Name:	Class:	

Stage 1 (Year 1) – Learning From Home (Week 2)

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Morning</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>	<u>Fitness</u>
	https://www.youtube.co m/watch?v=d3LPrhl0v-w	https://www.youtube.com/ watch?v=SbFqQarDM50	Choose one of your favourite songs and have a dance party.	Practise vertical jumps. 20 x star jumps.	Practise catching a ball. Throw the ball up and try and catch with two hands.
	回然数回 35000000000000000000000000000000000000	国教技国 第22条9年	Do 10 star jumps. English	Plank for 30 secs or as long as you can.	How many times can you catch the ball without
			Record 1 minute of	Run on the spot for 1 min. <u>English</u>	dropping it?
	Practise hopping. How	Do 20 star jumna han an	yourself reading a book of your choice for 10-15mins.	Record 1 minute of yourself reading a book of	Too easy? Try catching with one hand.
	long can you keep your balance while hopping?	Do 20 star jumps, hop on the spot for 30 seconds on your left foot then 30	Pick an activity from the	your choice for 10-15mins.	English
	Practise skipping with a rope for 1 minute. Practise	seconds on your right foot English	weekly spelling grid and complete your Look, Say, Cover, Write, Check	Pick an activity from the weekly spelling grid and	Record 1 minute of yourself reading a book of
	side galloping for 30 seconds - make sure you keep your head up!	Record 1 minute of yourself reading a book of		complete your Look, Say, Cover, Write, Check	your choice for 10-15mins.
	English	your choice for 10-15mins.	Writing		Pick an activity from the
	Record 1 minute of yourself reading a book of your choice for 10-15mins.	Pick an activity from the weekly spelling grid and complete your Look , Say ,	Adjectives give the reader lots of information and detail. Using adjectives help our audience	Handwriting - Complete the handwriting sheet. Make sure you look at the	weekly spelling grid and complete your Look, Say, Cover, Write, Check
	,	Cover, Write, Check	visualise and picture what something looks like, feels	lines and form your letters using the correct	Optional - Ask someone to test



		,	,	
Spelling		like, smells like, tastes like,	formation.	you on your
Pick 3-5 of your favourite	Reading and	and acts like.		spelling words.
words from the spelling list	Responding		Editing – Rewrite the	
and write sentences using those words. Complete your Look, Say, Cover, Write, Check	A non-fiction text is a book that has real facts and is NOT made up.	Use the Butterfly Writing Planning Sheet to plan and label the insect.	passages Tom's Broken Leg, Windy Day, A Rainy Day and Show and Tell	Listening - Listen and Draw
Write, Officer			neatly into your workbook.	Have a mantinamina di avit
Speaking Task	Listen to the non-fiction	Write a description of the	Find the mistakes and correct them.	Have a partner read out the instructions on the
Use the speaking task	book 'Giraffes' and answer	insect using your plan.	Correct them.	Listen and Draw sheet.
planning sheet to plan and	the questions.	Make sure to use lots of		Carefully <u>listen</u> to all of the
compose a short 1 min	https://www.youtube.com/	adjectives to describe the butterfly.		instructions. Share a picture of your drawing to
speech about a significant	watch?v=HH9fTD3MR0o	butterny.		Seesaw.
woman figure in your life. It could be about your mum,				Brainbreak
aunty, grandma, or sister	Alternatively, respond to			Balloon chase. Blow up a
etc.	the following questions based on a non-fiction text			balloon. Try to keep the balloon up in the air
Record a video of yourself	of your choice.			without touching the
speaking about the special	Mhat was the book about?			ground for as long as you can. Alternative: use a
woman in your life.	What was the book about?			large soft ball.
Remember you should				
include the following details:	What was your favourite			English - continued
Name	part?			Grammar - Noun Groups
				-
 Relationship (e.g. mother and son) 	What was the most interesting fact that you			A simple noun group has an article (a, the), an
 How they look after 	read?			adjective (red, smelly) and a noun (cat, rubbish). We
you.				can improve our writing
How you show them you leve	Write down 3 things that			using noun groups to add
them you love	you learnt from reading the			detail. A simple noun

