




Stage 1 (Year 1) – Learning From Home (Week 1)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>Fitness</p> <p>Practise vertical jump. Create an obstacle course with different heights in your backyard and try and jump over them.</p> <p>Run on the spot for 30 seconds.</p> <p>English</p> <p>Record 1 minute of yourself reading a book of your choice for 10-15 mins.</p> <p>Spelling</p> <p>Pick 3-5 of your favourite words from the spelling list and write sentences using</p>	<p>Fitness</p> <p>Balloon chase. Blow up a balloon. Try to keep the balloon up in the air without touching the ground for as long as you can. Alternative: use a large soft ball.</p> <p>Do 30 side-to-side jumps.</p> <p>English</p> <p>Record 1 minute of yourself reading a book of your choice for 10-15 mins.</p> <p>Pick an activity from the weekly spelling grid and complete your Look, Say, Cover, Write, Check</p>	<p>Fitness</p> <p>Practise hopping. Hop like a:</p> <ul style="list-style-type: none"> - frog to a lilypad - kangaroo over rocks - rabbit in a zigzag direction out of the bushes - horse that gallops to a river then leaps over it <p>English</p> <p>Record 1 minute of yourself reading a book of your choice for 10-15 mins.</p> <p>Pick an activity from the weekly spelling grid and complete your Look, Say,</p>	<p>Fitness</p> <p>Practise skipping with a skipping rope. How many times can you skip without stopping?</p> <p>Plank for 30 seconds.</p> <p>English</p> <p>Record 1 minute of yourself reading a book of your choice for 10-15 mins.</p> <p>Pick an activity from the weekly spelling grid and complete your Look, Say, Cover, Write, Check</p> <p>Handwriting – Complete</p>	<p>Fitness</p> <p>Choose one of your favourite songs and have a dance party.</p> <p>Do 10 star jumps.</p> <p>English</p> <p>Record 1 minute of yourself reading a book of your choice for 10-15 mins.</p> <p>Pick an activity from the weekly spelling grid and complete your Look, Say, Cover, Write, Check</p> <p>· Optional – Ask</p>

	<p>those words. Complete your Look, Say, Cover, Write, Check</p> <p>Speaking Task</p> <p>Use the speaking task planning sheet to plan and compose a short 1 min speech about your favourite animal.</p> <p>Record a video of yourself speaking about your favourite animal. Remember you should include details about what your animal looks like, where it lives, what it eats, and why it is your favourite animal.</p>	<p>Reading and Responding</p> <p>Listen to the story and answer the following questions. Alternatively respond to these questions based on a book you have read.</p> <p>Clark the Shark</p>  <p>https://bit.ly/2NV1811</p> <p>Who were the characters in the story?</p> <p>Who was your favourite character and why?</p> <p>How do you think the character was feeling when.... How do you</p>	<p>Cover, Write, Check</p> <p>Writing –</p> <p>Watch the Nat Geo Kids video about tigers</p> <p>https://bit.ly/3kg3tt7</p>  <p>Year 1 – Using the Tiger Descriptive Planning sheet, plan and compose an informative text that describes what tigers look like. Describe their body parts, e.g. what type of claws do they have? Make sure to use adjectives to add detail.</p>	<p>the handwriting sheet. Make sure you look at the lines and form your letters using the correct formation.</p> <p>Editing</p> <p>Rewrite the passages Birthday and Invitation neatly into your work or homework book. Follow the instructions.</p>	<p>someone to test you on your spelling words.</p> <p>Listening</p> <p>Year 1 – Colour Me Carefully</p> <p>You can play the barrier game with a family member.</p> <p>Grammar – Recipe</p> <p>Look at the recipe for Baked Macaroni. Follow the instructions on the sheet.</p>
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		know?			
Break	Break	Break	Break	Break	Break
Middle	Mathematics Math mentals <u>Number Patterns</u> Complete the worksheets 'Skip Counting Robots' You need to complete the patterns by skip counting by 2's, 5's and 10's.	Mathematics Math Mentals <u>Number Patterns</u> Complete the following worksheets: 'Counting in 5's Mazes' and Sequence Snakes.	Mathematics Math Mentals <u>Number Patterns</u> Create a number pattern that increases or a number that decreases. Make sure you describe your number pattern in words and record these words. Complete worksheets 'Lily Pad Numbers'	Mathematics Math Mentals <u>2D Shapes</u> Complete the worksheet 'Sides and corners'	Mathematics Maths Mentals <u>2D Shapes</u> Look for some magazines and complete worksheet. 'Magazine Hunt'
Break	Break	Break	Break	Break	Break
Afternoon	Science and Technology Sound Energy Watch the video – Household Percussion Jam on Youtube	PDHPE Inclusion Inclusion is when you invite people to join you for example, when you are	Creative Arts Drama Use the drama element of movement to demonstrate how animals move.	History Past and Present Interview your grown ups, grandparents and yourself about the toys that you like	Catch up session for all incomplete tasks

	<p>https://bit.ly/2NCvuit</p>  <p>Using recycling/resources around your house and garden, make your own musical instrument.</p>	<p>playing a game.</p> <p>Exclusion is when you or somebody else purposefully leaves out someone.</p> <p>Draw a picture to show people being inclusive.</p> <p>Draw a picture to show people excluding others.</p> <p>Label how the people are feeling in each drawing and write a simple sentence below your drawing explaining their feelings.</p> <p>E.g. Exclusion – sad, lonely, miserable.</p>	<p>Try and have a grown up or sibling guess what animal you are.</p> <p>Try to use your body movements only and NO sound.</p> <p>Some animal ideas:</p> <p>Bird</p> <p>Dog</p> <p>Cat</p> <p>Rabbit</p> <p>Kangaroo</p> <p>Fish</p> <p>Shark</p> <p>Tiger</p> <p>Elephant</p> <p>Or your own animals.</p>	<p>to play with</p> <p>Record your answers on the Toys: Past and Present sheet.</p>	
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Year 1 Spelling Words

- Complete one activity every day from Tuesday to Friday
- Complete your Look, Say, Cover, Write, Check every day

Spelling Words - The digraph /ck/ making the sound 'k' as in duck

1. duck	6. lucky	11. snack	16. cracking
2. back	7. smock	12. flock	17. locking
3. luck	8. stick	13. track	18. cricket
4. pack	9. black	14. sticky	19. sunblock
5. lick	10. block	15. packet	20. stickiness

Spelling Activities - Select one activity to complete per day. These can be done in any order.

