 dM Q

Complete the spelling sheet by breaking your spelling words into their sounds and identifying any tricky parts that you need to remember.

Handwriting:

Read: The importance of good sitting

Complete the handwriting worksheet.

Letter focus: Aa

Speaking:

Plan and compose a short 2 min speech about your favourite place to visit.

Make sure you include lots of detail, covering who, what, when, where, why and how.

Spelling:

Pick an activity from your spelling grid and complete your look, say, cover, write, check.

Grammar:

Expanded Noun Groups

Complete the 'Expanded Noun Groups' worksheet by highlighting and creating your own expanded noun groups.

Handwriting:

Read: The importance of good sitting

Complete the handwriting worksheet.

Letter focus: Bb

Spelling:

Pick an activity from your spelling grid and complete your look, say, cover, write, check.

Comprehension:

Making inferences

Read the text and use it to make inferences by answering the questions on the worksheet.

Resources:

- A birthday invitation comprehension text (Sam's invitation)
- Making Inferences Worksheet (2 pages)

Handwriting:

Read: The importance of good sitting

Complete the handwriting worksheet.

Letter focus: Cc

Pick an activity from your spelling grid and complete your look, say, cover, write, check.

Handwriting:

Read: The importance of good sitting

Complete handwriting worksheet.

Letter focus: Dd

time.

English

Record 1 minute of yourself reading a book of your choice for 10-15mins.

Spelling:

Pick an activity from your spelling grid and complete your look, say, cover, write, check.

Optional: Ask someone to test you.

Writing:

Watch the following video about the Sydney Harbour Bridge

Record a video of yourself speaking about your favourite place to visit. Remember you should include details about where the exact location		
(state, country), what there is to do, and reasons why.		https://bit.ly/3klrTUc
		Using the Sydney Harbour Bridge Description Writing page, plan and compose an informative text that describes the Sydney Harbour Bridge.
		 What does the bridge look like? (Each part)
		 What materials are used to make the bridge?
		Where is the bridge located?
		Make sure to use adjectives to add

					details.
					Challenge: Use expanded noun groups and compound sentences in your writing.
					Handwriting:
					Read: The importance of good sitting
					Complete the handwriting worksheet.
					Letter focus: Ee
Break	Break	Break	Break		
	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>
Middle	Maths Mentals	Maths Mentals	Maths Mentals	Maths Mentals	Maths Mentals
	Problem Solving	Worksheet 1- Counting	Worksheet 1 - What comes next?	How to make a tangram	Tangrams 1.1: exploring quadrilaterals
	Read the problem and decide on the operation (addition or subtraction) you need to do to work out the answer. Write the	Count from 1 to 100. look at the hundreds chart and write the missing numbers to complete the chart.	Look at the worksheet and complete the numbers that come next to the given number. You can use the	With an adult collect: pair of scissors 1 square sheet of paper	View video Tangrams: exploring quadrilaterals - Video 2 and respond to the tasks.

number sentence (eg: 6 + 8 = 14) and then colour the answer.

Complete the worksheet.

Mangahigh: Login to www.mangahigh.com

Complete the assigned activity: Stage 1- Number and Algebra - Addition and Subtraction - "Perform addition word problems (up to 20)"

Worksheet 2- Backwards Strips

Complete the strips counting backwards. you can use the hundreds chart you completed earlier.

Mangahigh: Login to www.mangahigh.com

Complete the assigned activity: Stage 1 - Number and Algebra - Whole Number - "Count forward from any number (0 to 100)"

number chart from Tuesday if you need help.

Worksheet 2 - Greater Number

Look at the numbers and colour the number that is bigger.

Mangahigh: Login to www.mangahigh.com

Complete the assigned activity: Stage 1 - Number and Algebra - Whole Number - "Identify more, less and equal"

View video How to make a tangram with an adult and together make your own tangram.

Video <u>How to make a tangram</u>

https://sites.google.com/ed ucation.nsw.gov.au/getmathematical-stage-1/targeted-teaching/howto-make-a-tangram

Using all the pieces of your Tangram, try creating these formations!









Upload your formations on Seesaw. See if you can create your own.

Mangahigh: Login to www.mangahigh.com

Complete the assigned

Video <u>Tangrams:</u> <u>exploring quadrilaterals</u> <u>videos</u>

https://sites.google.com/education.nsw.gov.au/get-mathematical-stage-1/targeted-teaching/tangrams-exploring-quadrilaterals

How many different quadrilaterals can you make using your tangram pieces? Try making at least 1 quadrilateral with...

1 tangram pieces
2 tangram pieces
3 tangram pieces
4 tangram pieces
5 tangram pieces
6 tangram pieces
7 tangram pieces

Upload your quadrilaterals on Seesaw.