	 Their favourite colour, food and animal. Bonus: Why they are special to you and why you love them! 	book. Draw and label a picture of your focus topic.			group does not include a verb. It is not a complete sentence. Here is an example of a noun group. The black cat Here is an example of a complete sentence. It has a noun group in it. The black cat drinks milk. - drinks is the verb in this sentence. Complete the Noun Groups worksheet.
<u>Break</u>	Break	Break	Break	Break	Break
	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>	<u>Mathematics</u>
<u>Middle</u>	Math Mentals	Math Mentals	Math Mentals	Math Mentals	Math Mentals
	Whole Number Count from 1 to 100. Use the hundreds chart during practice of oral counting.	Whole Number Count from 1 to 100. Use the hundreds chart during practice of oral counting.	Complete the worksheet 'Number in Order' where you need to write the three numbers before and the three numbers after the given number.	Data Data is information. We collect data to help us find out about the world. We organise and record the data in different ways such	Data Data is information. We collect data to help us find out about the world. We organise and record the data in different ways such

	Complete 'Before and After' and 'Missing Numbers' worksheets. You can use the hundreds chart if you need some help to complete the worksheets.	Complete 'Missing Numbers' and '1 more and 1 less' worksheets. You can use the hundreds chart if you need some help to complete the worksheets.	You can use the hundreds chart if you need some help to complete the worksheet.	as charts, bar graphs, picture graphs and tally marks so that we can look at it easily and learn more. Complete the worksheet 'Chart'	as charts, bar graphs, picture graphs and tally marks so that we can look at it easily and learn more. Complete worksheets 'At the Pond'
<u>Break</u>	Break	Break	Break	Break	Break
Afternoon	Science and Technology	<u>PDHPE</u>	Creative Arts	<u>History</u>	Catch up session for all
	Humans Change and Grow Think about what you looked like when you were a baby. Have a look in the mirror and describe to someone in your family how have you changed? Complete the worksheet	Warning Signs: Discuss with your parent/carer the following questions: - What is a safe situation? Give one example. - What is an unsafe situation? Give one example. - Give examples of	Sorting Instruments See if you can name as many instruments as you can that can be scraped, shaken or hit. You can present this in your book in any way you like. Complete the Sorting Instruments worksheet. Singing: Sing along to	Places that tell us about the past Many places in our community can tell us about the past. Some of these places include museums, libraries, monuments and historic buildings.	incomplete tasks
	'How do Humans Grow? Timeline'. Cut pictures out from magazines, newspapers or draw to show how humans change as they grow.	how you and your body might feel in a safe situation. Give examples of how you and your body might feel in an unsafe	'How Far I'll Go' by Auli'i Cravalho. Post a video on Seesaw of yourself singing the song. Add your own dance moves. Drama: Role play yourself	Complete 'Discovering the past' worksheet.	

Think about what things could you do when you were a child? What things can you do now? Complete the 'Human Grow and Change Sorting Activity' worksheet. You can cut and paste or write in your answer.	Read the instructions and complete the worksheet. NO! GO! TELL! When we are in an unsafe situation, it is important to remember 'NO! GO! TELL!' Talk to a family member about what you think 'NO! GO! TELL!' means. Read the instructions and complete the worksheet.	playing different instruments and freeze in 'freeze frames' i.e. still positions. For example playing air guitar. Use your whole body and space. Ask someone to take a photo of you frozen, playing a variety of instruments and upload them onto Seesaw.		
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Year 1 Spelling Words

Complete one activity every day from Tuesday to Friday

same in your words. Can you think of any other words

with the same spelling pattern? Write them down.

Complete your Look, Say, Cover, Write, Check every day

1 3	J	<i>J J</i>	
Spelling W	ords - The graph li	I making the sound "	i" as in tin
1. tin	6. fit	11. swim	16. insect
2. in	7. with	12. flip	17. winner
3. it	8. thin	13. tricky	18. mistake
4. is	9. ship	14 tactic	19. improve
5. dig	10. sick	15. illness	20. fantastic
_	T	ne in any order.	· · · · ·
Typing Typing	Word Meanings	Alphabetical Order	<u>Pictures</u>
Type out your words. Print them out if possible and display them around your home.	Write out your words in a list. In your own words, describe what the word means.	Write your words in alphabetical order.	Draw a picture for your spelling words.
Word Search	Make a Word	Find a Vowel	Fancy Writing
Try and find your spelling words in your reading books.	Using newspaper or magazines, cut out letters to make your spelling words.	Write your spelling words using blue for consonants and red for vowels (a, e, i, o, u).	Write your words out in fancy writing or using special coloured pencils or pens.
Find the Sp	elling Pattern	Dictionary	<u>Definitions</u>
l	ı list. Using a highlighter or e spelling pattern that is the	l	the meaning of you spelling physical dictionary, ask your

family members or try searching online with adult

assistance.