☐

Typing

Type out your words.
Print them out if possible
and display them around
your home.

☐

Word Meanings

Write out your words in
a list. In your own words,
describe what the word
means.

☐

Alphabetical Order

Write your words in
alphabetical order.

☐

Pictures

Draw a picture for your
spelling words.

☐

Word Search

Try and find your spelling
words in your reading
books.

☐

Make a Word

Using newspaper or
magazines, cut out letters
to make your spelling
words.

☐

Find a Vowel

Write your spelling words
using blue for consonants
and red for vowels (a, e,
i, o, u).

☐

Fancy Writing

Write your words out in
fancy writing or using
special coloured pencils or
pens.

☐

Find the Spelling Pattern

Write out your words in a list. Using a highlighter or
coloured pencil, highlight the spelling pattern that is the
same in your words. Can you think of any other words
with the same spelling pattern? Write them down.

☐

Dictionary Definitions

Use a dictionary to find the meaning of you spelling
words. If you do not have a physical dictionary, ask your
family members or try searching online with adult
assistance.

Look, Say, Cover, Write, Check

Monday

Tuesday

Wednesday

Thursday

Friday

[illegible]

Monday - Speaking Task - Planning Sheet

For your speaking task this week you need to talk about your favourite animal.
Make sure that you talk about these things when presenting.

- | | |
|--|--|
| <input type="checkbox"/> Name of the animal | <input type="checkbox"/> What does it look like? |
| <input type="checkbox"/> What does it look like? | <input type="checkbox"/> Where does it live? |
| <input type="checkbox"/> Where does it live? | <input type="checkbox"/> What does it eat? |

Planning

Animal 🦁	What does it look like? 👁️👁️	Where does it live? 🏖️	What does it eat? 🌮	Why is it your favourite animal?

A good speaker maintains pace (how fast or slow you speak), eye contact (looking at the audience), volume (speaks clearly and loudly) and gesturing (small hand movements).



Monday

1. $9 + 2 =$ _____

2. $1 - 1 =$ _____

3. $5 + 4 =$ _____

4. What number is made up of 8 hundreds, 6 tens and 8 ones? _____

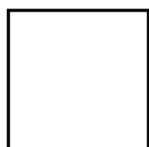
5. Complete this counting pattern:

1, 6, 11, 16, _____, _____, _____

6. I bought 4 pieces of LEGO and was given 4 more pieces of LEGO. How many pieces of LEGO do I now have? _____

7. If 9 buses are parked, 3 are pink and the rest are yellow, how many are yellow? _____

8. Draw a line to split this shape in half.



9. At 6 o'clock, the hour hand points to _____.

10. How many sides does a triangle have?



Tuesday

1. $1 + 4 =$ _____

2. $3 - 1 =$ _____

3. $7 + 0 =$ _____

4. Write these numbers in order from largest to smallest: 18, 79, 57, 49. _____

5. Complete this counting pattern:

1, 3, 5, 7, _____, _____, _____

6. In a group of 15 students, 7 would like to play table tennis and the rest want to play golf. How many want to play golf? _____

7. What is the sum of 5 and 3? _____

8. Colour in half of this shape:



9. At 12 o'clock, the hour hand points to _____.

10. What is the name of this shape?



Wednesday

1. $8 + 2 =$ _____

2. $4 - 4 =$ _____

3. $8 + 6 =$ _____

4. What number is made up of 4 hundreds, 6 tens and 1 ones? _____

5. Complete this counting pattern:
8, 13, 18, 23, _____, _____, _____

6. Alexis had 9 toy racing cars and was given 2 more toy racing cars. How many toy racing cars does Alexis now have? _____

7. Subtract 2 from 3: _____

8. $\$1.00 + \$2.00 =$ _____

9. At 1 o'clock, the hour hand points to _____.

10. Circle the corners on this shape.



Thursday

1. $1 - 1 =$ _____

2. $3 + 5 =$ _____

3. $2 + 7 =$ _____

4. Write the numeral for eleven: _____

5. Complete this counting pattern:
3, 8, 13, 18, _____, _____, _____

6. Add 9 and 5 together: _____

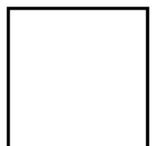
7. Subtract 2 from 2: _____

8. $\$2.00 + 20 \text{ cents} =$ _____

9. What digital time does the clock show? _____



10. What is the name of this shape?



Friday

1. $7 - 7 =$ _____

2. $6 + 6 =$ _____

3. $1 + 6 =$ _____

4. 527 = _____ hundreds, _____ tens, _____ ones.