Mangahigh: Login to www.mangahigh.com

Complete the assigned activity: "Know the names of 2D shapes"

				activity: "Describe 2D shapes"	
Break	Break	Break	Break		
Afternoon	Science and Technology	PDHPE	Creative Arts	Geography	Catch up session for all incomplete tasks
	Earthworms Watch the video - Worms Are Wonderful	Read the book 'Grow Strong' by Cheri J. Meiners	Dance Footsteps:	LI: Finding places as we may get lost one day. SC: An address needs: - Name	·
	Worms Are Wonderful by Scishow Kids on Youtube		Follow the instructor and dance along to Kung-Fu Panda! Remember to record yourself and upload it on Seesaw!	House numberStreet nameSuburb or Town	
	Write down three interesting facts you learnt about earthworms. You must write in full		https://vimeo.com/43558 1186/1839ff357d Reflection:	- State - Postcode Watch The Journey of a Letter:	
	sentences. Complete the External	https://bit.ly/36DULPa	Complete the reflection - Kung-Fu Panda worksheet.	https://www.inquisitive.c om/video/847-the- journey-of-a-letter	
	Features of Earthworms Sheet.	Answer the following questions: - What healthy habits can		Look at the image of what a letter needs and decide which letters would be easily delivered:	
		we adopt to ensure a healthy body? - Why is it important to		https://i.imgur.com/a2ow1s C.png Record yourself and	

keep our body healthy? (Challenge: Provide at	upload onto Seesaw (the teacher will not publicly	
least 3 reasons in your	share any personal	
answer!)	information. This is solely for the purpose of learning about the importance of an	
Answers must be written in full sentences.	address incase we get lost one day).	
	 I can tell my teacher what my full home address is (remember to include what a letter needs). 	

Year 1 Spelling Words - Week 3

- Complete one activity every day from Tuesday to Friday
- Complete your Look, Say, Cover, Write, Check every day

Spelling Wor	ds - The digraph loy	I making the sound	oy' as in toy		
1. we	7. loyal	13. destroy	19. timing		
2. me	8. annoy	14. voyage	20. dynamic		
3. and	9. decoy	15. employ	Ž		
4. toy	10. mood	l 6. joyfully			
5. boy	11. music	17. gargoyle			
6. joy	12. actions	18. dancing			
Spelling Activities - Select one activity to complete per day.					
	These can be do	ne in any order.			
Typing	Word Meanings	Sounds and Colours	<u>Sentences</u>		
Type out your words. Print them out if possible and display them around your home.	Write out your words in a list. In your own words, describe what the word means.	Write your words out using coloured pencils or markers. Change colours for every sound. e.g. c a t	Write sentences using at least 5 spelling words. Can you include more than one spelling word in a sentence.		
Word Search	Make a Word	Find a Vowel	Fancy Writing		
Try and find your spelling words in your reading books.	Using newspaper or magazines, cut out letters to make your spelling words.	Write your spelling words using blue for consonants and red for vowels (a, e, i, o, u).	Write your words out in fancy writing or using special coloured pencils or pens.		
Find the Sp.	elling Pattern	<u>Pictures</u>	Dictionary Definitions		
coloured pencil, highlight the same in your words. Can y	list. Using a highlighter or spelling pattern that is the ou think of any other words tern? Write them down.	Draw a picture for your spelling words	Use a dictionary to find the meaning of you spelling words. If you do not have a physical dictionary, ask your family members or try searching online with adult assistance.		

Look, Say, Cover, Write, Check Wednesday Tuesday Thursday

	,	,	,
we			
me			

and

toy

boy

joy

loyal

annoy

decoy

mood

music

actions

destroy

voyage

employ

joyfully

gargoyle

dancing

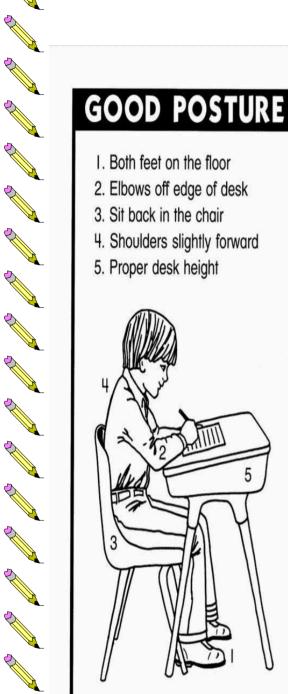
timing

dynamic

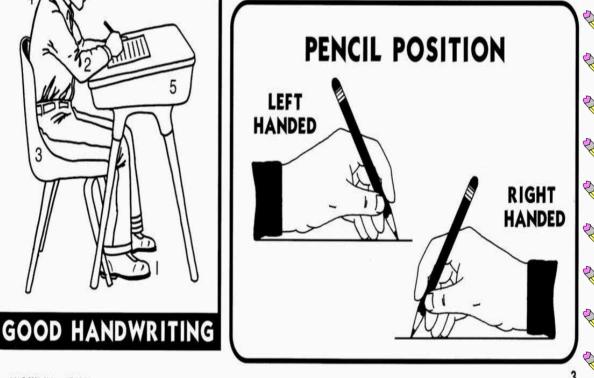
Friday

Spelling - Week 3 - Red Learning Intention: We are learning to understand words and phonemes Success Criteria:

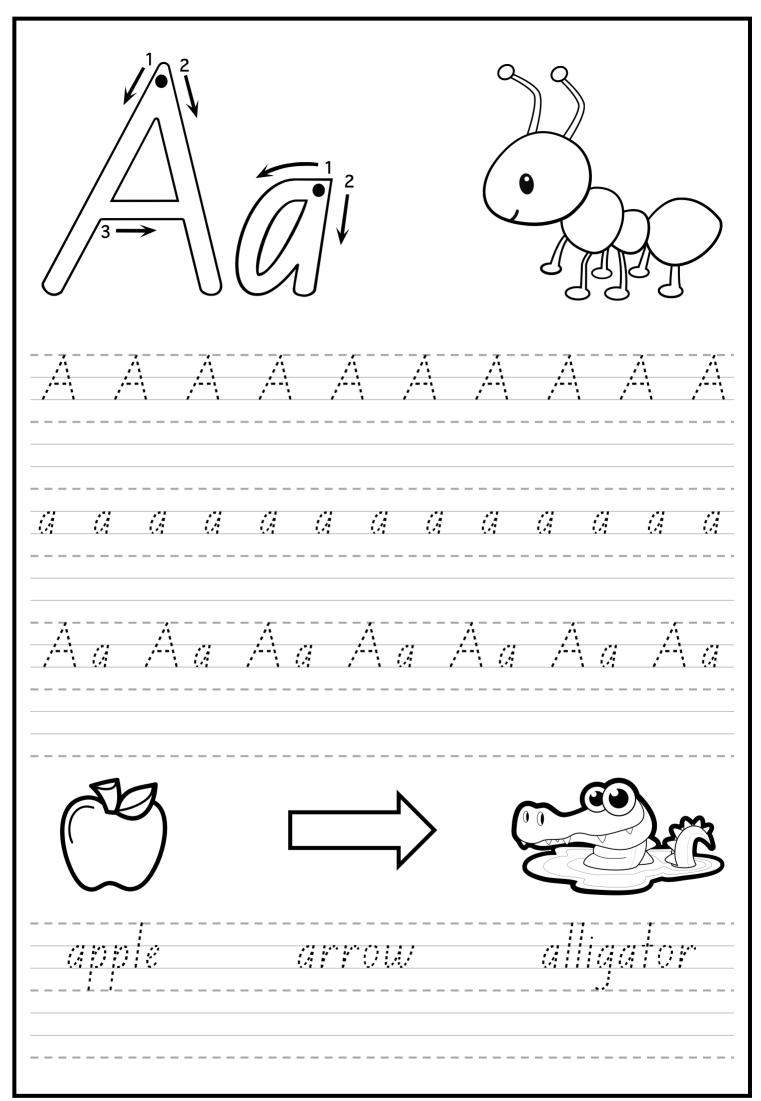
Success Criteria:							Write, s			t, write.	
I can ide	ntify words.							rite the y the w			
l can ide	ntify phonemes.						3. So	und it o	ut		
I can and	l can analyse words.						4. Count the sounds 5. Write the letters, then write the trick				
I can apply my knowledge to write words.						part again					
Write the word Say the word	■ VVrite the letters: hroben un in			into !	graphs, di	igraphs,	trigraph	s etc.	Tricky part?		
cowboy	4	С	ow	Ь	oy						oy
							-				
							-				
	-	_									_



PAPER POSITION LEFT HANDED RIGHT HANDED



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A fal cal sal on the mal and
Sauished an anis hai. The ani
Tell very saa. So ine cal ran
TO THE SHOPS AND APADDED A
new hat for the ant. The ant
was very happy. "hank you!"
the ant said to the cat.

Monday - Speaking Task - Planning Sheet
your speaking task this week you need to talk about your favourite place to vi

For your speaking	g Fask this week yo	ou need to talk abo	ut your favourite j	place to visit.			
Make sure that you talk about these things when presenting.							
	☐ Where is your favourite place? ☐ How did you travel to your						
☐ Who did you	·		avourite place?	J			
	☐ What does your favourite place look like? ☐ Why it is your favourite place?						
	•		Jan				
☐ When did yo	u go:	Planning					
Where is your	What does it look	Who did you go	How did you get	Why was it your			
favourite place?	like? 😡	with and when?	to your favourite	favourite place?			
		@	place? 🐼				
			l				

A good speaker maintains pace (how fast or slow you speak), eye contact (looking at the audience), volume (speaks clearly and loudly) and gesturing (small hand movements).









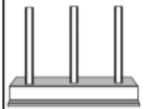
Monday

Fill in the missing numbers:

11 ____ 13 ___ ___

Solve these sums:

Show 34 on the abacus:



Count the tally marks and write the total:



Colour 1/2 of each shape:





Write the **digital** time:





Tuesday

Order these numbers from smallest to biggest:

17	7	27	72
S			F

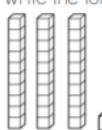
Complete these number sentences:

What comes **next** in these counting **patterns**?

2 4 6 __________

12 14 16 ____ ___

Write the total number:



Tens	Ones



Label these coins:







Draw a slide:



Colour the pencil on the left:





Wednesday

Г	January 2020						
*	NEAF	MONBAP	TURSDAY	1	2	3	4
Г	5	6	7	8	q	10	11
1	2	13	14	15	16	17	18
1	9	20	21	22	23	24	25
2	26	27	28	29	30	31	

How many days are in January?