	Look, Say, Cover, Write, Check				
Monday	Tuesday	Wednesday	Thursday	Friday	

Monday - Speaking Task - Planning Sheet

•	•	•	•	women figure in your t you talk about these
things when pro	•		n you raik about these n show them you love	
☐ Name of t	he person who loo	oks after you	them?	-
☐ What is yo	our relationship?(e.g. mother and so	on) 🔲 What is the	eir favourite colour,
☐ How do th	ey look after you	? Planning	food and ar	nimal.
Name of the	What is your	How do they look	How do you show	What is their
person 📀	relationship?	after you? 🍜	them you love	favourite colour, food
	8	·	them?	and animal? 🥯

A good speaker maintains pace (how fast or slow you speak), eye contact (looking at the audience), volume (speaks clearly and loudly) and gesturing (small hand movements).









Monday

4. Write the number showing 9 hundreds, 9 tens and 9 ones.

5. Complete this counting pattern:

6. Avery has 8 toy racing cars. David has 14 toy racing cars. How many more toy racing cars does David have? ____

7. If there were 6 fans at a rugby union game, 3 were wearing gold and the rest were wearing purple, how many were wearing purple?

8. Colour in half of these triangles.



9. What digital time does the clock show? ____



10. How many corners does this shape have?



Tuesday

4. Write these numbers in order from largest to smallest: 48, 59, 55, 96.

5. Complete this counting pattern:

6. In a group of 10 students, 3 would like to play softball and the rest want to play badminton. How many want to play badminton?

7. If there were 13 fans at a netball game, 7 were wearing red and the rest were wearing orange, how many were wearing orange? _____

8. What is the value of this coin?



9. What digital time does the clock show? ____



10. Circle the corners on this shape.



Wednesday

4. What is the value of the number in the tens place in 77?

5. Complete this counting pattern:

I, 6, II, I6, _____, ____, ____

6. Eli has 8 match sticks. Kayla has 10 match sticks. How many more match sticks does Kayla have?

7. What is the sum of 2 and 3? ____

8. Colour in half of these triangles.



9. At I o'clock, the hour hand points to _____.

10. What is the name of this shape?

Thursday

$$3.2 + 6 =$$

5. Complete this counting pattern:

6. Subtract 1 from 5: ____

7. If 12 cars are parked, 8 are orange and the rest are yellow, how many are yellow? ____

8. What is the value of this coin?



9. At 3 o'clock, the hour hand points to _____.

10. What is the name of this shape?



Friday

4. What number is made up of 4 hundreds, 5 tens and 8 ones? ____

5. Complete this counting pattern:

8, 18, 28, 38, _____, ____, ____

6. What does 6 plus 6 equal? ____

7. Add 9 and 3 together:

8. Draw a line to split this shape in half.

9. What digital time does the clock show? ____



10. How many sides does a pentagon have?



			Н	undre	ds C	hart			
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

62	105	83	103	46
qı	89	48	64	85
3		IOr	 	
		47		
•		90		
B		63		
		84		
	Befor	₹6 & 0	If ter	

missing numbers 34, ____, 36, ____, 38 23, 24, ___, 27 70, ____, 72, 73, ____ 55, ____, 57, ____, 59 62, ____, 64, ____, 66 37, 38, ____, ___, 41 44, ____, 46, 47, ____ 28, ____, 30, ____, 32 This was: Easy Just Right Hard

How Do Humans Grow? Timeline

Cut pictures out from magazines to show how humans change as they grow.

elderly	
	adult
teenager	
	child
toddler	
	baby

Human Growth and Change Sorting Activity - Worksheet	Science:	Monday

lame		Date
	<u> </u>	

Human Growth and Change Sorting Activity

Cut out the descriptions below. Paste each one into the correct column of the table on the next page.

r	r — — — — — ¬	г — — — — — ¬
cannot walk	has about 32 teeth	can drive a car
 	+	+ +
has no teeth	is losing baby teeth	is learning to ride a bicycle
 	+ +	+ +
is beginning to talk	milk is their only food	has a few teeth
 	+ +	+ +
body is fully grown	goes to school	has a nap during the day
1	I	l I

Human Growth and Change Sorting Activity - Worksheet	Science:	Mondai

Name	Date

Human Growth and Change Sorting Activity

A newborn baby	A toddler	A child	An adult



Answers

A newborn baby	A toddler	A child	An adult
cannot walk	is beginning to talk	is losing baby teeth	has about 32 teeth
has no teeth	has a few teeth	is learning to ride a bicycle	can drive a car
milk is their only food	has a nap during the day	goes to school	body is fully grown

Reading and Responding

Listen to the non-fiction book 'Giraffes' and answer the questions.