5. Complete this counting pattern:

2, 7, 12, 17, _____, _____, _____

6. If 7 buses are parked, 5 are yellow and the rest are silver, how many are silver? _____

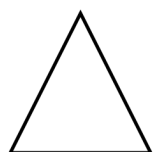
7. What is the sum of 4 and 1? _____

8. 50 cents + 5 cents = _____

9. What digital time does the clock show? _____



10. How many corners does this shape have?

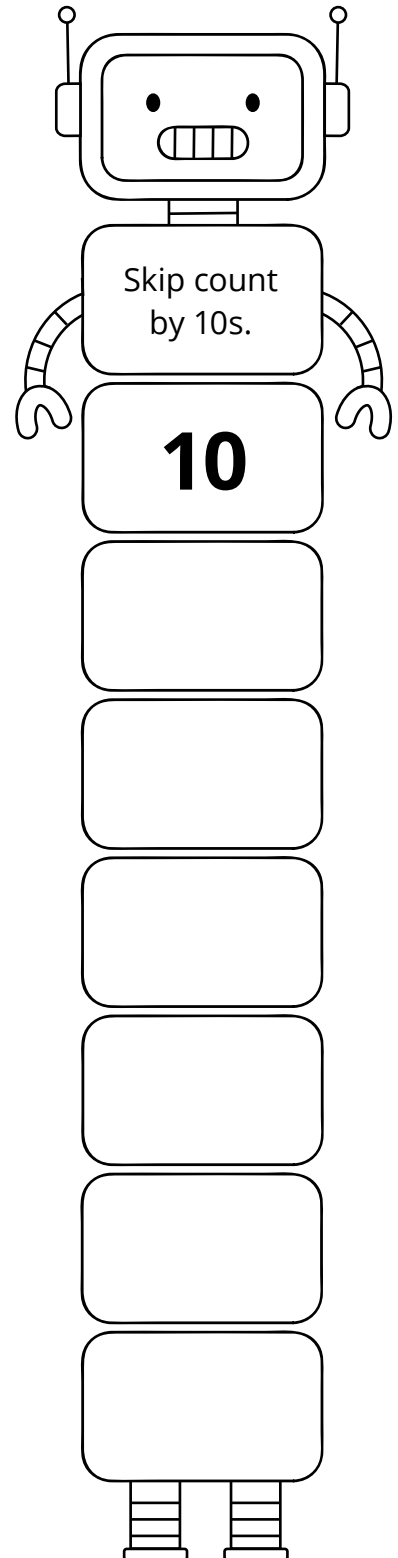
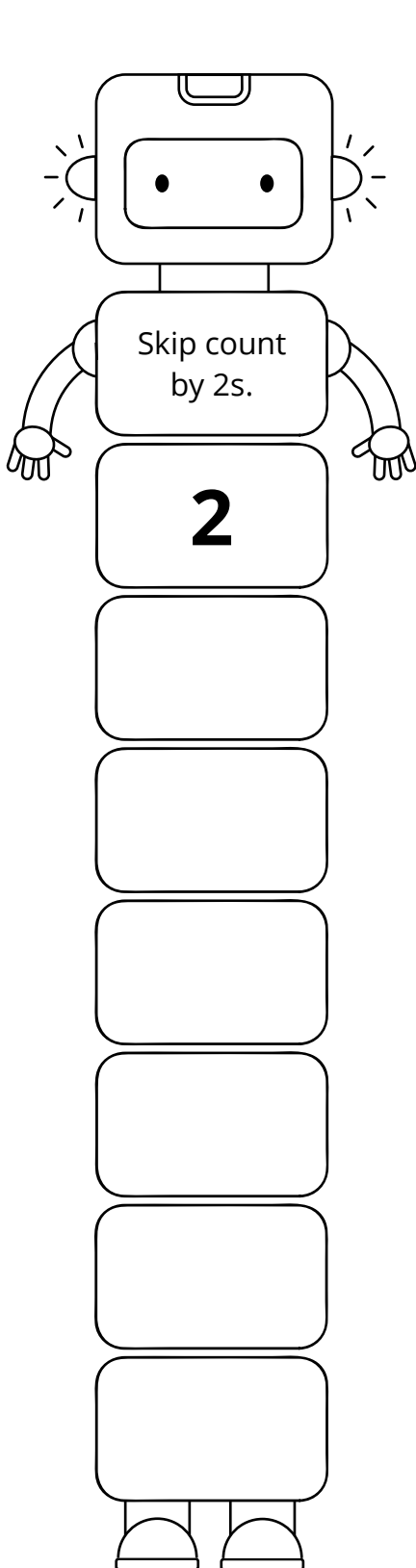


Name _____

Date _____

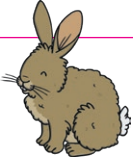
Skip Counting Robots - by 2s, 5s and 10s

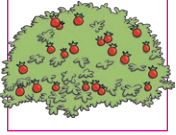

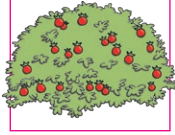



Fill in the missing numbers to complete the skip counting robots below.

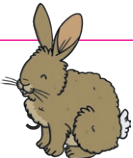





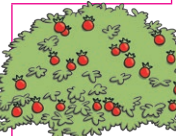
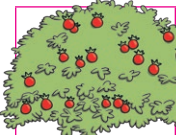


Counting in 5s Mazes

Help the rabbit find the path through the mazes to the carrots by counting on in fives from zero.



	0	5	10	20	45	5	10
	30		15		15		25
40	10	50	20	25	30	5	15
	15		35		35	40	



	10	15		20	45	5	10
0		50	10	5		30	
5	25	50	25	30	35	50	0
10	15		35	40	45	50	45
5	20	25	30		40		30