What day is the 10th of January?

Count forwards:

41

Write the number before:

____ 26 ____ 20

____ 35 ____80

Colour the number sentences that equal 5:

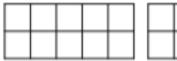
4 + 1	1 + 5	5 + 0		
3 + 3	2 + 3	3 + 2		

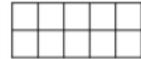
Double these numbers:

$$3 + 3 =$$

$$2 + 2 = _{-}$$

Show 13 in the ten frames:





___ = 13

Draw the hands on the clocks:



Thursday

Count backwards from these numbers:

24 ____ ___ ___

Match these number sentences to their answer:

7-3 10-4 9-4

Write these numbers in expanded form:

$$12 = 10 + 2$$

Colour the objects that are triangles:



Which is heavier:

Your water bottle Your pencil case

A glue stick A pair of scissors

A pencil An eraser

Colour the coins you would use to buy:



Friday

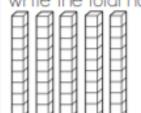
Count forward from these numbers:

18 ____ ___

39 ____ ___

Complete these number sentences:

Write the total number:



Tens	Ones





Order these numbers from smallest to

biggest:

13 34 43

31

Write the day that is after:

Monday _____

Wednesday _____

Friday _____

Label these coins:







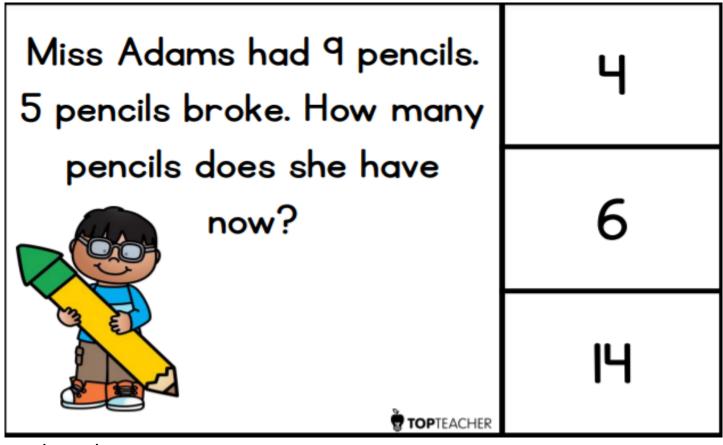
Write these numbers in standard form:

$$30 + 2 = 32$$

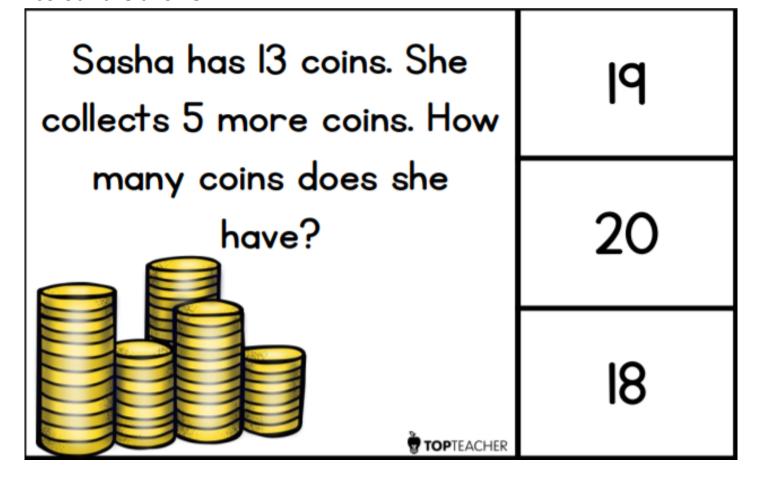


Monday

Problem Solving - Read the problem, write the number sentence and



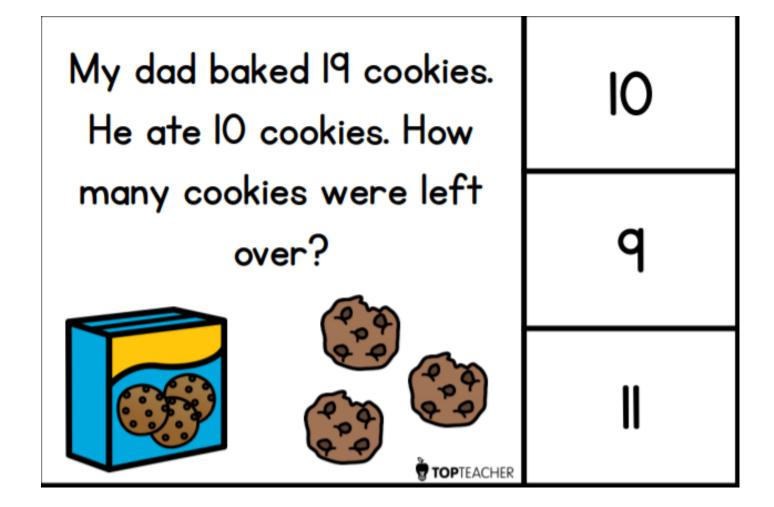
colour the answer.