Uirattes are the		land animals in the wor
Their spots get	lighter as giraffes	get older. True or Fai
, ,	s have dark tongue	
The same growth	sark rongon	
<u> </u>	.1 1 1 1	<u> </u>
Uiratte s tavour	ite leaves can be t	ound on
What two anim	als are predators	to airaffes?
, , ,,,,, , ,,,,,,,,,,,,,,,,,,,,,,,,,,	The same productors	· · · · · · · · · · · · · · · · · · ·

- 6. Giraffes live in herds. True or False?
- 7. Write down 3 things that you have learnt from reading the book.

8. Draw and label a picture of a giraffe.

sing number

Fill in the missing numbers.

71	72		74		76	77	78	79	80
	82		84	85		87			OP
91		93		95		97	98	99	

42, ____ , 44, ____ , 46 , ____

17, 18, ____ , 21 , ____

83, ____ , 85, 86, ____ , ___

69, ____ , 71, ____ , 73 , ____

34, 35, ____ , ___ , 38

This was:

Easy Just Right

Hard

1 more 1 less

25,	, 45
62,	, 33
94,	, 48
37,	, 90
80,	, 69
46,	, 21
32,	, 63

This was: (Circle one) Easy

Just Right

Hard



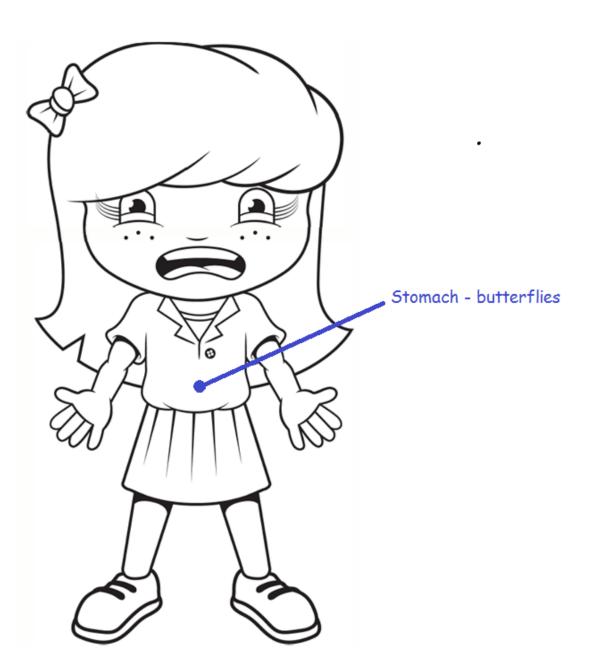
Being healthy, safe and active

Our feelings and body will react differently when we are in safe and unsafe situations. They give us warning signs to let us know whether a situation is safe or unsafe. It is important to know these 'warning signs' so that we can keep ourselves safe.

Activity 1: Label the picture using the given information. First example has been done for you.

My Body's Warning Signs

- Stomach butterflies
- Mouth dry
- Heart beats faster
- Fists clenched
- Skin goosebumps
- Armpits sweaty
- Palms sweaty
- Legs jelly/weak
- Chest breathing faster
- Toes curled
- All muscles tight and tense



Activity 2:

Activity 3:

Colour in safe feelings, body reactions and situations in in **green**. Colour in unsafe feelings, body reactions and situations in **red**. (Challenge: Add your own feelings/body reactions in the empty boxes.)

happy	uncomfortable	You are at the shopping centre with your family.	You are walking home alone and a car is following you.
sad	tummy feels sick	You are playing with friends in their backyard.	You are at school, learning with your teacher and other students.
embarrassed	sweaty body	A stranger comes to you and tells you to follow them.	A group of older children you do not know offers you something to drink.
heart racing	excited		
calm	miserable		

drawing.

Draw a picture of an unsafe situation that you have been in. Write one sentence to describe your



No. Go. Tell! - Year 1

Being healthy, safe and active

When we are in an unsafe situation, we need to remember to:

- 1. Say **NO**!
- 2. **GO** to a safe place.
- 3. **TELL** a trusted adult.

Activity:

Pretend that your parent is making you feel unsafe, practise saying "NO!" to them. Remember, your "NO!" needs to be loud and clear to stop them and hopefully scare them away!