Challenge

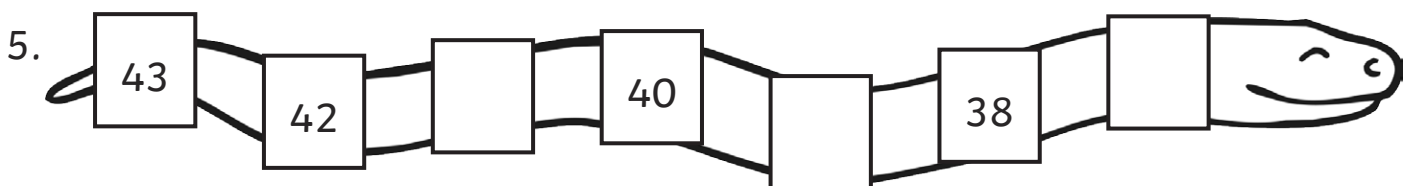
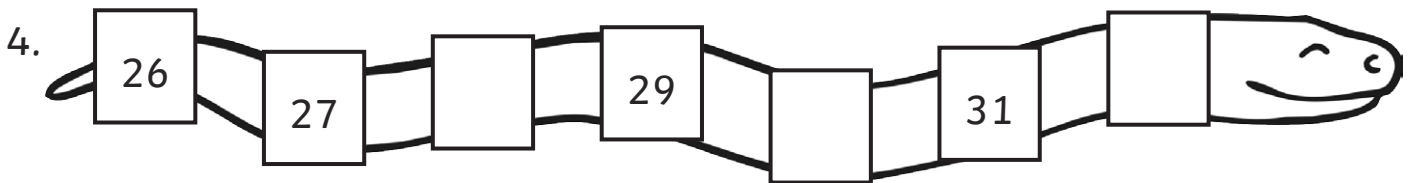
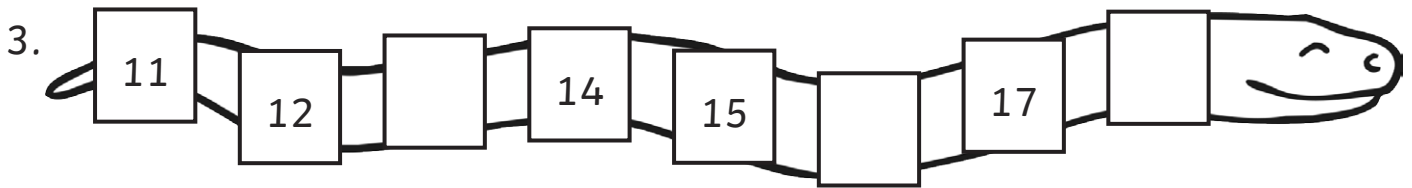
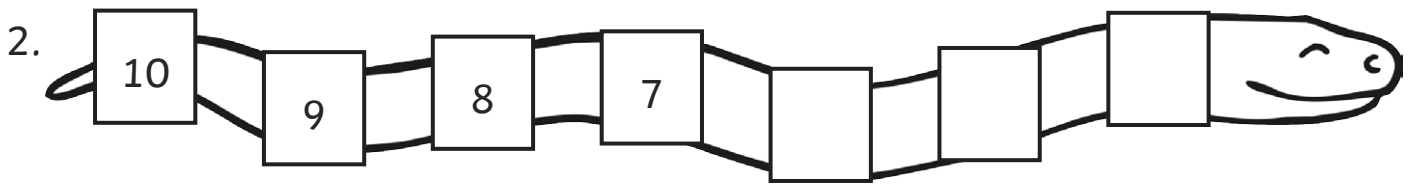
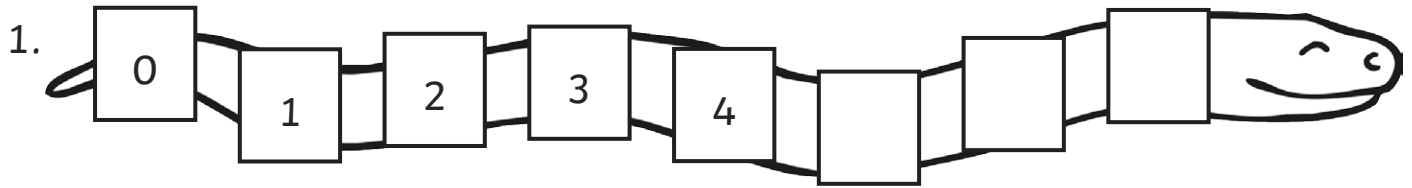
Complete this sequence.

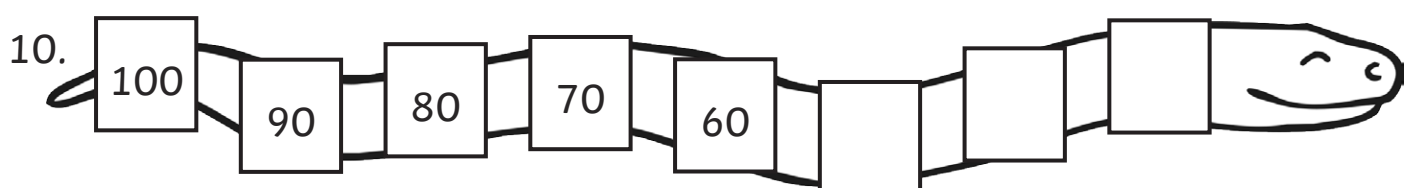
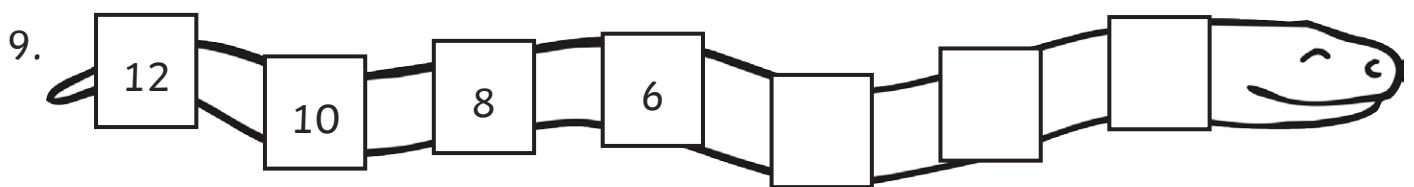
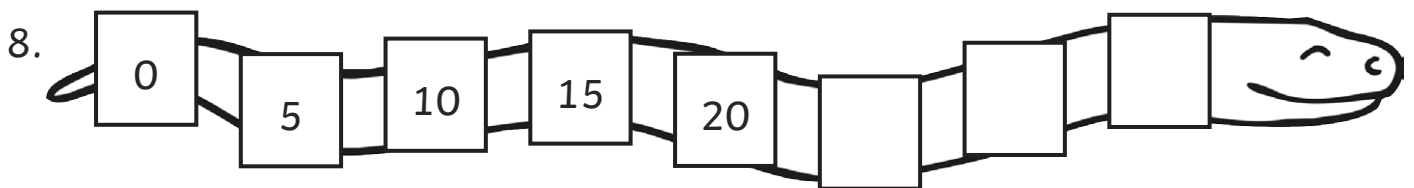
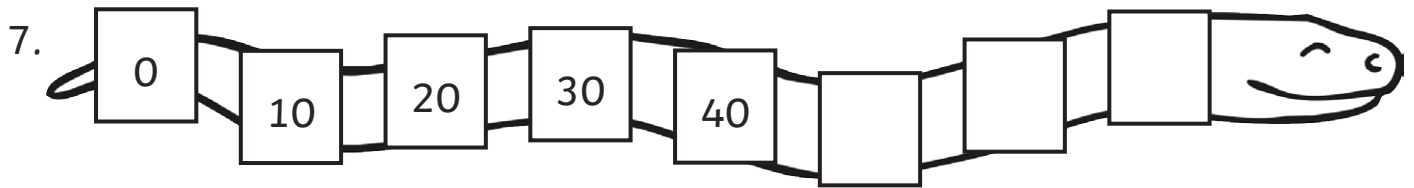
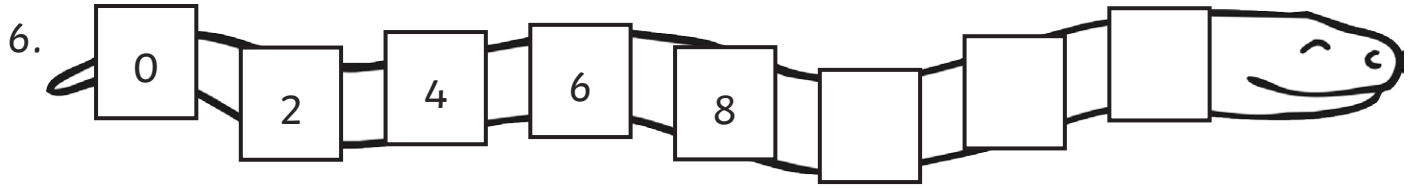
0 5 15 20 30 40 45