The baker made 16 cakes.
She sold 8 of them. How many cakes were left?

8

12



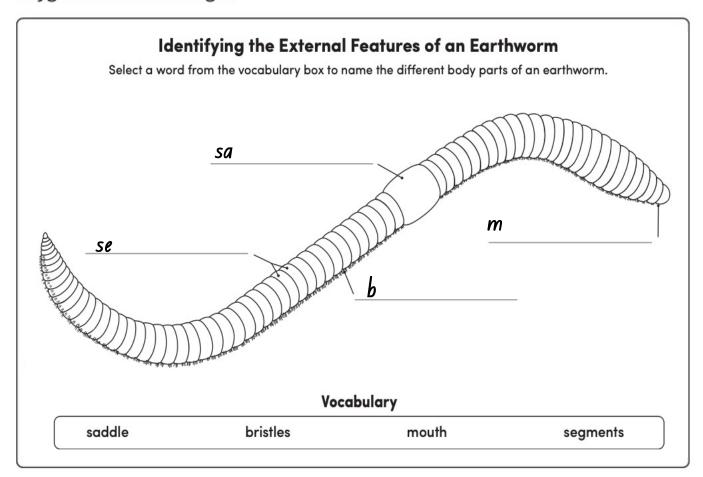
Identifying the External Features of an



Earthworms are very important for plants. They improve the soil by letting air into the soil and by recycling nutrients. There are many different types of worms. Free-living worms live in water and underground. Their bodies are very different to animals that live above the ground.

Earthworms have tube-shaped bodies that are made up of segments. Each segment has bristles to help them wriggle and move. Earthworms have a thick, bulgy segment on their body called the saddle. They use their saddle to form and look after their eggs. Earthworms do not have any bones in their body.

Earthworms do not have a nose, eyes, ears, legs or hands to feel. They have a mouth for eating lots of food that they find in the soil. They use their skin to 'feel' their way through the soil. Earthworms also use their skin to absorb oxygen and to sense light.



Expanded Noun Phrases

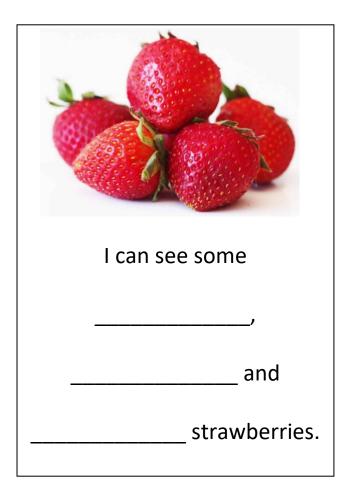
A note to parents: An expanded noun phrase gives more detail or information about a noun in a simple noun phrase. This is usually done by adding adjectives to describe the noun in the noun phrase, for example:

She walked through the dark, mysterious forest.

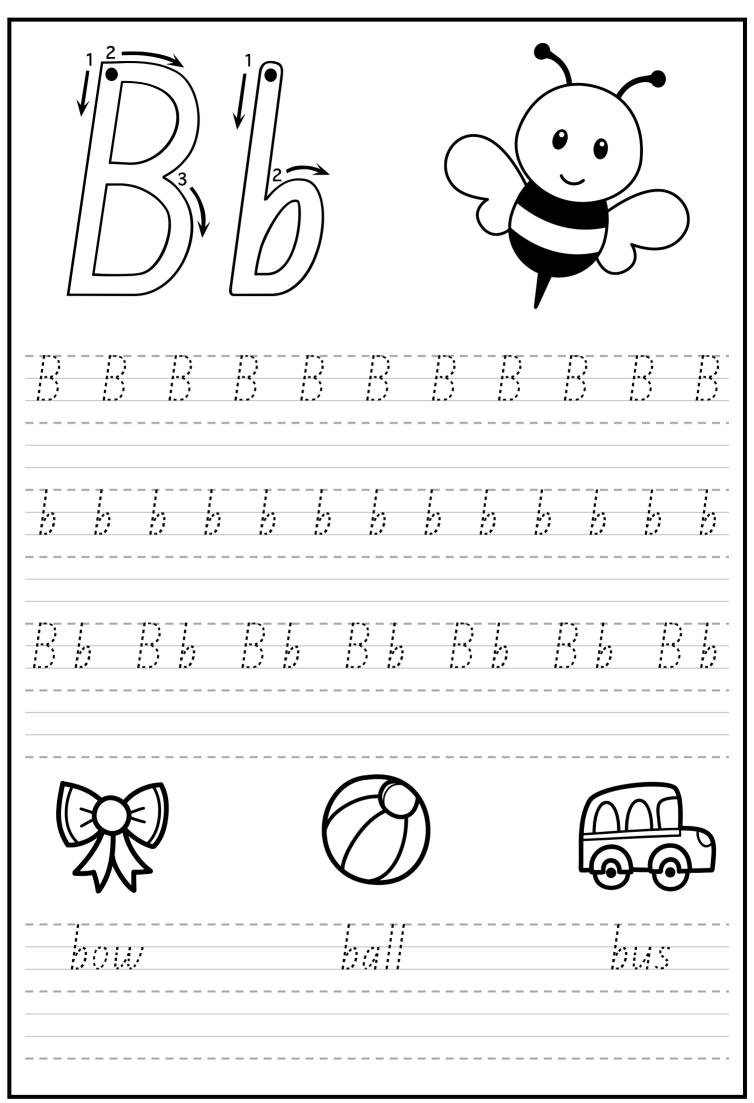
In the example above, the expanded noun phrase is 'the dark, mysterious forest', the words 'dark' and 'mysterious' have been used to expand the noun phrase. They make writing more interesting as they help the reader to build an image in their mind.