List all your safety helpers (trusted adults) in the circle below. Think of different of trusted adults from different places:

- Home
- Shopping centre
- School



long antennae			

Number Order Write the numbers that come before and after.













The Brass Family

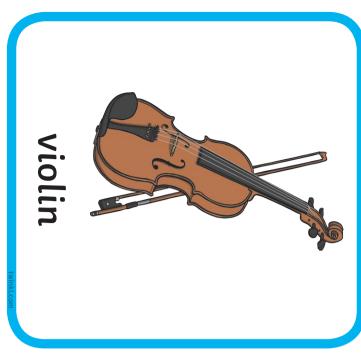
minbl oom



The Strings Family

inkl com

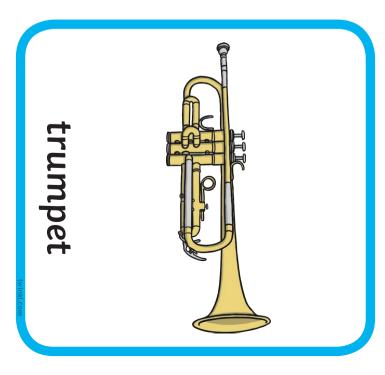


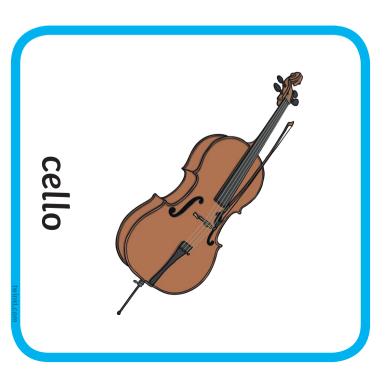


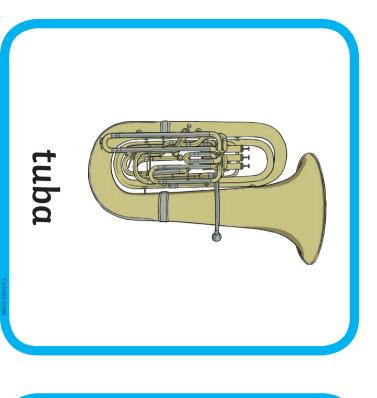


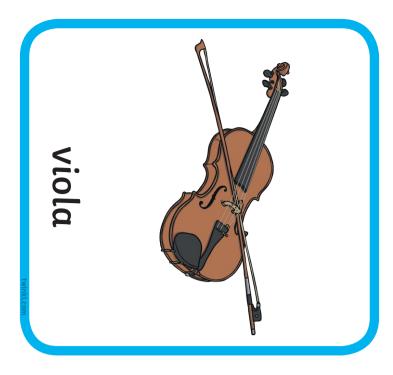
tambourine



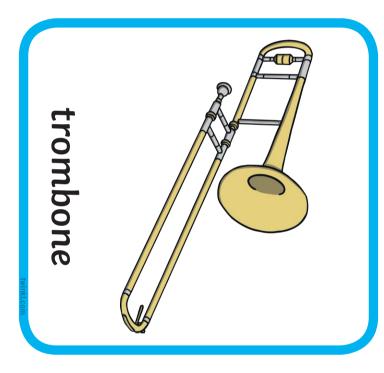


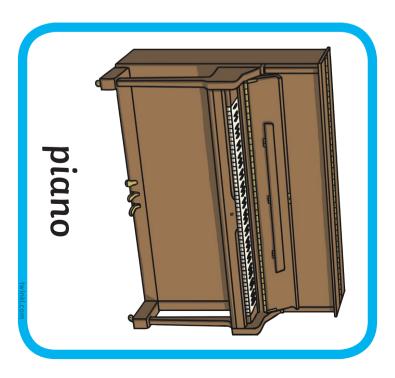


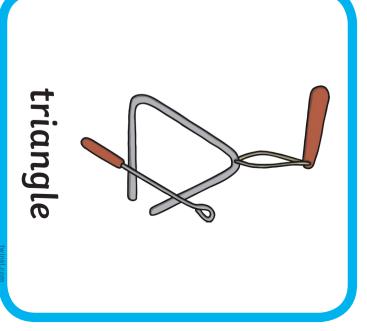


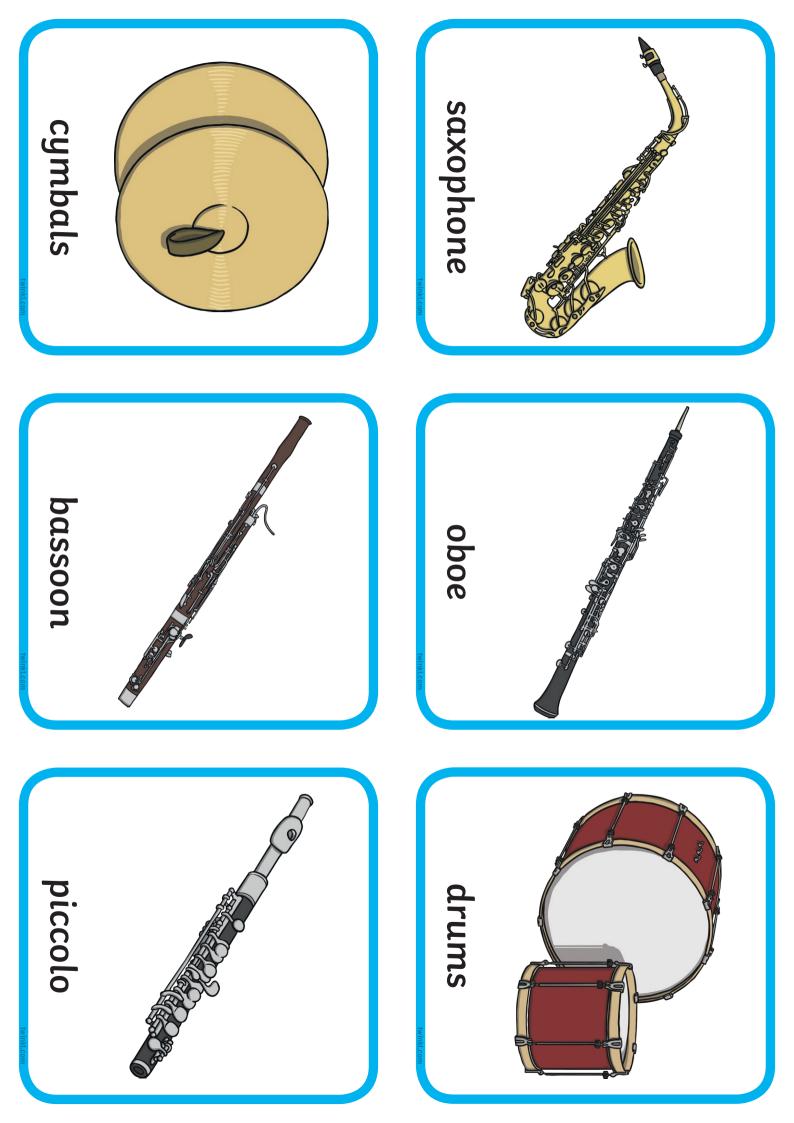


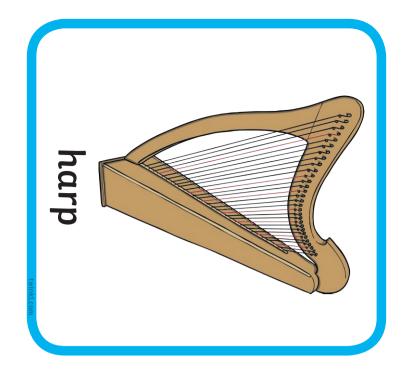




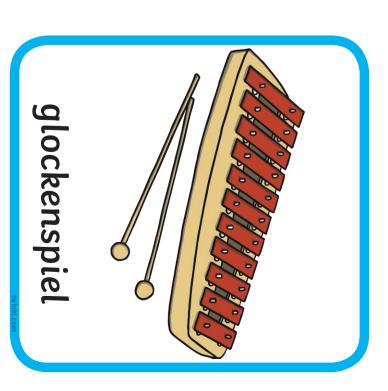








double bass



How Far I'll Go- Auli'l Cravalho

I've been staring at the edge of the water
'Long as I can remember, never really knowing why
I wish I could be the perfect daughter
But I come back to the water, no matter how hard I try
Every turn I take, every trail I track
Every path I make, every road leads back
To the place I know, where I can not go, where I long to be

See the line where the sky meets the sea? It calls me
And no one knows, how far it goes
If the wind in my sail on the sea stays behind me
One day I'll know, if I go there's just no telling how far I'll go

I know everybody on this island, seems so happy on this island Everything is by design
I know everybody on this island has a role on this island
So maybe I can roll with mine
I can lead with pride, I can make us strong
I'll be satisfied if I play along
But the voice inside sings a different song
What is wrong with me?