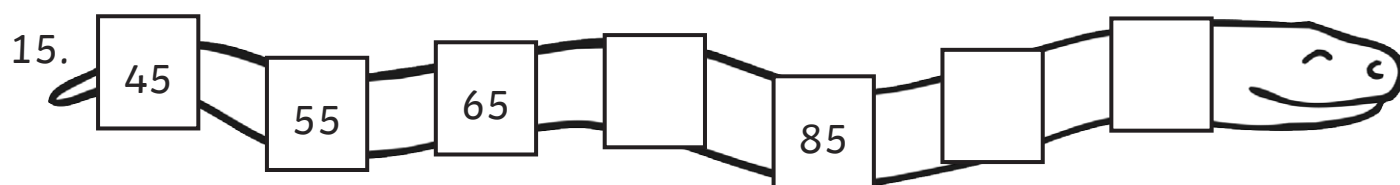
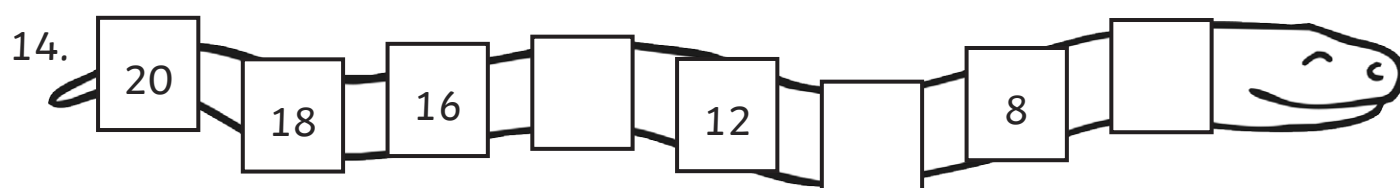
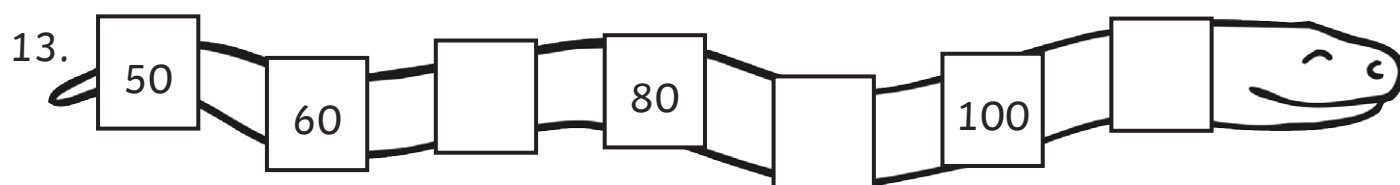
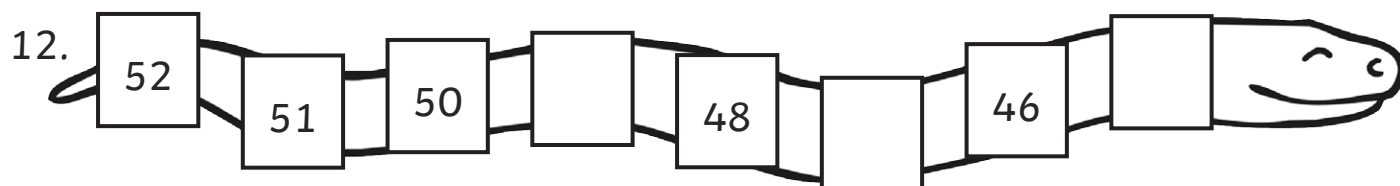
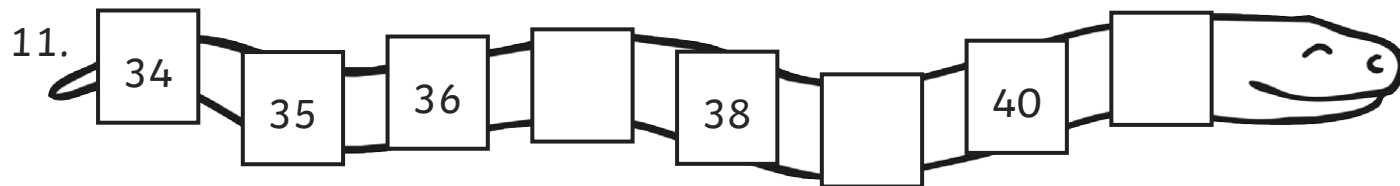
Mathematics – Tuesday

Sequence Snakes

Can you work out the missing numbers from these sequence snakes?







[illegible]

Wednesday – Tigers – Physical Description (Year 1)

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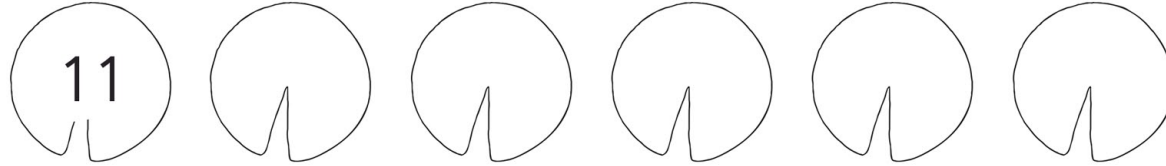
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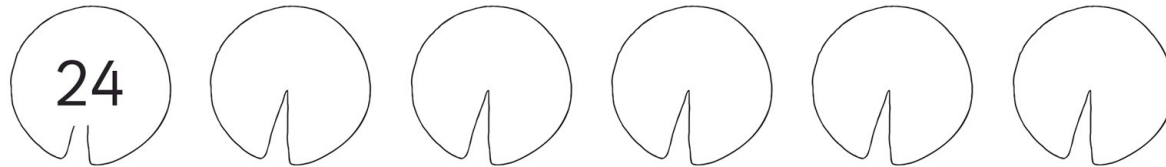
Lily Pad Numbers – Counting in 2s, 5s and 10s

Complete the sequence on the lily pads. Make sure you follow the rule!