Read the following sentences. Underline or circle the **expanded noun phrase** in each sentence.

- 1. The brightly-coloured parrot flew through the canopy.
- 2. After his lunch, Harold ate a sweet, delicious chocolate brownie.
- 3. Under the waves, the stripy fish swam quickly through the reef.
- 4. In a forest clearing, a dark, mysterious jaguar sauntered by the water.
- 5. "Pass me the blue shoes please," Mum asked Sophia.
- 6. As John sat at the bus stop, he saw three large, black cars go past.
- 7. When he reached the top, the climber stared at the vast, breath-taking view.



There is a,
and
house.



Delly the burnblebee burnbed
ner nead as she buzzea around
The bushes. Are gou of
asked Ben The bug. I ve got
a bruise bul I'll be ok!" said
Belly. Beller be more careful
Delly, replied Den. Duzz duzzi

Tuesday

Name		0		- •t	()	(1.C) (S			
	the	missi		mber	_	H	1) (
	2	3		5	6		8		10
Ш			14		16	17		19	20
	22	23		25	26	27	28	29	
3		33	34	35			38		40
41	42			5	46	47		49	
51		53	54		56		58	59	60
	62	63			66	67		69	
71	72		74	75		77	78		80
81		83			86			89	
	92		94	95		97	98		IOO In the Body Both

Backwards to complete the number sequence.							
49	48		46		44	43	
32		30			27		25
	75	74		72	71		
28			25			22	21
60	59			56	55		
		84	83			80	
96	95				9		89
71		69		67		65	



Name:	Date:

Making Inferences

Making inferences when reading is using what you already know in your head and clues from the text to figure out what will happen next.

1.	Sam is making a splash for his 8th birthday!
	Come get soaked as we celebrate!
	What type of party is Sam having? How do you know?
2.	Food: Italian food
	What food might Sam be serving at his party?
2	Sam's party is due to finish at 5 pm
э.	Sam's party is due to finish at 5 pm.
	Why do you think this end time was chosen?

Name:	Date:

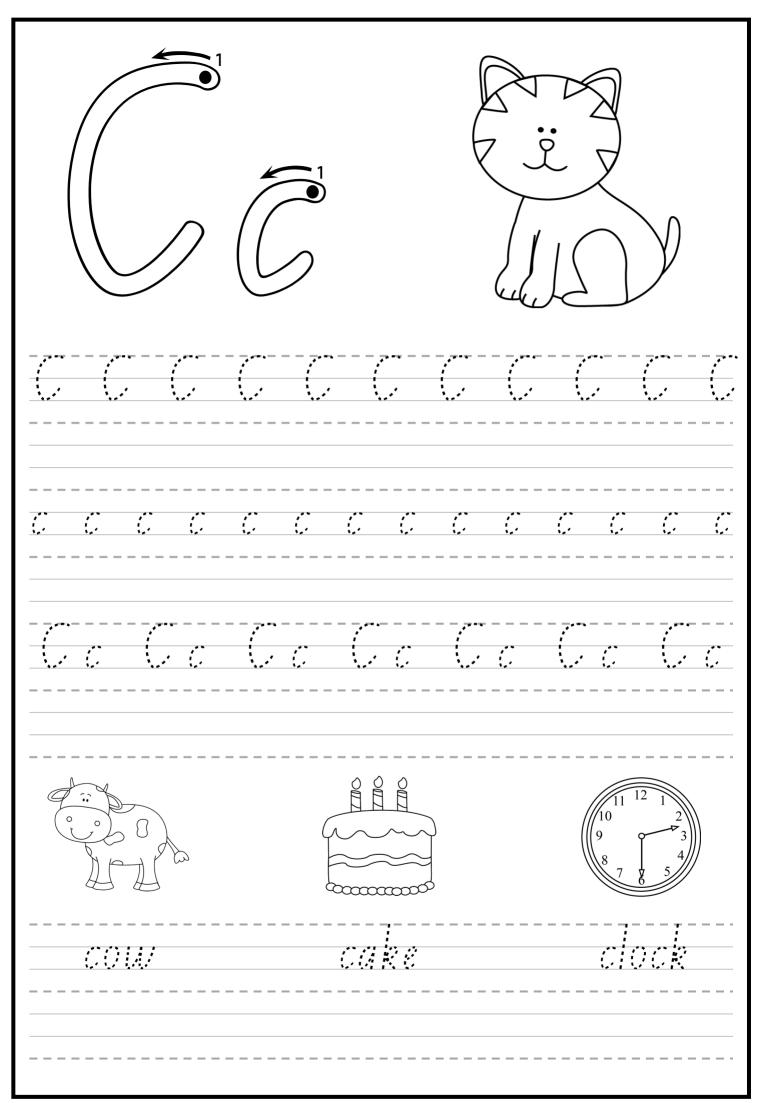
Making Inferences

- 4. Bring: Everything you need to jump in and get wet.