See the light as it shines on the sea? It's blinding
But no one knows, how deep it goes
And it seems like it's calling out to me, so come find me
And let me know, what's beyond that line, will I cross that line?

The line where the sky meets the sea? It calls me And no one knows, how far it goes

If the wind in my sail on the sea stays behind me One day I'll know, how far I'll go

Thursday Thursday Thursday Thursday Thursday Thursday Thursday Thursday Thursday Thursday

Nine numbats are in a nest. Nine numbats
are in a nest.



Tom's Broken Leg

my brother tom broke his leg playing soccer He haz a red crutch to help hiim walk.



Find 2 spelling mistakes. Add 2 capital letters and 1 full stop.



2 Windy Day

it was a really windy day on Sonday. kate and ben tok their kite to the park to fly it



Find 2 spelling mistakes. Add 3 capital letters and 1 full stop.



A Rainy Day

the sky started to tern grey. Rain started to fall on my head. i poot up my favourite umbrella



Find 2 spelling mistakes. Add 2 capital letters and 1 full stop.



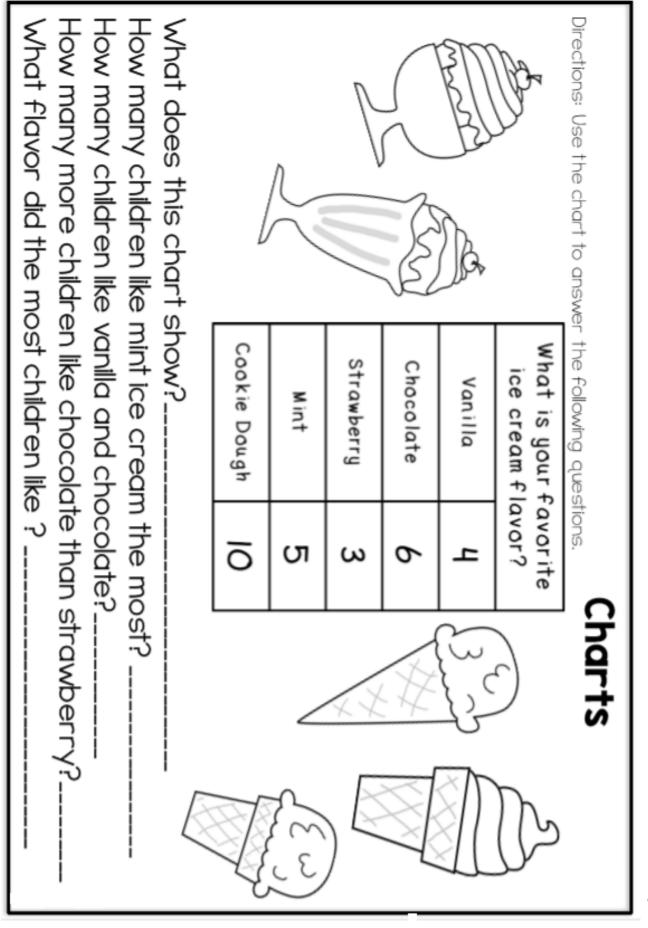
(4) Show and Tell

for show and tell tooday
Bill brought his cat. his
name is called Snowflake.
Snowflake likes big huggs



Find 2 spelling mistakes. Add 2 capital letters and 1 full stop.

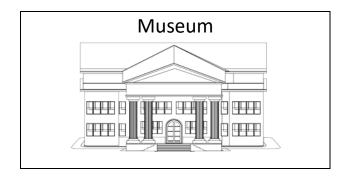




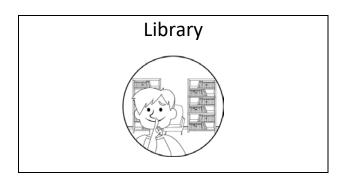
Discovering the Past

Many places in our community can tell us about the past. Some of these places include museums, libraries, monuments and historic buildings.

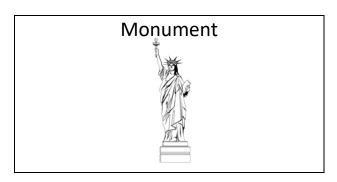
Draw lines to match each place in the community with its description.



A structure that has been built in memory of an important idea, person or event.



A building that holds valuable information about the history of a community.



A place where objects from the past and present are collected and displayed.



A place where books, music, films and records from the past are kept safe.