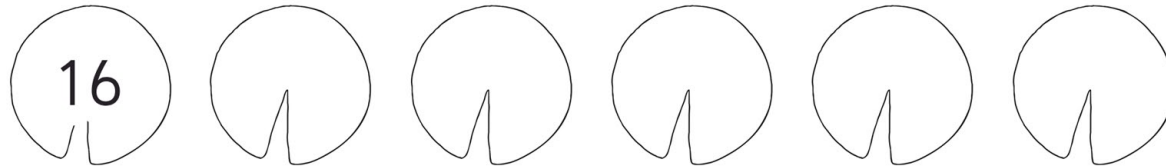
1. Add 2 each time.



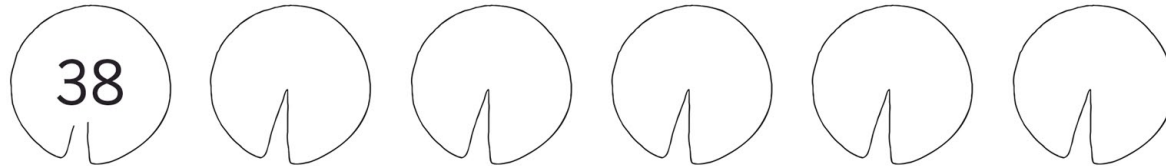
2. Add 2 each time.



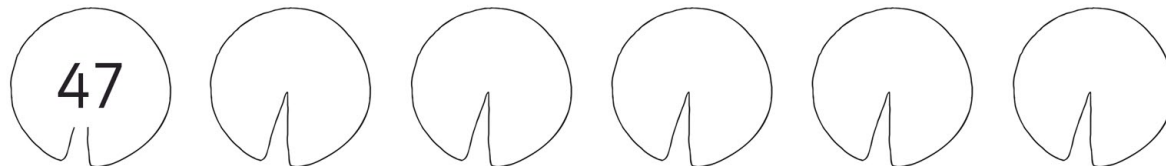
3. Add 2 each time.



4. Add 2 each time.



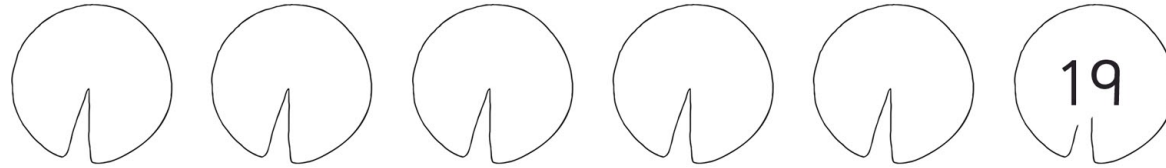
5. Add 2 each time.



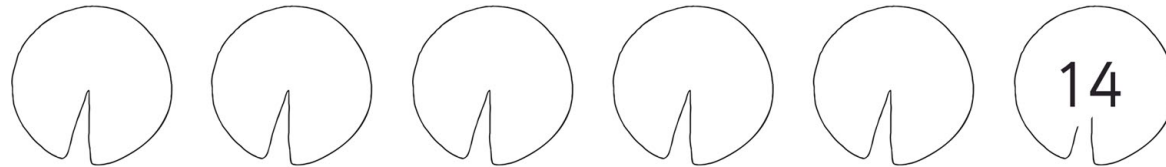
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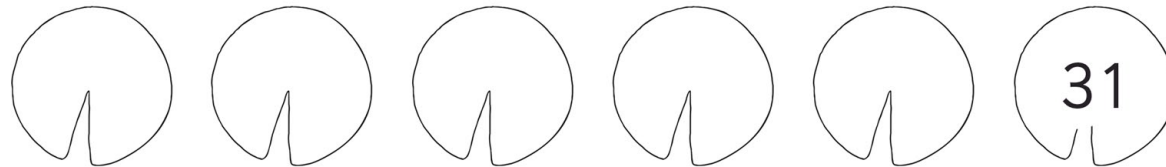
6. Take away 2 each time.



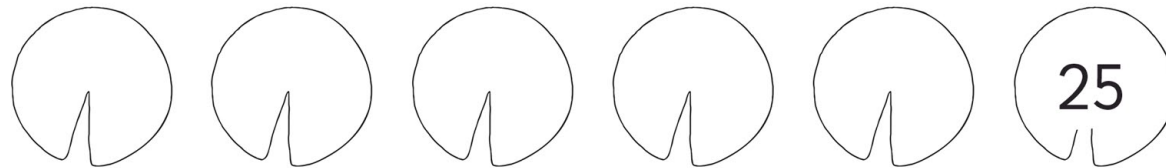
7. Take away 2 each time.



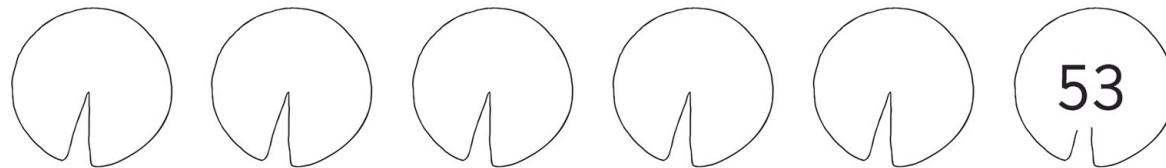
8. Take away 2 each time.



9. Take away 2 each time.



10. Take away 2 each time.



Thursday Thursday Thursday Thursday

Thursday Thursday Thursday Thursday

m m m m m m m M M M M M M M M

m m m m m m m M M M M M M M M

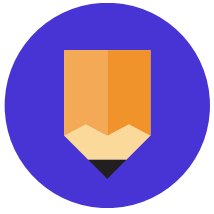
Max Mouse loves mangoes. Max Mouse
loves mangoes.