 In the box, draw some items you would need to take to the party.
- 5. Based on the information on the invitation, underline the events that will probably happen at Sam's birthday party.
 - a) Sam's dad will read Sam and his friends a bedtime story.
 - b) Sam will blow out the candles on his birthday cake.
 - c) Sam's sister will be given presents.
 - d) The guests will be served fried rice for afternoon tea.
 - e) Sam and his friends will swim in Sam's pool.

Answers

- 1. Sam is having a pool party, which is implied by the words 'splash' and 'soaked'. It is also implied by the items listed on the invitation.
- 2. Sam might be serving pizza, pasta, garlic bread and gelato.
- 3. Sam's friends might need to go home, have dinner, have a bath or shower and get ready for bed.
- 4. Items may include a swimming costume, a hat, goggles, sunscreen, a water bottle, spare clothes, a towel, a gift for Sam.
- Sam will blow out the candles on his birthday cake.Sam and his friends will swim in Sam's pool.



The clever cal crept along
The corridor quielly. Vynen
ner owner wasn't looking,
she shuck onto the bench
and pinched some bacon
without getting caught:
Cheeky call

Name: _____

What Comes Next?

Write the number that comes next.

16 ____

13____

24____







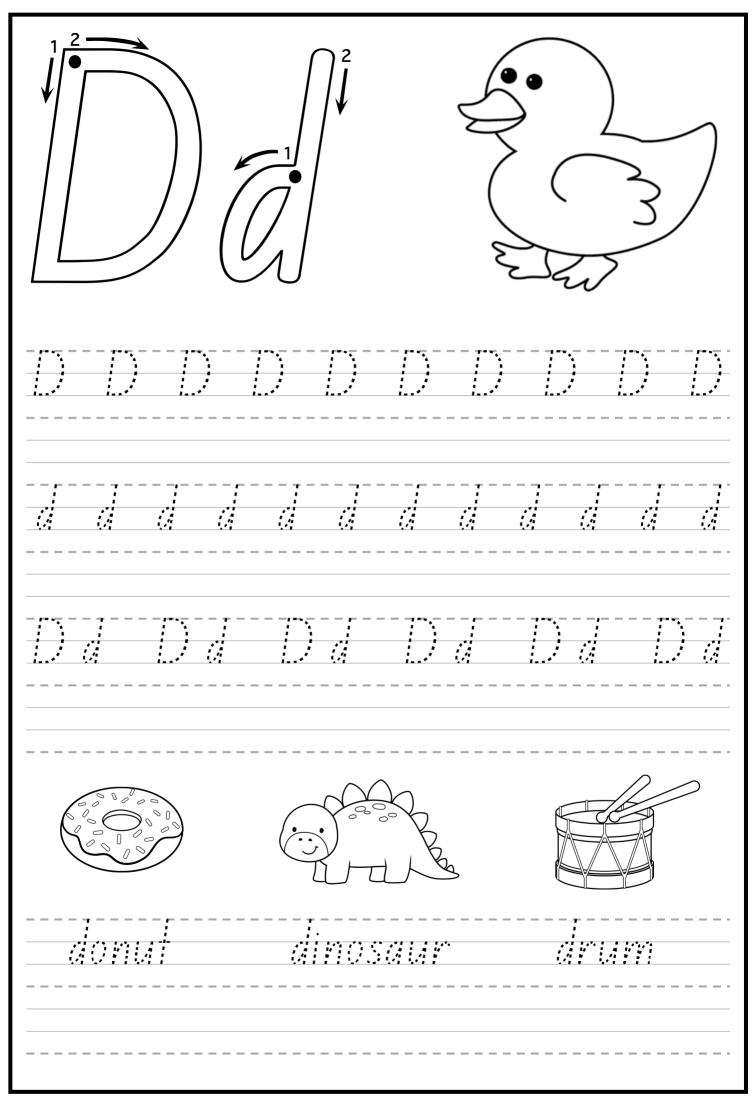
Burgon Akk

Name: Greate	r Numt	er Min
Colour the numbe		
(12)(10)	(5)(5)	(6)(D)
5 (18)		8 (14)
3 9	(H)(15)	(6)(6)
(13)(14)	(8)(8)	(13)(12)
(17)(7)	(6)	820
(1 9(1 5)	(<u>17</u>)	2
(10)(20)	(15)(12)	24/22
98	(12)(19)	21)(27)