Friday - Listening

You need a partner to read the directions to you. Once you have finished your drawing, you can colour it and upload a photo to Seesaw.

Make sure you listen very carefully to the instructions. Listen to the whole instruction before you start drawing. Ask your partner to repeat the steps if you need them to.

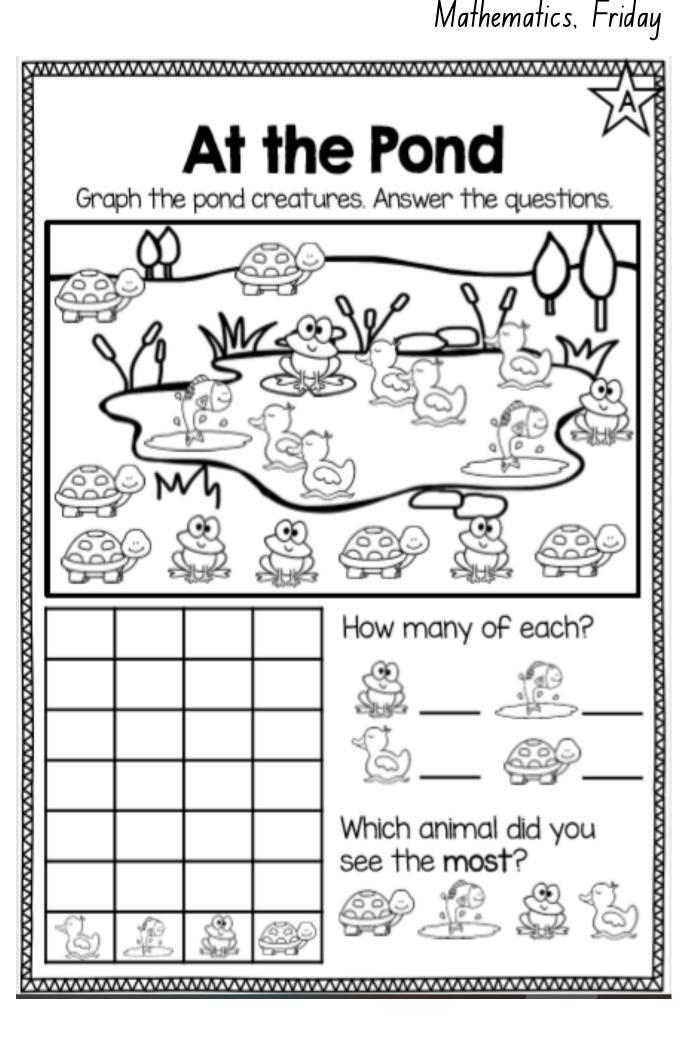
- 1. Draw two small circles in the middle of your paper with a two-finger space between them.
- 2. Draw a smaller circle in the top right of each circle.
- 3. Draw a smaller circle in the bottom left of each original circle.
- 4. Colour the space in the original circle. Leave the smaller circles white.
- 5. Draw a small curved line for a mouth, in between the two eyes.
- 6. Draw a big circle around the eyes to make a face.
- 7. Draw an upside—down U on top of the face to make the body. Make sure it connects to head. It should look a bit like an egg with eyes down the bottom.
- 8. Draw a straight line from the top of the upside—down U to the top of the big circle.
- 9. Draw 3 small circle in each side of the upside—down U. Colour them in black.
- 10. Draw 3 straight lines on each side of the upside—down U to make 6 legs,
- 11. Colour your bug's body in red. Colour the face in grey.
- 12. What bug did you draw?

Friday — Grammar - Noun Groups
Cut and paste the sentences and noun groups. Sort them into the columns. Colour the verbs in green. Colour the noun groups in red.

e.g. The black car	The black cal arms milk.
Noun Groups	Complete Sentences

Friday — Grammar - Noun Groups

The big, black cat	The little brown dog jumped over the fence.
The big, orange cat sat on the mat.	A small, brown, fluffy dog
The red scissors cut the paper.	The shiny, metal bucket
A red ball	The long pencil fell on the floor.
A strong lion roars in the jungle.	The gigantic tower
The soft, warm blanket	The little mouse ran up the clock.
A beautiful butterfly flies to the flower.	A sour, juicy lemon



At the Pond

Answer the questions about the data you collected.

I. Which animal did you see the most of?









2. Which animal did you see the least of?









- How many pond animals did you see in all? pond animals
- 4. Which 2 animals did you see the same of?

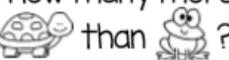








5. How many more



6. How many more