11

Birthday

Editing – Thursday

on the weekend it waz my
birthday party and i had
the best time



Find 1 spelling mistake.

Add 2 capital letters and 1 full stop.

 teachstarter

12

Invitation

do you want to com to my
house after school. ben will
be there too



Find 1 spelling mistake.

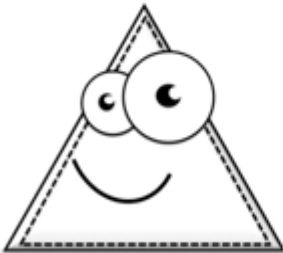

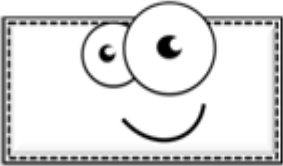

Add 2 capital letters, 1 full stop and 1 question mark.

 teachstarter

Name: _____



Corners and Sides

Picture	Name	Number of Corners	Number of Sides
	triangle		
	circle		
	rectangle		
	square		

TOYS: PAST AND PRESENT

GRANDPARENTS

What was your favourite toy when you were younger?

Why was it your favourite?

What material was it made from?

How was it made?

Did it use batteries or power?

What was your favourite game to play?

How many toys did you have?

PARENTS

What was your favourite toy when you were younger?

Why was it your favourite?

What material was it made from?

How was it made?

Did it use batteries or power?

What was your favourite game to play?

How many toys did you have?

YOU

What is your favourite toy?

Why is it your favourite?

What material is it made from?

How was it made?

Does it use batteries or power?

What is your favourite game to play?

How many toys do you have?

Colour Me Carefully



-A Barrier Game-

Barrier games require players to either give or receive instructions. They are an excellent listening and speaking activity. Two players are separated by a barrier such as a large book which will stand up, or an easel. The barrier is there to block each player from seeing the other's work. One player is the speaker and the other is the listener (who follows directions). The goal is for the listener to produce work which is close to being identical to that of the speaker.