Kung Fu Panda

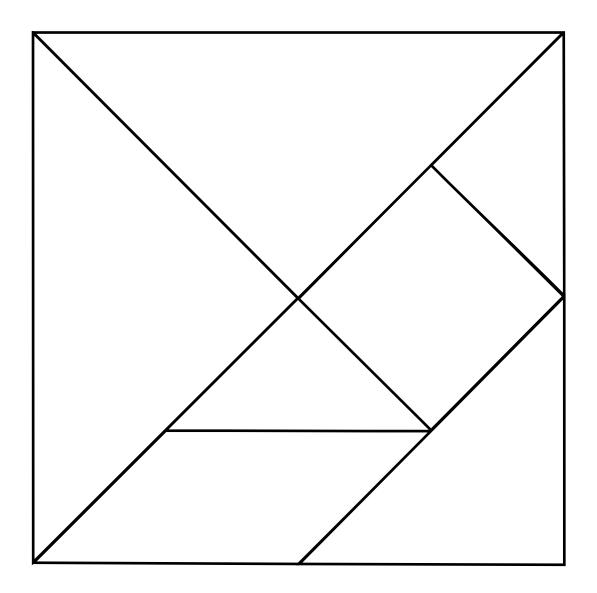
Today I tried my best	
I like dancing	
I was a good listener in dance	
I did what the teacher asked	
I put my hand up when I answered a question	

Daddy duck dived down
deep into the muddy
diamond. He dug it up.
But when he got out, he
accidentally dropped it
down the drain:



Tangram Template

Print out onto card and cut very carefully along the lines to separate the seven pieces.



Posting a letter seems easy, you just have to write the address on the envelope and put it in the post box.

But a lot happens to the letter after you post it and before the other person receives it.

Watch the video The Journey of a Letter.

In a small group. look at what a letter needs and decide which letters would be easily delivered.



B Chen Sydney NSW 2000

A Nguyen 10 Chapel Street Queensland 4 0 0 0



A letter needs:

- * a person's name
- * a house or unit number
- * a street name
- * a suburb or town
- * a state
- * a postcode

V Lee 2 Green Street Humpty Doo NT 0835





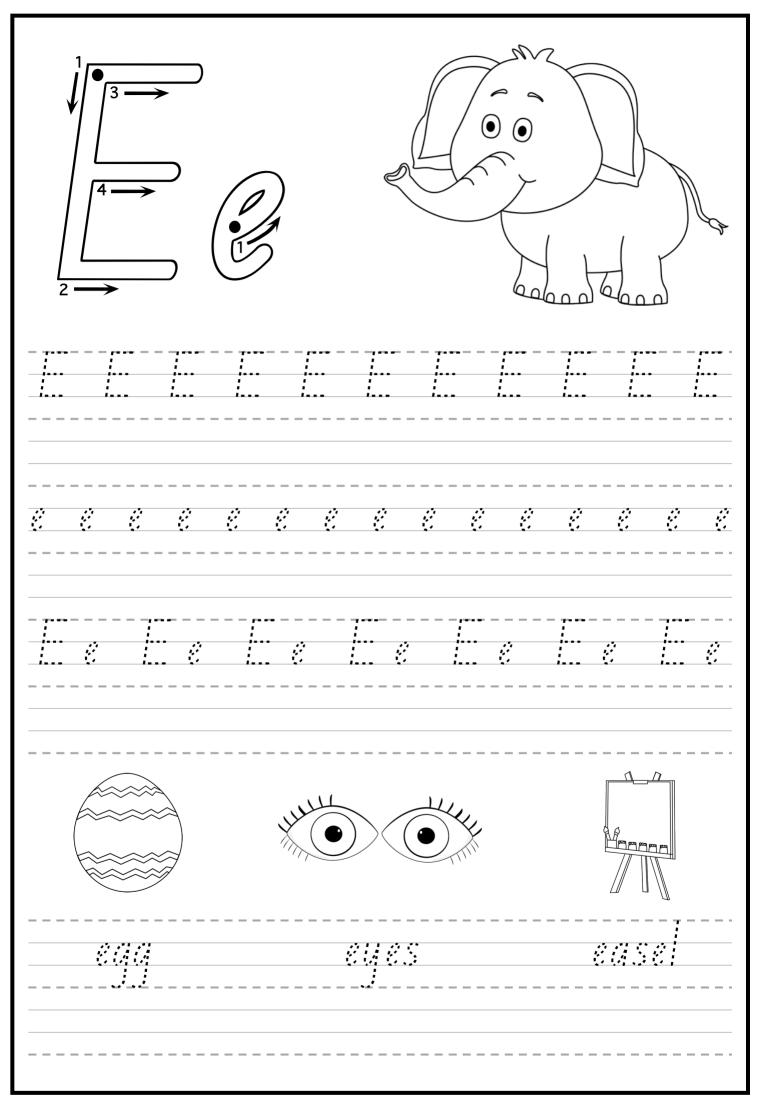
9 Address the letter to yourself.



9

O Inquisitive Pty Ltd

Wednesday — Sydr	ney Harbour Bridge —	Description — (Year 1)
		arch tower (abutments) deck



bumped her head because
she saw seven killens
dressed as chickens
dancing on their heads!
Vuch: she excluimed.