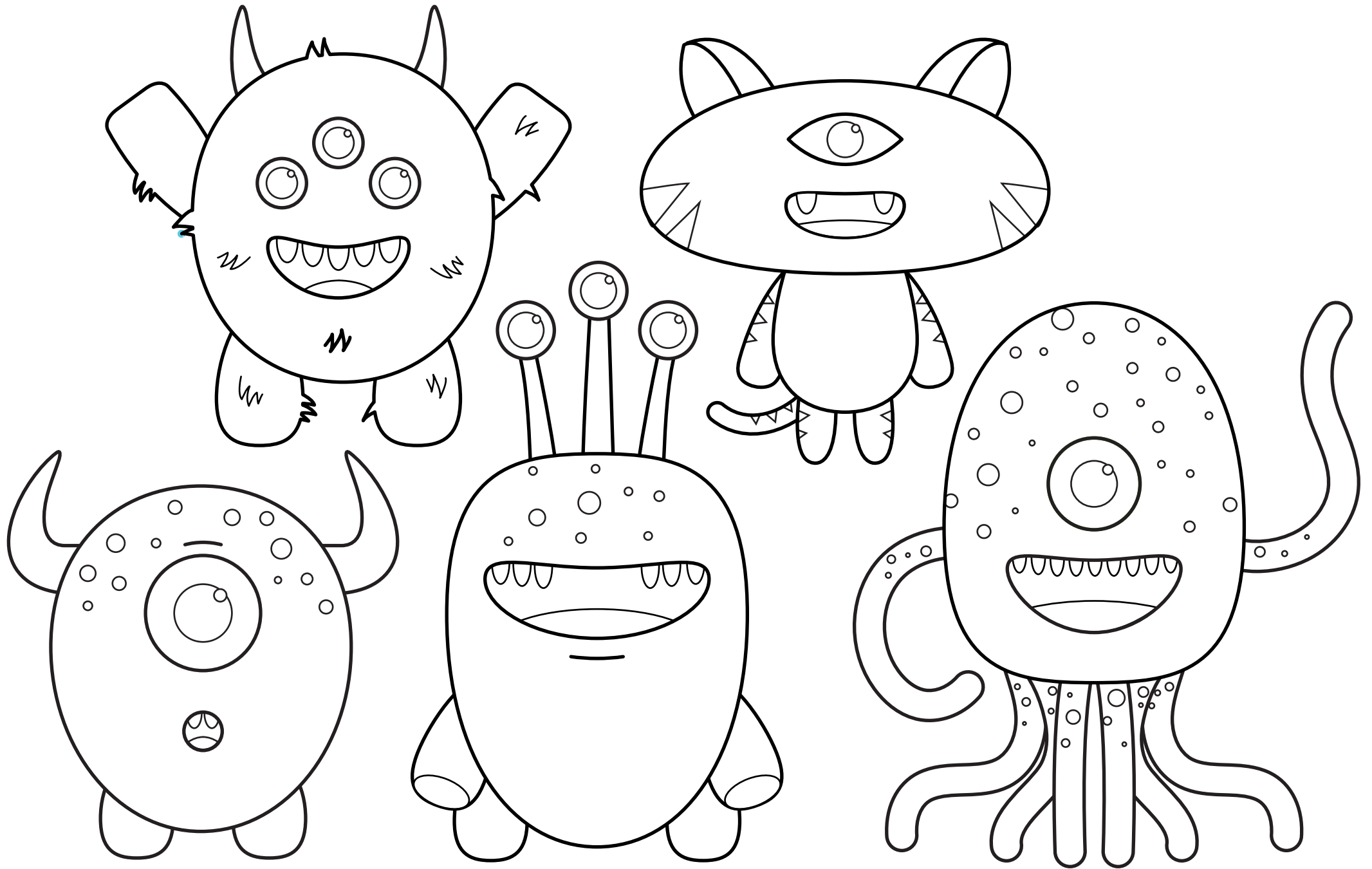
Preparation

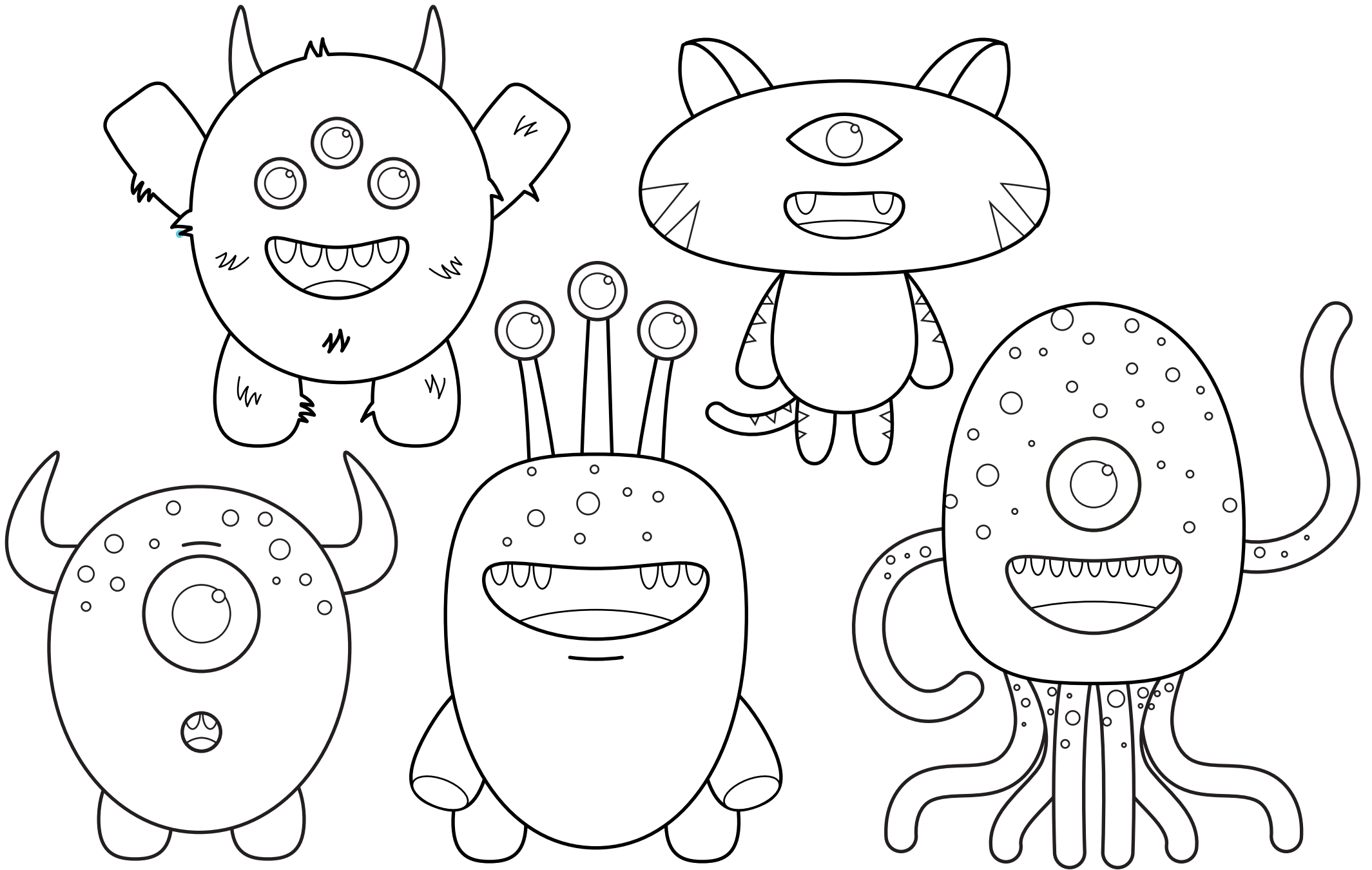
Use these *Colour Me Carefully Worksheets* as colouring in barrier games.

Prior to doing the activity, place students in pairs and let them decide who will be the first speaker. Select a *Colour Me Carefully Worksheet* and distribute the same worksheet to all the speakers. Ask them to colour the sheet. Ensure none of the listeners see this work.

How to Play

1. Set up barriers around the classroom.
2. Place speakers and listeners on either side of the barriers.
3. Ask the speakers to place their completed *Colour Me Carefully Worksheet* upside down in front of them (ensuring it cannot be seen by their listening partner).
4. Distribute the identical *Colour Me Carefully Worksheet* to all the listeners.
5. Speakers turn over their worksheet and proceed to give instructions to their partner on how to colour their worksheet.
6. On completion, the barrier is removed and results are compared.
7. Swap roles and follow the same procedure using a different *Colour Me Carefully Worksheet*





Look at the following recipe. Using a coloured pencil or highlighter, highlight the verbs that the author has used. Answer the following questions in your workbook using full sentences.

What do you notice about where the verbs are placed in the sentences. Are they at the beginning, middle or end of each sentence? Why do you think the author has used verbs in that position?

If you would like, give this recipe a go with an adult! Send photos of your dish to your teacher on Seesaw!

Baked Macaroni

Ingredients

- 300g macaroni
- 100g brown mushrooms, sliced
- 70g butter
- 1/4 cup plain flour
- 1 1/2 cups reduced-fat milk, standard can be used instead of reduced fat
- 1 1/2 cups reduced-fat milk, standard can be used instead of reduced fat
- pinch of nutmeg
- 1 egg, lightly beaten
- 1 egg, lightly beaten
- 200g low-fat ricotta, standard can be used instead of low fat
- 100g baby spinach
- 1/2 cup grated tasty cheese



Preparation time: 10 minutes
Cooking time: 40 minutes

Servings: 4

Directions:

1. cook macaroni in a large pot of boiling salted water until just tender. Drain and cover. Fry mushrooms in a little of the butter until golden. Set aside.
2. Preheat oven to 180°C. Grease 4 x 1 cup oven-proof dishes.
3. Melt remaining butter in a saucepan. Add the flour and stir over low heat for 1 minute. Remove from heat and gradually add milk, stirring until smooth. Return to the heat and stir for 5 mins until thickened. Season with nutmeg, salt and pepper.
4. Stir in egg, ricotta, spinach, mushrooms and cooked pasta. Spoon into dishes. Place on a baking tray, sprinkle with tasty cheese and bake for 20 mins.

Tip: this is a great recipe to prepare in advance. Cover with plastic wrap and refrigerate until needed. To make this recipe suitable for your kids, replace the mushrooms with their favourite frozen vegetables - like peas, carrots or corn!

Name: _____

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